



2023 National V1 Championships

All age divisions

**Suttons Beach, 50 Marine Parade,
Redcliffe QLD**

Date : Saturday 4 February 2023



Welcome Message AOCRA



On behalf of the Board of the Australian Outrigging Canoe Racing Association (AOCRA), it is with great pleasure that I welcome athletes, coaches, sponsors, officials, guests and supporters to the 2023 National V1 Championships, hosted in partnership by W.A.V.E Academy Outrigger Canoe Club, in association with AOCRA.

This championship event is a great celebration of athletic excellence with the country's top V1 long distance paddlers who will compete to secure the spot to represent Australian Outriggers at the 2023 International Vaka Federation's World Distance Championships being held in Samoa. We welcome all age divisions to compete for a 2023 National V1 Title. We are pleased to hold our first National V1 Championship post COVID restrictions.



Michael Seay
President AOCRA Ltd

We look forward to medal presentations and a High Performance meeting with all athletes placing 1st, 2nd and 3rd after medal presentations to discuss the program ahead to be ready for IVF World Distance Championships in Samoa 2023 .

I would also like to wish every participant the very best for their races and hope all the spectators have a wonderful day watching and participating in the competition. I look forward to witnessing some great racing and enjoying the forming of new friendships and catching up with our paddling community.

While you compete with each other, we ask that you respect the same rules, share the ocean, the power and the spirit of outriggering with your fellow athletes.

Enjoy the experience everyone.

President AOCRA Ltd



Welcome Message W.A.V.E Academy Outrigger Canoe Club

We acknowledge the Kabi Kabi, Jinibara and Turrbal people as the Traditional Custodians of the Moreton Bay region. We recognise their connection to their land, water and community, so we pay our respects to their elders of past, present and emerging.

Always was, Always will be.

WAVE Academy OCC are honoured to partner with AOCRA and welcome all V1 paddlers to the amazing and active waters of Suttons Beach. This is an ideal location to host this years National V1 Championships. It is a family orientated venue with a large park with picnic areas. Feel free to bring the whole family along for the day.

Sutton Beach is located in Redcliffe, 30km North of the Brisbane airport. Lock the address into your GPS and enjoy the views on the way (50 Marine Parade , Redcliffe)

May your time in the Redcliffe area be enjoyable as there is plenty of accommodation, bars, shops and restaurants within walking distance of the venue. Make a weekend of it and stick around for the Sunday Morning Redcliffe Jetty Markets <https://redcliffemarkets.com.au/index.html>

Redcliffe Accommodation and places of interest <https://www.redcliffetourism.com/>

We look forward to seeing you on the water

Nga mihi nui

WAVE Academy



Race rules and safety

All AOCRA rules and regulations will be enforced, as per the AOCRA Rules available under the Administration tab on the AOCRA website.

Please note:

- All V1 canoes shall have 1 lifejacket, a bailer, leg rope, a spare paddle and *carry a mobile phone with Safetrx App activated*
- Junior Participation is allowed in the Open Division. Juniors must have turned 16 in the year of competing and will be required to ask permission from AOCRA to participate prior to online registration. Parental permission forms and information regarding level of experience must be completed and sent to secretary@ocra.com.au.
- Paddlers will be required to show photo ID to receive their wristband for racing.
- AOCRA Uniform Rule b.3.5 applies. Club uniforms must be worn by all competitors

There will be a designated first aid area on site and first aid response on the water.

COVID-19 requirements

Condition of entry are subject to Government and other regulatory legislation, health orders and mandates that require compliance by law



Nomination Information

ALL COMPETITORS MUST BE AOCRA MEMBERS.



Nominations are on-line via the www.aocra.com.au site. Registrations close 11.59pm (Q:D time) 23rd January 2023

It is not possible to register on the day.

If you are having trouble with the online registration through AOCRA please email support@aocra.com.au

Race Fees

- Seniors /U19/U16 (12km) = \$50 per paddler
- U14 paddlers (6km) = \$20 per paddler
- U12 paddlers (3km) = \$10 per paddler

Late fees will apply after close of nominations.

