National Marathon CHANPIONSHIPS



2025



V1/V3/OC1/OC2 and OC6

23 to 25 May 2025

Mooloolaba Spit Parklands, Parkyn Parade | Mooloolaba, Sunshine Coast

ENTRIES CLOSE: 11 May 2025

Race Director (Land): Wes Byrnes 0417 643 336

Race Director (Water): Chris Macrae 0401 704 622

Event Manager: Cherie Collison (CC) 0431 239 801



Welcome to the 2025 National Marathon Championship!

On behalf of the Board of the Australian Outrigging Canoe Racing Association (AOCRA), we are delighted to welcome all athletes, coaches, sponsors, officials, volunteers, guests, and supporters to the beautiful Sunshine Coast.

We acknowledge the Kabi Kabi and Jinibara people as the Traditional Custodians of the land and waters on which we gather, and we pay our deepest respects to their Elders—past, present, and emerging.

Their enduring connection to this land, sea, and community reflects the

very essence of our sport; one built on respect, teamwork, and our shared journey across the water.



As we come together for this incredible event, we also take a moment to honor and remember the paddlers and members who are no longer with us. Their dedication, passion, and contributions have helped shape the outrigging community we cherish today. We paddle in their memory, carrying their spirit forward with every stroke.. We also recognise all our volunteers who give their time and energy to make 2025 National Marathon successful. We would not be able to run such an event without their assistance.

Over the next three days, we unite as one paddling community, celebrating the heart and spirit of our sport. Australia's paddlers will compete in OC1, OC2, V1, V3 and OC6 events in what promises to be an exciting and competitive program. Bring it on!

We extend our sincere gratitude to our major event sponsor, Sunshine Coast Council and V Group Insurance. A heartfelt thank you also goes to the local community for their incredible support in welcoming competitors, officials, volunteers, and spectators. Thanks also to the support of Coast Guard Mooloolaba for their ongoing assistance in keeping our on-water team safe.

Once again, we are proud to continue our partnership with the White Cloud Foundation, an organization providing essential tele-mental health services to our members, their families, and friends. A \$2 donation from every race fee will directly support this much-needed initiative, ensuring mental health support remains accessible to our paddling community.

To all competitors—race safe, race fair, and with heart. As you share the ocean, we encourage you to embrace the spirit of outrigging, respect the journey, and celebrate each other's achievements. Take in every moment, form new friendships, and experience the true strength of our paddling community.

This year, we are pleased to welcome Sports Integrity Australia to our championships, providing an educational opportunity for our membership.

We value your feedback following the championship as we continue working together to grow and improve our sport.

We look forward to witnessing spectacular racing, unforgettable experiences, and the camaraderie that makes our sport so special.

Welcome, and let the racing begin!

Scott Cranfield
President
AOCRA









AOCRA and White Cloud Foundation 2025 Partnership

We are honoured to be partnered with an amazing foundation that offers a free online Tele – Mental Health Service to our paddling community, friends and family. White Cloud Foundation offer immediate support on the phone and we truly appreciate their help in taking care of our paddlers, friends and family on and off the water.

We are raising funds this year to donate to the White Cloud Foundation so this much needed service may continue and grow. \$2 from each race fee entry will be donated along with all gold coin donations at the event.

If you and or someone in your family or circle of friends are experiencing depression, anxiety, please call White Cloud Foundation. No referral required, no Mental Health Plan needed and all in the comfort of your home. Phone today on 07 3155 3456 during office hours.



THANK YOU FOR YOUR SUPPORT



Race Rules and Safety

All AOCRA rules and regulations will be enforced, as per the **AOCRA Rules** available under the Administration tab on the AOCRA website.

