



2023 National Sprint Titles Paddler Guide

This paddler guide contains all relevant information for this event including:

Site map

Lane map

Race distances

Kawana Lake parking updates

There WILL NOT BE a paddler briefing each morning.

Enjoy the event, paddle hard and respect your fellow paddlers and all our officials and volunteers.





Program Overview / Schedule

Thursday Early Registration

3:00 PM - 5:00PM

Friday Program V1 & V12:

6:45 AM	Paddler Registration
7:15 AM	Welcome and Canoe Blessing
7:45 AM	Call to Marshalling for Race 1,2 3
8:15 AM	Race 1 Start
	Last Race, de-rig and secure site
	Presentations

Saturday Program Vb:

6:45 AM	Paddler Registration
6:45 AM	Welcome
7:00 AM	Call to Marshalling for Race 1, 2, 3
7:15 AM	Race 1 Start
	Last Race, de-rig and secure site
	Presentations

Sunday Program Vb:

6:45 AM	Paddler Registration
7:00 AM	Call to Marshalling for Race 1, 2, 3
7:20 AM	Race 1 Start
	Last Race, de-rig and Pack up Site
	FINAL Presentations

Race Distances

Minnows - Straights 250mtrs, Minnows 250m Fun race
 12U & 14U - Straights 250mts, Turns 500mts incl 1 turn at 250mtr line
 16U & 19U - Straights 500mts, Turns 1000mts incl 3 turns
 Opens - Straights 500mts, Turns 1500mts incl 5 turns
 Master, Senior and Golden - Straights 500mtrs, Turns 1000mtrs incl 3 turns
 Platinum - Straights 500mtrs, Turns 500mts incl 1 turn at the 250 mts line.

Progressions

The first canoe across the line for each heat will progress straight to the final. The remaining final starting spots will be made up from the overall fastest heat times.

If an event has more than 3 heats, progression (as above) will be to Semi Finals then Final.

Welcome Ceremony and Canoe Blessing

There will be a welcome and canoe blessing on Friday morning at 7:15 AM. On Saturday morning at 6:45 AM there will be a welcome and paddler oath. It would be wonderful if you could all attend

First Aid

The first aid tent is located at the finish line to deal with any medical issues.

Club Uniform

Club Uniform must be worn when racing. Juniors, Golden Masters, & Platinum may wear their own club uniform when paddling for another club Vb & V12 teams.

Schedule Times are approximate and can change





Registration (Club manager to collect wristbands)

Club Managers will collect the package of club wristbands and will be responsible for distributing them to all club members. Registration will be available Thursday afternoon from 3 PM until 5PM at the Lake Kawana Finishing Tower and from 7am Friday and 6:30am Saturday and Sunday. V1 paddlers will be able to collect their lanyard individually on the Thursday or Friday if their club manager is not coming until Saturday. Clubs with V12 teams and mixed teams will need to organise for club manager to be in attendance on the Friday.

Club managers please ensure teams / individuals racing in the first 5 races on Friday or Saturday have their wristbands in time.

The wristband will include paddler name and ID number, you will need to wear your wristband when you present at Marshalling Check In. Failure to do so will mean you or your team will **not** be able to compete. Wristbands need to be worn for the whole weekend.

Racing

The finishing tower is in-line with the finishing line for 500 metre events and is the start - finish line for the turn events. There will be a maximum of 4 lanes available for the turn events and 8 lanes for the straight events. All events will be filmed, and we have a state of the art finishing camera on the finish line. All starts will be filmed.

OCb canoes have been provided at the generosity of local clubs. To minimise canoe damage and maximise paddler safety please treat all canoes and competitors with the utmost respect.

When loading V1's, stand between the canoe and ama. Lower yourself onto the seat and then swing your legs in. Do not lead with the feet as the hulls and gunnels are not designed to sustain the weight at these points without damage occurring.

Race Call

Racing will commence at 9:00 am on Friday and 8:00am on Saturday and Sunday. Race announcers will call teams and individuals as per the following:

1. 1st call race # (approx. 20 minutes before the event) - Teams get ready
2. 2nd call race # (approx. 15 minutes before the event) - Teams make your way to the pre-holding area.
3. 3rd and final call race # (approx. 10 minutes before the event)- Teams at pre-holding awaiting check-in.