Age Divisions

- Under 12, Under 14, Under 16, Under 19, Open, Master, Senior Master, Golden Master, Platinum Master, & Para - Men and Women
- There must be a minimum of 3 nominations per age category

V1 Canoes

All competitors may use their own V1. Interstate competitors please email aocra.events@aocra.com.au if you need assistance in securing a V1 canoe.



Race Registration at Suttons Beach



ALL registration will take place on site at the registration tent.

Paddlers will be required to show photo ID to receive their wristband.

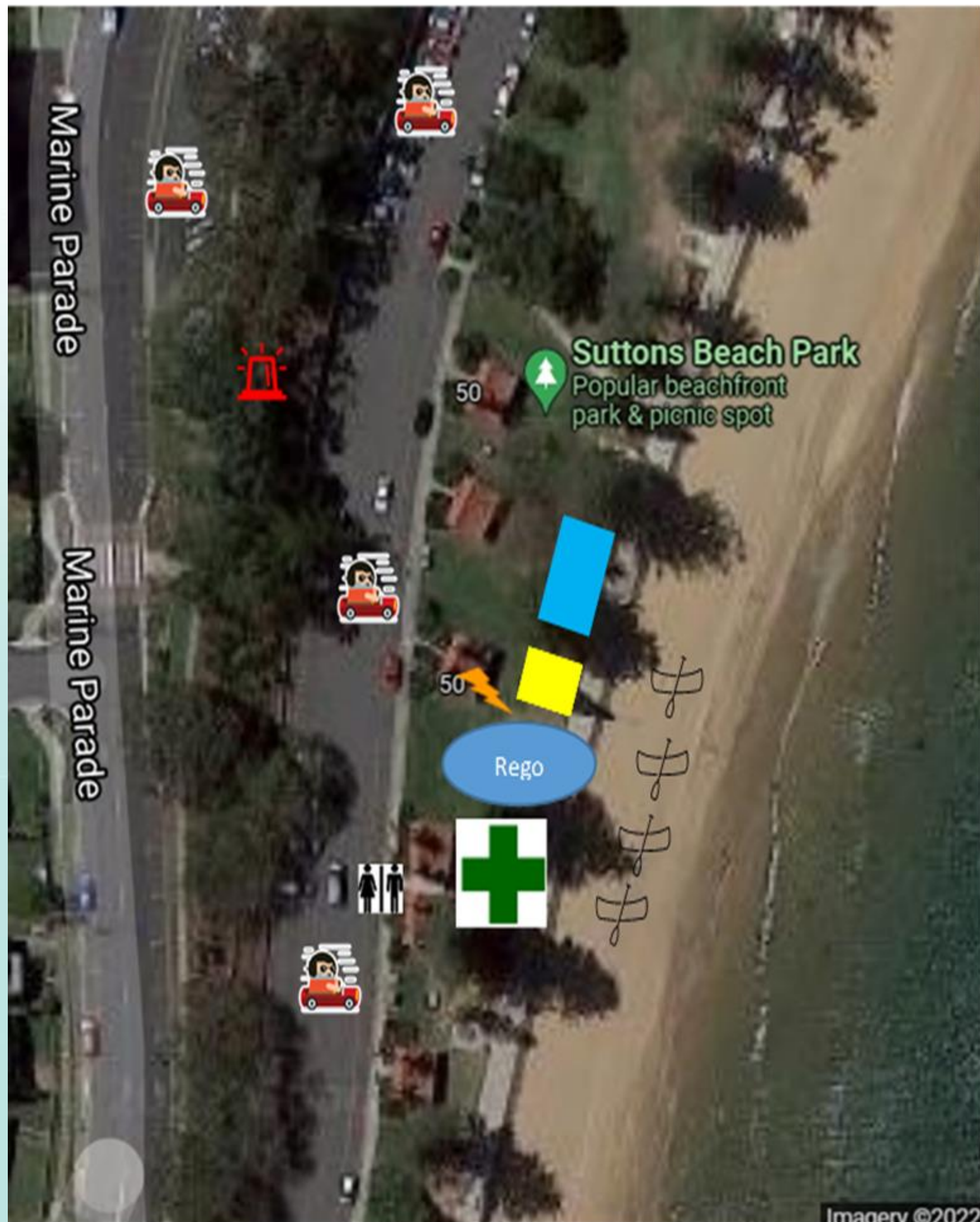
Registration opens at 6.30am









Scrutineering - show your wristband (before race briefing) to officials, then your V1 will be safety checked