PLEASE NOTE:

- All OC6 canoes shall have storm covers, 1 approved lifejacket per seat, 2 bailers, a 25m safety rope attached, spare paddle and carry a mobile phone with Webscorer App activated.
- All OC1/2 shall have a leg rope, spare paddle, and an approved lifejacket and carry a mobile phone with Webscorer App activated.
- All V1 shall have a spare paddle, bailer and an approved lifejacket and carry a mobile phone with Webscorer App activated.
- All OC6 canoes shall be a minimum weight of 130 kgs unless in the unlimited class.
 Unlimited Class OC6 canoes weighing less than 130 kgs may race in the short and long courses in the Open and Master divisions for Women, Men and Mixed only. Eligible for medals and club points with 3 entries per age category.
- For this event, to be eligible to compete for National Marathon Championships you must have been a continuous member of the same club for the 12 months prior and raced a minimum of 3 regattas representing that club unless you have sought approval from AOCRA.
- For this event, OC2 races will be loaded as a **combined** event, this will allow club registrars to select paddle partners who are recognised as an establish OC2 team, from across zone clubs. Matching uniforms from the registering club must be worn. Registration must be through a club registrar, not individually. Club points awarded to registering club.
- "Novice" teams must have five (5) novice and one (1) experienced paddler. The experienced paddler must be the steerer.
- Junior Participation is allowed in the Open Division. Juniors must have turned 16 in the year of competing and will be required to ask permission from AOCRA to participate prior to online registration. Parental permission forms and information regarding level of experience must be completed and sent to **secretary@aocra.com.au**.
- AOCRA Uniform Rule 15.5 applies. Matching club uniforms must be worn by all competitors for all race events on program.
- Due to new QLD Maritime Legislation approved lifejackets must be WORN crossing the Mooloolah River Bar – Estuary to Beach and return.
- International paddlers are welcome to attend. Please email events@aocra.com.au

There will be a designated first aid area on site and first aid response on the water.







Nomination Information

ALL COMPETITORS MUST BE AOCRA MEMBERS

Nominations are on-line via the www.aocra.com.au site. It is not possible to register on the day.

If you are having trouble with the online registration through AOCRA please email **support@aocra.com.au**

All OC6 nominations must be done by club registrar. Please ensure all paddlers AOCRA membership is current before completing team sheets. Registrars are requested to minimise updates to team sheets and to indicate what the changes are in the notes. **Please add CANOE NUMBER in the notes**



All OC6 Long Courses =\$60 per paddler, per race

OC1/OC2/V1 & OC6 19U <u>Long Course</u> = \$25 per paddler, per race
(Senior fee will apply when racing Open)

• All Junior races and 6km Dash = \$15 per paddler, per race

Club Nominations and Team Sheets are due: **Sunday 11 May 2025**. (Late fees will apply)

The RACE DIRECTOR will have the discretion to not allow late registrations to paddle if this impacts the paddler/support boat ratio.

DIVISIONS

Short Course, Men, Women and Mixed: Under 16, Under 19, Open, Master, Senior Master, Golden Master, Platinum Master, Para, Novice

Long Course Men, Women & Mixed: Under 19, Open, Master, Senior Master, Golden Master & Platinum Master

Juniors (in Junior divisions): Minnows, 12U and 14U

Short and Long Course: Unlimited Open and Masters (Men, Women, Mixed)

There must be a minimum of **3 nominations in all races** to make an eligible event category. If less than 3, the entry will move down into the next division.







Paddler Certification & Race Registration @ Regatta Site

ALL certification and registration will take place in the Registration Tent on site.

Club managers will be required to represent their club competitors and facilitate certification process.

OC1/2/V1/V3 Paddlers – competitors will present in person at registration tent to sign for and receive their wristband.

Photo ID will be required for certification.



CLUB CERTIFICATION OF TEAM PADDLERS.

All competitors must wear a coloured band. No wrist band, no racing. All clubs will have a nominated Club manager, named on team sheets.

The club manager will collect the wristbands and sign the club list certifying wristbands will be given to listed paddlers. The club manager is accepting the responsibility on behalf of the club, to certify that the wristbands are passed onto the paddlers on the club list. If any paddler names are not listed on the club sheet, please come to Registration Tent to query / update.

Audit checks will be conducted by race officials throughout the event. Wrist bands to be worn for the duration of event while competing.