Please listen for race calls and be at pre-holding early. Race check-in will close on the final call. You must know your race and lane number. Once the final lane draw is issued, familiarize yourself with the program order and be prepared in advance for your race call. **If you are in the first 5 events, you must present directly to the pre-holding area no later than 8:45 am on the Friday and 7:45 am on Saturday and Sunday.**



Marshalling, Loading and race completion



Holding A and Check-in

Paddlers will be called from the pre-holding to lane rows in Holding-A for check-in. The check-in race number will be displayed. To check in for team events, **all team members** must be present. Your lanyard will be used to confirm your ID and details. Without this you/and your team will not be able to proceed. All team members must be in the correct uniform. All paddlers in any one team **shall** wear the same uniform top. You may have a combination of short sleeve, long sleeve, singlet so long as the colour and design criteria are met. Any additional difference may only be between male and female in mixed crews and where a V12 crew is a combination of paddlers from 2 or more correct uniformed crews. In Junior, Golden and Platinum events. Paddlers may wear their club shirts. We will also allow some uniform flexibility in V12 crews. Sunglasses and hats are not considered as part of the uniform so can be worn freely.

Holding B

Once your team is checked in, you will be directed to Holding B where you will wait for the preceding race to load. You cannot leave the holding area for any reason before your race. Toilets are provided within the holding area.

Holding C

Once the preceding race is loaded, you will be called to lane rows in Holding C. Once there, you will find coloured drop containers for personal items and lanyards. **Do not leave Valuables.** You will be advised of the colour pertaining to your particular race. Please remember the colour to enable retrieval following your race.

Loading

From Holding C you will be directed to load your canoe. Straight races will load from canoe #8(lane 8) following sequentially. Once directed, please proceed towards the pre start line, via the transit lane, remembering to hold numerical formation. You must keep off the race course at all times. If heading to the 500 m start line, please stop paddling your canoe as you pass racing canoes. Once you are positioned behind the pre start line, you are under instruction from the race starter. **Starts will not be held for crews not in position.**

Race Completion

On race completion, lanes 1, 2 and 3 proceed directly to the unloading area. Other lanes should form an orderly line for unloading, being careful to avoid canoes which are lining up for race starts. Canoes should be reversed into position at the appropriate lane number.

Unloading

Exit canoe and clear the unloading area promptly. Collect any items in your coloured drop container and leave the holding area through the exit point as indicated.



Lanes

Turns races will have 4 x 25 m lanes with a coloured centre turning flag.