Race briefing will occur at the registration tent

TIME	PROGRAM
6:30 am	Registration Opens
7:15 am	Welcome to country and canoe blessing
7:30 am	Race Briefing all women, U19 girls U16 girls (12km)
7:45 am	Race Start all women, U19 girls, U16 girls
9:30am	Race Briefing U12 (3 KM) & U14 (6km)
9:45 am	Race Start U12 & U14
10:45 am	Race Briefing all Men, U19 boys, U16 boys (12km)
11:00 am	Race Start all men , U19 boys, U16 Boys
1:00 pm	Presentations
1:45 pm	High Performance Meeting





- KEY**
-  First Aid
 -  Existing Toilets
 -  Coffee Van
 -  Vendors
 -  Generator
 -  All Canoes/Va'a
 -  Parking
 -  Evacuation Point

Start Line

Offshore and between 2 Orange Buoys. These will be clearly visible from the shore.

Canoe rigging - on the beach to await scrutineering (show your wristband)

Finish Line

Will be onshore through a short shute. The shute will be clearly outlined at each race briefing

Evacuation Point

In the unlikely event of an evacuation, please assemble across the car park opposite the toilets (as per site map)

First Aid is located as per the map, beside the registration tent

Car Parking

There is ample onsite car parking, please do not park on the grass. As Suttons Beach is a popular family destination we suggest getting there early. There is additional parking on Marine Parade.

Trailer Parking

Due to council restrictions – **NO TRAILERS** are permitted to enter Suttons Beach



12km Course - U16 /U19 Seniors

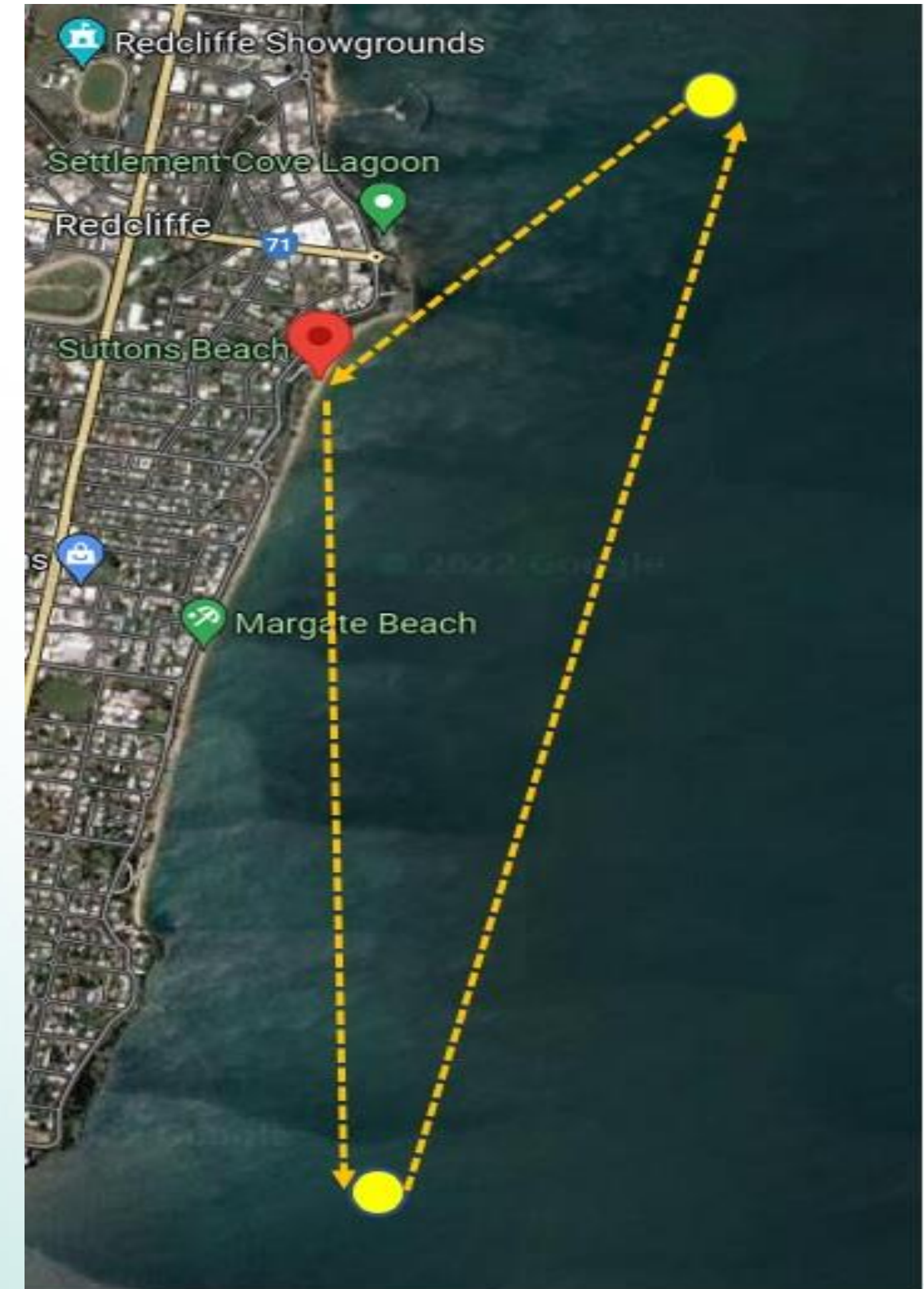
Start line between the orange buoys offshore, from Suttons Beach. Heading South (anti-clockwise) towards Scotts Beach for 4.2km make an ama turn then head north for 6.1km. Ama turn facing south to return to Suttons Beach (1.7km).