TEAM / INDIVIDUAL RACE REGISTRATION

All steerers/captains must sign in their crew before each race and confirm canoe number and show that **Webscorer App** is loaded and active on mobile device. Registration for GPS Tracking must be completed before briefing.

All individual competitors (OC1/2/V1/) must sign in and confirm canoe number and show that **Webscorer App** is loaded and active on mobile device. Includes short and long course. Registration and sign in must be completed before briefing.

REGISTRATION OPENS

Thursday 22nd May 2:30pm - 5.00pm

Friday 23rd May 7:00am - All Day

Saturday 24th May 6:00am - 3.30pm

Sunday 25th May 7.00am





Location and parking restrictionsMooloolaba Spit Parklands

PLEASE NOTE

There is to be NO car parking by paddlers or supporters in the cul-de-sac parks at the spit end of Parkyn Parade. THIS AREA IS RESERVED FOR CUSTOMERS OF THE RETAIL OUTLETS IN THE AREA. We also ask that no cars, trailer, vans etc that do not have permission park within the regatta site.



2025

Please be advised that there is to be NO PARKING or STOPPING of vehicles in the driveway located adjacent to 'The Spit" parklands. The entrance to the driveway is to always remain clear and is signed a NO STANDING area. The driveway to the DTMR & Water Police facilities is to be always kept clear during the conduct of the event. (No loading and or unloading to be taken in the driveway or at the entrance to the driveway) Any vehicle found to be not complying may be issued an infringement notice which can incur a penalty of \$170.









Trailer Parking Canoe Rigging / Unrigging

Trailer parking and rigging will be available in the Maritime Boat carpark in **Parkyn Parade**, **Mooloolaba**.

On arrival in Parkyn Parade, you are requested to enter the trailer area as denoted by the PINK directional arrows.

Parking Staff will be on hand to direct.



Canoes can be unloaded and rigged with parking staff directing where trailers are to be stored for the duration of the event. Once canoes have been rigged they are to be moved to the boat ramp as shown by the BLUE line.

The canoe will be scrutinised before it goes into the water.

Due to recent QLD Lifejacket legislation - APPROVED PFD MUST BE WORN to cross the Mooloolah River Bar (Estuary to Beach)

Unrigging of canoes will be in the reverse order as required.

Parking directors will be available at the following times:

- Thursday 25th Mayby arrangement
- Friday 26th May7am 7pm
- Saturday 27th May
 - 6am 9am
- Sunday 28th May
 - As required





Crossing the Bar







Site Map – Mooloolaba Spit Parklands, Parkyn Parade







FRIDAY - 23rd May All Small Craft





SATURDAY - 24th May OC6

SATURDAY 24th May - OC6								
Event	Start	Finish	Event Detail/Division	Distance				
	6.30am		Registration Open					
	6.45am		Welcome - opening cermony					
Race 6	7.15am		Race Briefing - Long Course					
	7.30am	10am	Long Course Women	18km				
	All Women (incl 19U, All Seniors + Unlimited)							
Race 7			Race Briefing - Short Course					
	10.30am	12pm	Short Course Mixed	10km				
	All Mixed (incl 16/19U/Para & Novice + Unlimited)							
Race 8			Race Briefing - 6km/2 x 1km/3km					
			Junior races and Junior/Senior Dash					
8a	12pm	12.30pm	12U - Girls,Boys & Mixed	3km				
8b	12pm	12.30pm	Minnows	2 x 1km				
8c	12.30pm	1.30pm	14U - Girls, Boys & Mixed	6km				
8d	12.30pm	1.30pm	Senior DASH (Ribbons)	6km				
	1.45pm		Race Briefing - Long Course					
Race 9	2.00pm	4.00pm	Long Course - Men	18km				
All Men (incl 19U, All Seniors + Unlimited)								
Med	Medal presentations 6.00pm - The Squire, Parkyn Parade, Mooloolaba							