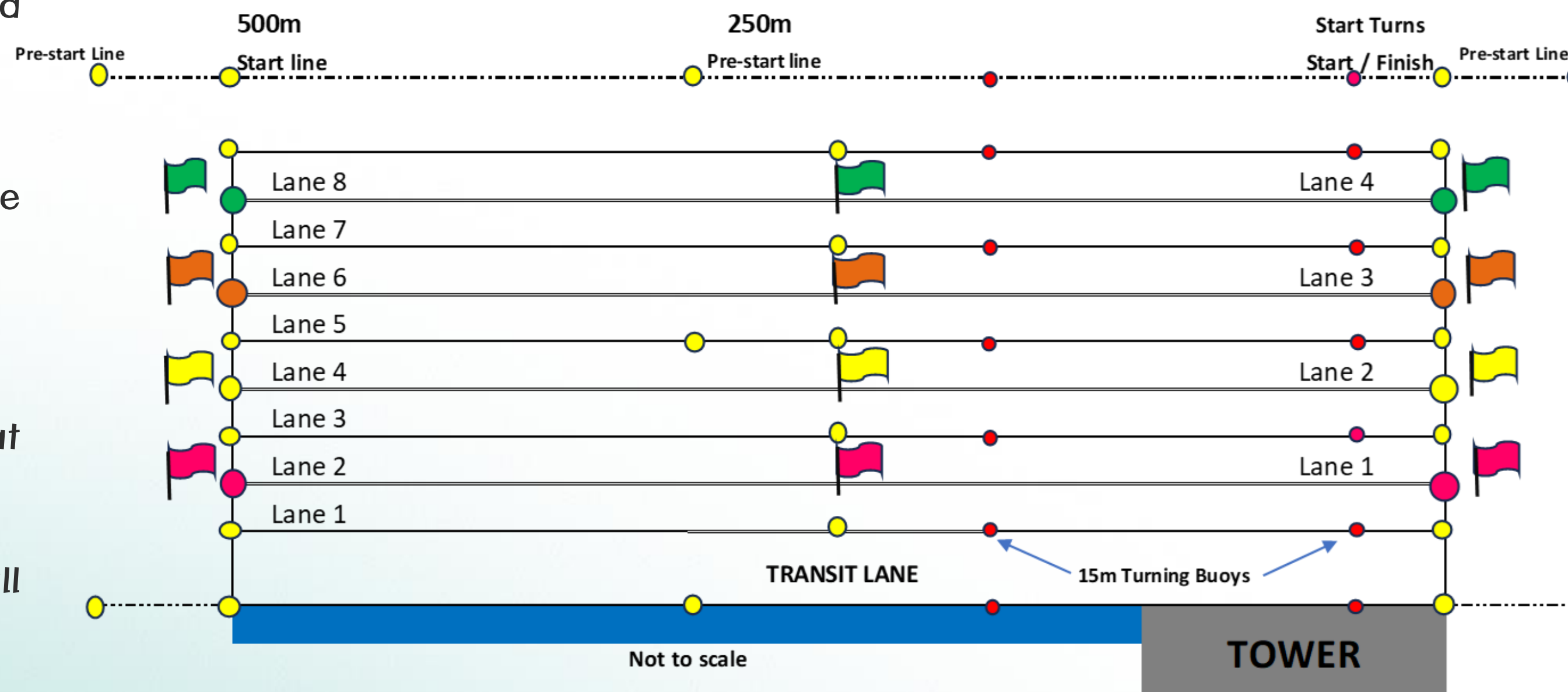
Straight races will have 8 x 12.5 m lanes.

It is important to identify your lane before leaving the beach

Turn races: Identify your coloured flag for turning.

Straight races: Identify your coloured flag and what side your lane is.

Your lane is between the coloured flag and the small yellow buoy.



Race Start

Competitors must be present at the start for their race and follow the starters directions. Starting signals shall be given regardless of absentees. No assistance can be provided except in case of an emergency or as requested by officials. All race starts will be **non verbal**.

Start flags will be located approximately 60 metres in front of the start line. For all 250 m and 500 m straight races, they will be on the **right hand** side of the competitors. For the turns events, they will be on the **left hand** side of the competitors. An aligner is located in line with the start line.

Start process:

1. **White flag** “move up to the **pre start** line and hold” - Race is in the aligner’s control. All canoes align on the **pre start** line.
2. **Red flag** “move to the start line and **stop**” -Race start any time within the 2 minutes at the discretion of the starter.
3. **Green flag** - Race start.
4. **Black flag** -Indicates a rule violation (canoe bow over the start line) Check your position and correct. Teams are responsible to correct themselves. If the rule violation is corrected, the black flag will be lowered. If the rule violation is not corrected and the black flag is still raised when the green flag is raised for race start, this would constitute that a rule violation has occurred and that at least one team may be subject to disqualification.