The finish will be through an on land flag chute (see finishing line insert)

The alternative/adverse weather course is reverse direction (clockwise)

Tide Times:
Suttons Beach
High: 9.36am 2.28m
Low : 03.02am 0.36m

Sunrise: 5.23am
Sunset: 6.40pm



Attend race briefing for more course confirmation.



U12 3km Course & U14 6km Course

6km Course - Start line from Suttons Beach, heading South (anti-clockwise) towards Scotts Beach for 1.5km - ama turn on the turn buoy and head north for 3.5km. Ama turn on the turn buoy and return to Suttons Beach, The finish line will be through the finishing chute

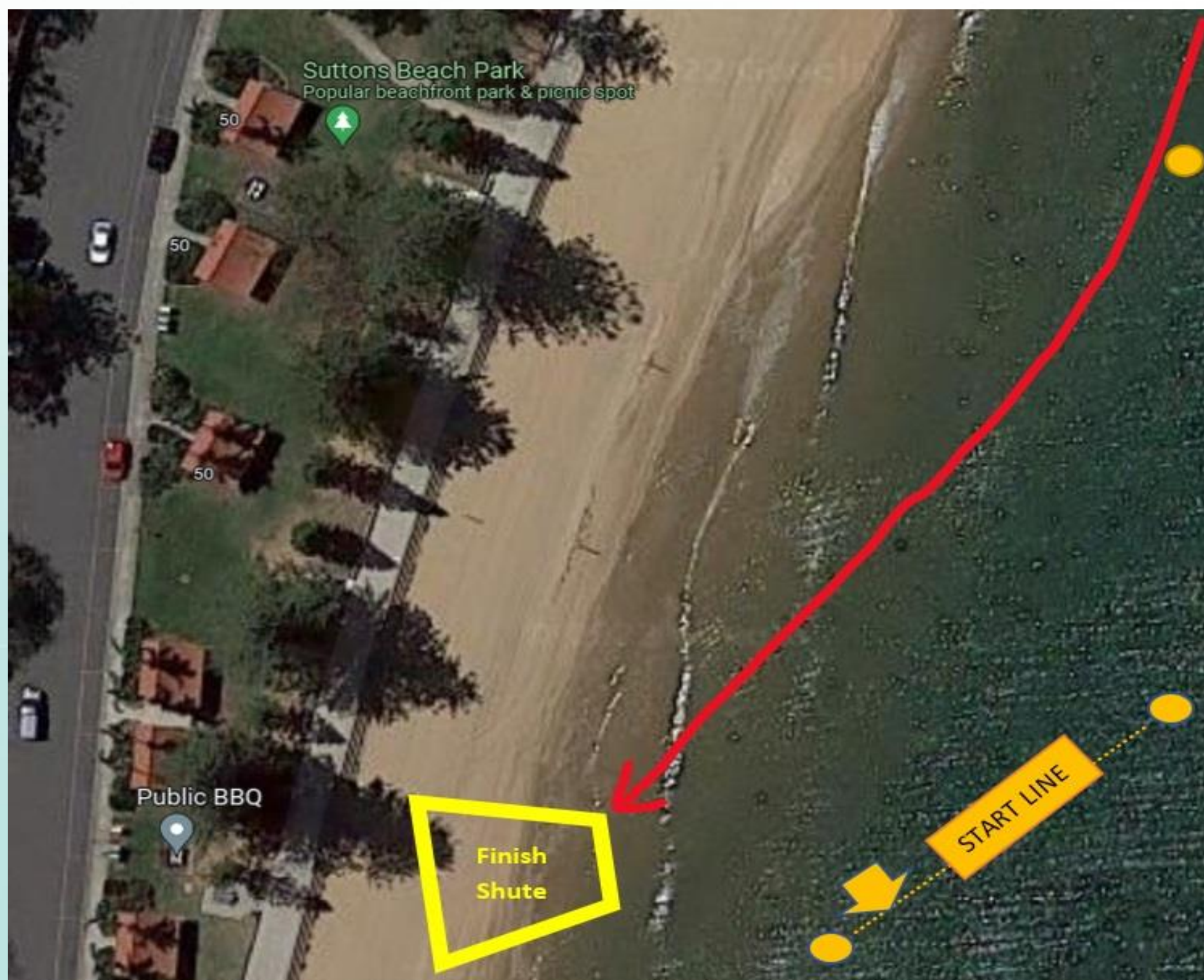
3km Course - Start line from Suttons Beach, heading South (anti-clockwise) towards Scotts Beach for 1.5km - ama turn on the turn buoy and return to Suttons Beach. The finish line will be through the finishing chute

The alternative course is reverse direction (clockwise)

Attend race briefing for more course confirmation.



BEACH Shute Finish



BEACH Finish Shute

Canoe handlers will be at shore to assist all competitors to leave their canoe and run through the finish shute announcing their bib number to the Time Keepers.

The finish shute is denoted by flags.

Your race(bib number) will be allocated when your register to race (written on your hand)

Attend race briefing for more course confirmation.



Medal Presentations



Medal presentation will be held on site under Marques at 1:00pm.

HIGH PERFORMANCE MEETING

At 1:45pm we invite all paddlers who placed first, second and third in their age category to the V1 High Performance meeting and we will confirm the next steps around the V1 position to represent at the IVF Distance Championships in Samoa in August 2023.

Qualifying divisions are Junior16, Junior19, Open, Master 40, Master 50, Master 60, Master 70, Master 75, Master 80