SUNDAY - 26th May OC6

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	Marathon ONSHIPS

			SUNDAY 25th May - OC6				
Event	Start	Finish	Event Detail/Division	Distance			
	7.00am		Registration Open				
	7.30am		Race Briefing - Long Mixed				
Race 10	7.45am	10.00am	Long Course Mixed	18km			
	All Women (incl 19U, All Seniors + Unlimited)						
	10.15am		Race Briefing - Short Course				
Race 11	10.30am	12pm	Womens Short Course	10km			
All Women (incl 16U, 19U, Novice, Para, All Seniors + Unlimited)							
	12.15pm		Race Briefing - Short Course				
Race 12	12.30pm	2pm	Mens Short Course	10km			
All Men (incl 16U, 19U, Novice, Para, All Seniors + Unlimited)							
Medal presentation an hour after race finish							

Webscorer GPS Tracking To register for Webscorer please follow these instructions...

National Marathon CHAMPIONSHIPS 2025

BEFORE THE EVENT:

- 1. Create a free Webscorer account only requires name and email address: https://www.webscorer.com/secure/signin
- **2.** Download the free 'Webscorer Race Timer' App onto your phone: https://apps.apple.com/au/app/webscorer-race-timer/id475523299
- **3.** Register for the race
 - Click on 'GPS Self Tracking'
 - · Click on 'Register for GPS race'
 - Click on 'Race ID'
- **4.** Type in your Race ID number and hit 'Enter'.

RACE ID NUMBERS WILL BE RELEASED 12TH MAY 2025:

Friday Long Courses:

- OC2 Long Course
- OC1/V1 Long Course

Saturday Long Courses:

- OC6 Women Long Course
- OC6 Men's Long Course

Sunday Long Course

- OC6 Mixed Long Course
- Under 'Team Name' type in your canoe number and team name.
- Type in your phone number
- Type in your canoe number
- Choose your category (from drop-down list)
- · Click on 'Submit Registration'



Start / Finish Line (all races)

- crews to clear course after finish

(In Water Start)

START PROCEDURE (IN WATER START)

- Lead boat will be the start boat and will be located to the left of the start line clearly visible for all steerers.
- Support Boat to keep the start line straight and push canoes back if over the line so all craft come up together.
- White flag raised signals 2 minutes to race start. Canoes to approach the pre-start line which is approximately 10m behind the actual start line. This line will be imaginary.
- Red flag raised signals the canoes to move forward to the start line and the canoe must be stationary at the line
- Green flag raise signals the start of the race
- Black flag raised during the start procedure signals a canoe/s is over the line. A verbal warning
 may be given to the offending canoe/s, but it is not mandatory

ENTRY TO FINISH CHANNEL

Paddlers/Crews must keep the Entry inside buoy on their left and then proceed to finish line between the buoy and shoreline.







National Marathon

FRIDAY - SMALL CRAFT MAP

Approved PFDs are, for all small craft, is compulsory either in or on the canoe or worn in a race. 1 x PFD per person.

Whilst wearing of the PFD is optional, it will be at Race Directors discretion to change to compulsory if deemed necessary





FRIDAY 23rd May - All Small Craft							
Event	Start	Finish	Event Detail/Division	Distance			
	7am		Registration Open				
	7.30am		Acknowledgement to Country				
Race 1			ALL Teams OC2/V3 (Men/Women/Mixed)				
	7.45am		Race Briefing - Short & Long Course				
	8.00am		OC2/V3- 16U, 19U, Novice and Seniors	10km			
	8.00am	10.00am	OC2/V3 Long Course - 19U and Seniors	16km			
Race 2			Mini Course - Juniors (Men, Women)				
	10.00am		Race Briefing				
2a	10.15am	10.45am	V1/OC1 12U/Para	2km			
2b	10.15am	11.15am	V1/OC1 14U/Para	4km			
			Short Course- OC1 & V1 (Men & Women)				
Race 3	11.00am		Race Briefing				
	11.15am	12.30pm	V1/OC1 - 16U, 19U, Novice and Seniors	10km			
			Mini Course Junior Teams OC2/V3				
Race 4	12.15pm		Race Briefing				
4a	12.30pm	1.15pm	OC2/V3 - 12U/Para	2km			
4b	12.30pm	1.30pm	OC2/V3 - 14U/Para	4km			
			Long Course Seniors (Men, Women, Mixed)				
Race 5	12.45pm		Race Briefing				
	1.00pm	3.30pm	OC1 & V1 Va'a Solo - 19U & Seniors	16km			
	Medal presentation 30 mins after race finish						



16KM OC1/OC2, V1

- Adverse Weather Course
- All divisions.