Sprint Rules

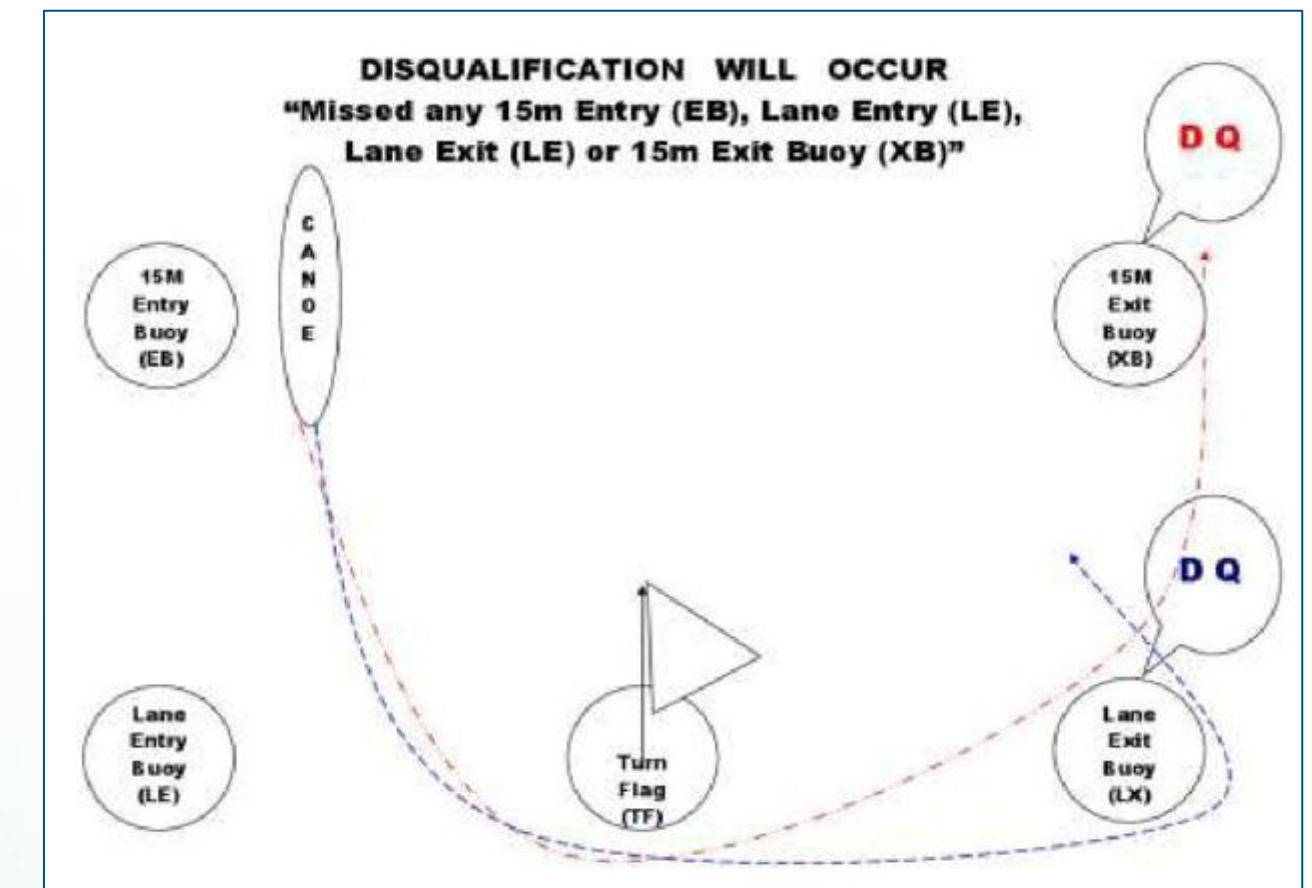
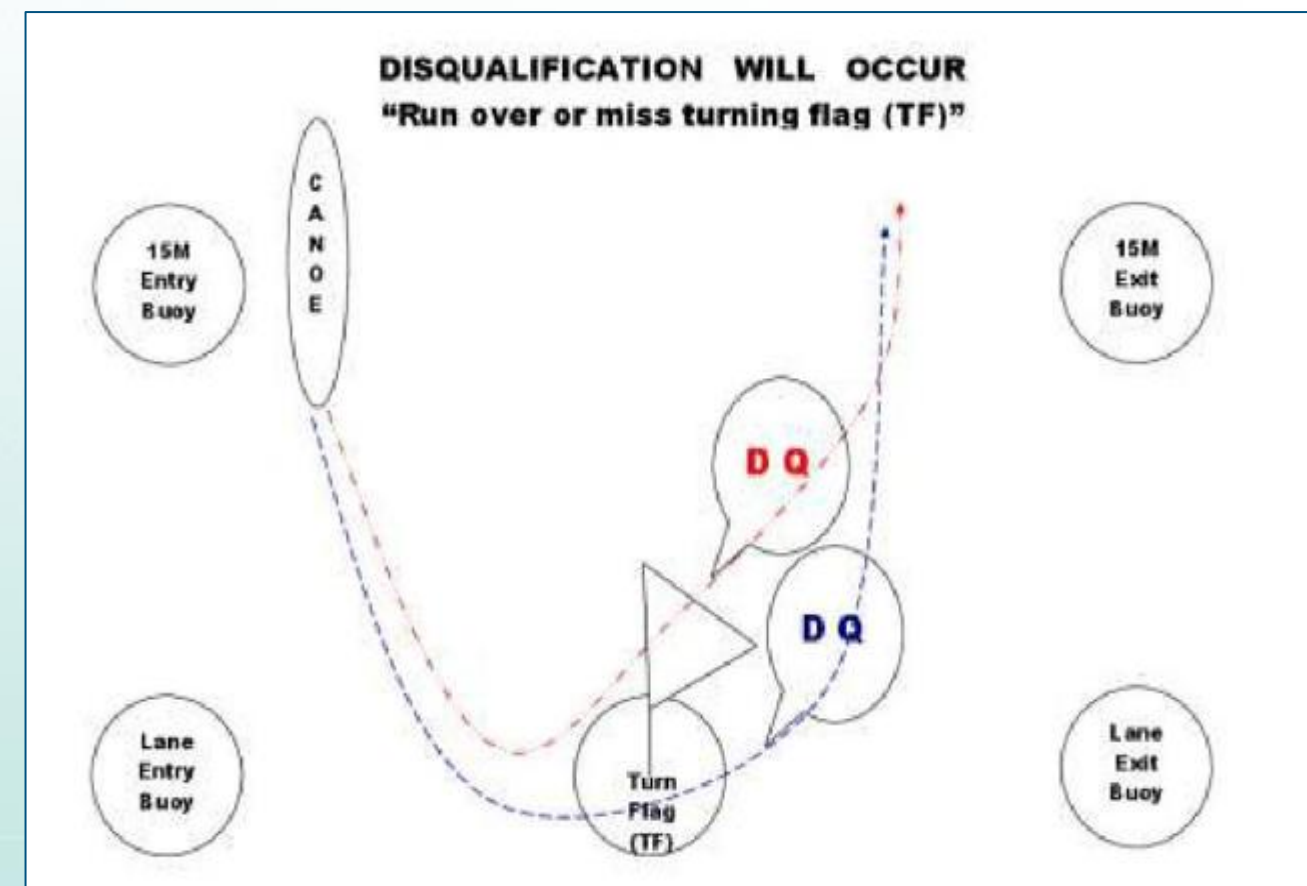