All 1st place paddlers have automatically qualified, however we extend the invitation to 1st 2nd and 3rd place getters to attend this meeting to discuss backup and support in the event 1st place paddlers are not able to commit to the IVF Distance Championships.

This meeting will expand upon the next steps in relation to the Road to Samoa campaign. The meeting will be held on site. More details to follow.



Cancellation / Refund Policy



AOCRA Refund Policy effective 30 November 2021

The Nomination Fee

Nomination Fee Senior V1 12k	\$ 50.00	V1 bk	\$ 20.00	V1 3k	\$10.00
Host Club:	\$ 0.00		\$ 0.00		\$ 0.00
Zone:	\$ 0.00		\$ 0.00		\$ 0.00
AOCRA:	\$ 50.00		\$ 20.00		\$10.00

AOCRA Refund Policy in the event of Postponement and or Cancellation

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.

Nominee Cancellation Prior to the Event Date

Change of Mind or Unable to Attend

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund. AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs.

The nominee cannot request a refund on the day of the event or after the start date of the event.

Host Postpones or Cancels the Event

Host Giving Notice of Postponement or Cancellation

The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

Event Postponed

Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event.

A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, Host Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).

The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.

The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

Event Cancelled

The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.

Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.

The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

The Zone reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

Refund Payment

Refunds will be processed within 30 days of cancellation via the same method used for payment.