THIS COURSE IS IN ADVERSE WEATHER ONLY

Race Course:

Starting in the bay. Proceed North for approx. 3.5 kms. Conduct an ama turn on the first buoy to the second buoy for another ama turn. Heading towards the finish line. Complete 2 x laps.



As you reach the beach, a buoy will be located just off the beach and you must conduct an ama turn with the buoy on your left and head to the finish line which will be marked by a final buoy.





18KM MARATHON COURSE OC6 Men, Women, Mixed

18KM RACE COURSE:

Starting in the bay. Proceed North to the Mudjimba Island. Conduct an ama turn left keeping Mudjimba Island on your left. Once the island is clear, head back to the finish line.

As you reach the beach, a buoy will be located just off the beach and you must conduct an ama turn with the buoy on your left and head to the finish line which will be marked by a final buoy.







18KM MARATHON Adverse Weather - OC6 Men, Women, Mixed

THIS COURSE IS IN ADVERSE WEATHER ONLY

Starting in the bay. Proceed North for approx. 3.5 kms. Conduct an ama turn left on first buoy and head to the second buoy. Heading towards the finish line. Complete 2 x laps.

As you reach the beach, a buoy will be located just off the beach and you must conduct an ama turn with the buoy on your left and head to the finish line which will be marked by a final buoy.







10KM SHORT COURSE - OC6 Men, Women, Mixed

RACE COURSE:

Starting in the bay. Proceed North for approx. 4.5 kms. Conduct an ama turn left on first buoy and head to the second buoy. Heading towards the finish line.

As you reach the beach, a buoy will be located just off the beach and you must conduct an ama turn with the buoy on your left and head to the finish line which will be marked by a final buoy.









Presentations

The Presentations will be held at the on site on Friday and Sunday following the completion of racing each day. Start time will be communicated but will generally be approx. 1 hr post the finish of the last race of the day.

On Saturday the presentations will be at The Savy Squire from 6.30pm.

Presentations will start at 6pm sharp.

Feel free to have dinner downstairs before heading upstairs for the presentations https://www.savvysquire.com.au/

- 123 Parkyn Parade, Mooloolaba QLD



Club Trophy Eligibility

Club points will be awarded to all divisions where there are a minimum of 3 entries. This includes Unlimited divisions. For Nationals Titles Club uniforms must be matching.

Facilities on the Day

During the event on each of the 3 days, there will be a coffee van and vendor stalls in the Park area adjacent to the beach. In the Spit Area which is located across the road from the race site, there are a variety of food & drink shops that are available including Asian food, Fish & Chips, Coffee shops and restaurants.





OC6/OC2/OC1/V3 Canoe Hire

If you are wanting to hire / borrow a canoe make contact with a club in the SQ Zone . These are listed on the AOCRA website. https://aocra.com.au/sqzone/club-list.php

Mooloolaba Club will not be facilitating lending of canoes.



