



# 2023 National V1 Championships Update

Registrations close Thursday Jan 26 11.59pm Qld time

All age divisions

Suttons Beach, 5<sup>o</sup> Marine Parade,  
Redcliffe QLD

Date : Saturday 4 February 2023



## Race rules and safety

All AOCRA rules and regulations will be enforced. AOCRA Rules available under the Administration tab on the AOCRA website.

### Please note:

- All V1 canoes shall have 1 lifejacket, a bailer, leg rope, and a spare paddle.
- Junior participation is allowed in the Open Division. Juniors must have turned 16 in the year of competing and will be required to ask permission from AOCRA to participate prior to online registration. Parental permission forms and information regarding level of experience must be completed and sent to [secretary@ocra.com.au](mailto:secretary@ocra.com.au).
- All paddlers will be required to show photo ID to receive their wristband for racing.
- AOCRA Uniform Rule b.3.5 applies. Club uniforms must be worn by all competitors
- Paddlers may collect an AO Canoe Sticker at registration to fix to their canoe on the day if they do not have one
- Please ensure your canoe has a highly visible number and you give this number when registering for your race.
- Yof Bots will be issued when you register.

There will be a designated first aid area on site and first aid response on the water.





## Race Registration at Suttons Beach

ALL registration will take place on site at the registration tent.

Paddlers will be required to show photo ID to receive their wristband.

Registration opens at 6.30am

Scrutineering - show your wristband (before race briefing) to officials, then your V1 will be safety checked

Race briefing will occur at the registration tent

TIME	PROGRAM
6:30 am	Registration Opens
7:15 am	Welcome to country and canoe blessing
7:30 am	Race Briefing all women, U19 girls U16 girls (12km)
7:45 am	Race Start all women, U19 girls, U16 girls
9:30am	Race Briefing U12 (3 KM) & U14 (6km)
9:45 am	Race Start U12 & U14
10:45 am	Race Briefing all Men, U19 boys, U16 boys (12km)
11:00 am	Race Start all men , U19 boys, U16 Boys
1:00 pm	Presentations
1:45 pm	High Performance Meeting



## WATER Shute Finish



### Finish Shute in Detail:

- Finish Shute runs 40 - 50M in length parallel to the beach, 5 - 10M from the shore line
- Finish Shute will be marked by leader buoys
- Canoes to be on the right side of the leader buoys into the Finish Shute
- Finish line is between the Flag on the beach and the Finish Buoy
- Be aware of potential shore dump paddling through the Finish Shute
- All paddlers must have a visible canoe number for Time Keeping to record a finish time

Attend race briefing for more course confirmation.



## HIGH PERFORMANCE MEETING - Redcliffe Surf Life Saving Club

At 1:45pm we invite all paddlers who placed first, second and third in their age category to the V1 High Performance meeting and we will confirm the next steps around the V1 position to represent at the IVF Distance Championships in Samoa in August 2023.

Qualifying divisions are Junior 1b, Junior 19, Open, Master 40, Master 50, Master 60, Master 70, Master 75, Master 80

All 1<sup>st</sup> place paddlers have automatically qualified inline with the AO Selection Policy and we extend the invitation to 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> place getters to attend this meeting to discuss backup and support in the event 1<sup>st</sup> place paddlers are not able to commit to the IVF Distance Championships 2023.



This meeting will expand upon the next steps in relation to the Road to Samoa campaign.

Sandwich and drink will be provided for V1 place getters during the meeting.