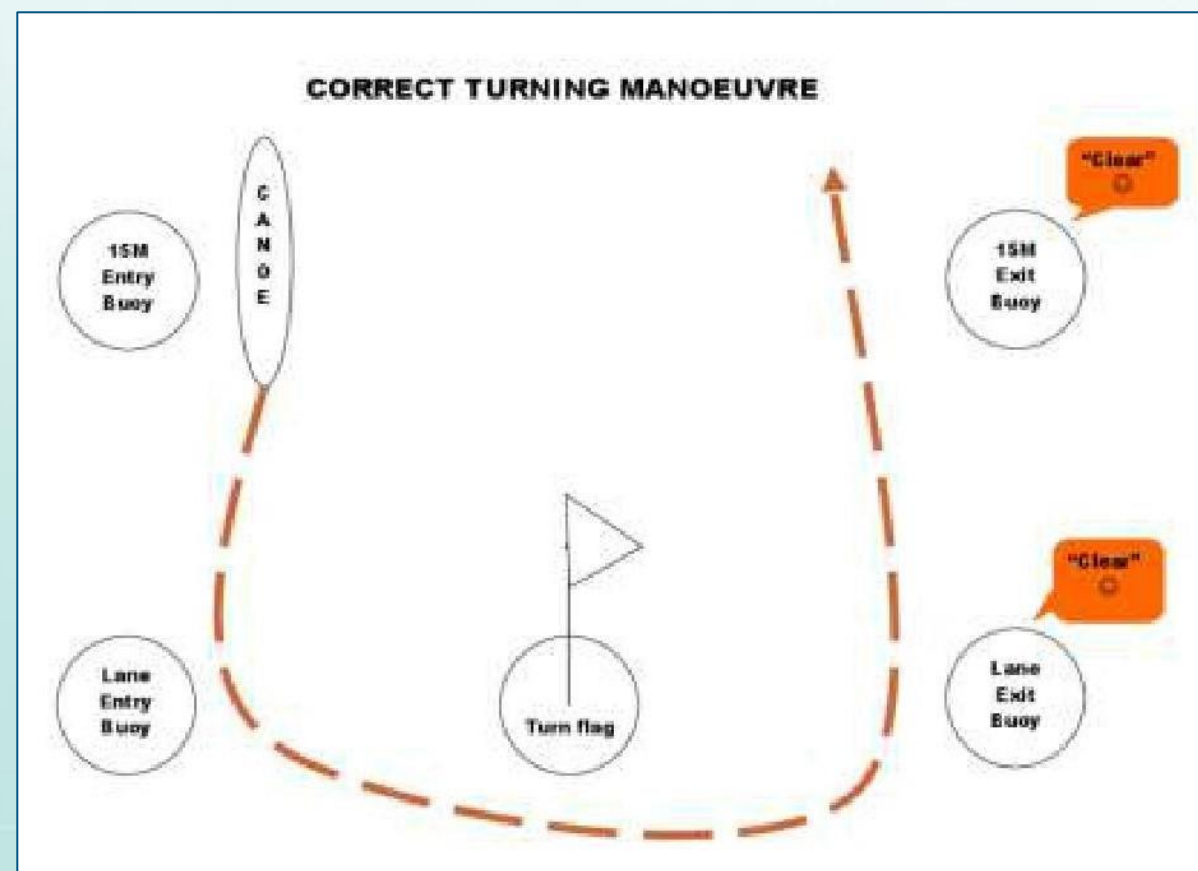
Competitors must start, finish and remain within their lane marker buoys throughout the race.