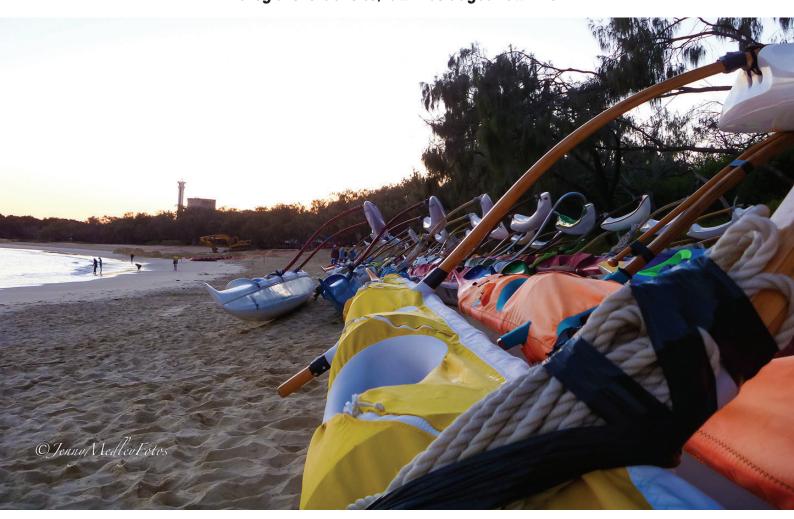
V1 Canoe Hire

AOCRA V1 canoes will be available to hire (9). Preference is given to interstate travelling competitors. Please email a request to: aocra.events@aocra.com.au

Security

Security Guards will patrol the beach, grass reserve areas on Thursday 25th, Friday 26th and Saturday 27th between the hours of 6pm and 6am.

All Small Craft should be removed on Friday please. If they are left onsite, it will be at your own risk







Towing and Travel assistance

There is a limited towing and travel assistance pool

Towing assistance will be provided for Club OC6 Trailers with a minimum of 3 x OC6 canoes and OC1/OC2 Trailers with a minimum of 9 Canoes.

The towing assistance is applicable for canoes traveling >600km and >1000km.

National Marathon CHAMPIONSHIPS

Travel assistance will be provided for outriggers traveling >1000km and >2000km.

Please note the assistance pool for towing and travel will be shared between applicants.

Towing and Travel assistance Forms must be completed and forwarded to secretary@aocra.com.au by email no later than 14 days after the event.

See applicable forms on www.aocra.com.au







Refund Policy

THE NOMINATION FEE

AOCRA REFUND POLICY EFFECTIVE 30 NOVEMBER 2021

AOCRA Refund Policy in the event of Postponement and or Cancellation

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.



Nominee Cancellation Prior to the Event Date

Change of Mind or Unable to Attend

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOC-RA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund. AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs.

The nominee cannot request a refund on the day of the event or after the start date of the event.

Host Postpones or Cancels the Event

- · Host Giving Notice of Postponement or Cancellation
- The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

Event Postponed

- Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event.
- A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, Host Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).
- The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.
- The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

Event Cancelled

The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.

- Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.
- The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- The Zone reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

Refund Payment

Refunds will be processed within 30 days of cancellation via the same method used for payment.





Thanks to our sponsor Sunshine Coast Council

We are thrilled to have Sunshine Coast Council grant for our event this year and welcome you all to stay and play.

Refuel: Refuel after your event! Don't let the pristine beaches and warm sunshine distract you, there are plenty of family friendly ideas.

National Marathon

Link: https://www.visitsunshinecoast.com/guide/17-family-fun-ideas-in-caloundra

Link: https://www.visitsunshinecoast.com/guide/a-locals-guide-to-food-on-the-sunshine-coast

Link: https://www.visitsunshinecoast.com/itinerary/the-ultimate-family-holiday-itinerary

Mooloolaba is a major tourist destination in QLD.

There is an abundance of things to see and do.

The following link provides extensive information on accommodation, restaurants cafes shops, clubs and the many outdoor activities including walking and cycling tracks, Whale and Dolphin Watch cruises, Fishing and Cruising Charters, Surfing, Kayaking, SUP, Golfing, Nature and Wildlife tours

https://www.visitsunshinecoast.com









Thanks to our support team:

Your support is greatly appreciated by all for supporting this year's National Championship event.

A special mention to:

- Sunshine Coast Council's continual support and grants for our National Events
- Sports Integrity Australia for attending to educate us about their involvement in our sport.
- V Insurance Group taking care of our insurance needs.

Thanks to all our vendors who supply our community:

- KRT Australia
- SKILD Singapore
- ARE Australia
- Va'a Mana
- Ozone and Paddling Promotions
- Paddler HQ
- PAI Paddling Alliance Industries
- Chronium Covers











National Marat