A canoe will not cause interference to another canoe whilst outside the assigned lane. If interference does occur, the canoe that is deemed to be outside their lane will be disqualified by the Race Director.

Turns are to be made anti-clockwise around the assigned lane turn buoy and with the whole canoe **within** the assigned lane marker buoys, including the 15metre buoys.

Turning otherwise or without the entire canoe and ama rounding the turn buoy will be cause for disqualification.

Paddlers must remain seated throughout the race.



Results, Disqualifications and Protests

Race timing is recorded using remote triggered photo finish and timing equipment. Course judges and support boats monitor all lanes. Starts and finishes are photographically recorded.

Results including any disqualifications are posted on the results board and online. Please check your results promptly. Where possible disqualifications will be notified by the Race Director or Infringement Officer. If clubs do not respond to a disqualification call in a timely manner results will be posted with the DQ noted. An intention to protest must be lodged within 20 minutes of a notification of disqualification or posting of results. A protest form and designated time frame for lodgement will be issued. A protest fee of \$50 will be delivered with the protest form lodgement. The Infringement officer will be located in front of the tower.

Please refer to AOCRA Rules Effective 1st April 2021



Site Map



AO Officials and volunteers will be onsite on Thursday morning for set up. Club and spectator tents will have designated areas. Please check with officials before erecting any tents.

The Stadium toilets will be closed from 2PM on Saturday and the stadium will be supplying porta loos for our use for the remainder of the afternoon.

Please ensure you remove all rubbish each day and keep this area an enjoyable clean space for all competitors, spectators and public.





Event Parking Important Information

Map 1



Parking will be available along Sportsman Parade, on Friday and Sunday. Parking is also available on Sportsman Parade on Saturday before 10 AM. On Saturday, cars will need to be removed from this area before 4PM.

Parking is available all weekend on the grassed area shown in the orange box in MAP 2.

Canoe Trailer parking will be located on the grassed area as shown on map in pink Map 2

Important Information for Saturday.

There will be street parking available on Sportsman's Parade up until 10 am
After 10 am as per Map 2 there is a blue section for parking. Same area as Orange square in Map 2.

Sportsman Parade will be closed on Saturday after 10 am. After 10 AM access to the site would be off Nicklan way down Meridan Street.

All cars parked on Sportsman's Parade are should be removed before 4PM on Saturday.

Map 2

