

Gold Coast Outrigger Canoe Club Invites you to the



SQZ Club Marathon Series Race 4

Saturday 1st & Sunday 2nd May, 2021

Northern Peninsula Lawn at Broadwater Parklands

(next to Boat Ramp area)

Nominations Close: Saturday 24th April 2021

(midnight QLD time)

Race Director: Leigh Paine

Phone: 0429 093 662

National Coronavirus Helpline

Call this line if you are seeking information on coronavirus (COVID-19) or help with the COVIDSafe app.

The line operates 24 hours a day, seven days a week. 1800 020 080



Welcome Paddlers

Gold Coast Outrigger Canoe Club is excited to host race 4 of the 2021 marathon season and have you all racing on the spectacular Gold Coast. Two jam packed days of racing incorporating 26 races. The Long Course will tackle the challenges of the Ocean, whilst our short courses have been designed with all abilities in mind. V12 racing will be a feature on Day 2 and for a bit of fun to end day two, teams of 6 will take on the V3 Relay! Our team looks forward to hosting a spectator friendly regatta located on the Northern Peninsula of Broadwater Parklands next to the Boat Ramp and in front of the Broadwater Tourist Park. Enjoy the long weekend and book early to secure your accommodation!

All Clubs and paddlers can enter the regatta site from Marine Parade turning left at the North Street intersection. There is free car parking and all canoe trailers may park in the boat trailer parks providing a vehicle remains attached to the parked trailer. Please follow the parking attendants as they guide you through the parking area to keep traffic flowing as we are sharing a public area.

As our first race is early, 6:30am, we encourage clubs to bring your canoes down on Friday from 1pm, rig and leave on lawn overnight. All canoes must be rigged and on the beach ready for scrutineering and Covid19 sanitization no later than 5:45am. Competitors in first race must leave the beach no later than 6:15am to head over to the start line on the other side of the broadwater. Allow enough time for crews to paddle across and be ready. Race 1 will start at 6:30am!

The large lawn area is spacious and will accommodate club bubbles for everyone. There will be plenty of signage and support on the day to show you where each of the key areas are for rigging and de-rigging along with canoe handling and sanitization.

Our Gold Coast OCC Masterchefs will be cooking up a feast as always with cold drinks onsite so you can grab a bite to eat and stay hydrated. Robyn will also be there with her Coffee van.

Same as prior regattas, we ask that if you are not feeling well, to stay home and get tested (isolate until results are known). Whilst on lawn and land areas social distancing of 1.5m applies along with using hand hygiene and following sanitisation protocols for canoes after each race.

In the lead up to our event the City of Gold Coast council may fence off our regatta area to keep general public out and ensure our paddlers, competitors, spectators and our club event team are covid safe. Please ensure your club contact tracing lists have; all spectators, supporters, friends and family members cheering you on, listed as a part of your club bubble.

A reminder for all clubs to bring adequate shade tents for all as during January we're hoping for a brilliant sunny day!

Look forward to welcoming you to this event.

Shania Paine

President

Gold Coast Outrigger Canoe Club



Covid Safe Site Measures

This regatta is COVID Safe as shown by the club's *Statement of Compliance* that can be found at the admin/registration and food tents. The regatta complies with QLD's Aquatic Group Approved Industry Plan.

Please, **Do NOT enter or attend** the regatta if you have:

A fever, cough, sore throat, runny nose, headache, or shortness of breath/respiratory issues.

Or in the last 14 days have:

- * Travelled overseas
- * In or near a declared hotspot
- * Been in quarantine
- * Have been in contact with suspected or confirmed case/s of Covid-19
- * Or are awaiting results to Covid-19 tests.

Please share this message with any visitors you have invited to the regatta. Advise them that they will need to sign-in at your club tent and remain in the club's bubble. Please share YOUR club name, and YOUR club COVID Safe Coordinator's name with your visitors in case they get separated from you before COVID SIGN-IN occurs at the club tent.

Everyone is responsible for COVID Safety at our regattas. Please maintain social distancing (unless you are from the same household). And sanitise your hands frequently.

COVID Safe Race Processes

Canoe Wipe Down Process

- Teams will be called onto the beach in their RACE numbers once the previous race has cleared the beach.
- Antibacterial Wipes will be provided to wipe down OC6/V3
- Wipe down to be completed by each team that has just raced
- Discard wipes into rubbish bags provided
- Sanitise hands with hand gel before leaving the beach or 'in-sport' area

Roles to enable a COVID safe event

Nominated Club Representatives

- Scrutineer all club OC6 and V3 before entering the beach or 'in-sport' area
- Step into the other roles in their absence.
- Wipe down high touch areas of toilets at regular intervals with Antibacterial Wipes.

Club COVID Safe Coordinators

- Sign-in via the **BLUE** QR Code (on behalf of all club members, family, and spectators)
- Or if having trouble, please e: sqzsec@gmail.com your FULL NAME, CLUB and MOBILE NUMBER
- On arrival, keep repeating club sign-in process and health messages to all clubbies, and their visitors
 - apply club process for track and tracing of all members, family and club spectators
 - retain track and trace information for 56 days beyond the event
 - Remain in the club's bubble unless racing.

Club Registrars

- Sign-in via the **PINK** QR code to confirm registered paddlers in attendance are aware of, and adheres to, AOCRA's Regatta and Training Rules. If having trouble, please e: sqzsec@gmail.com your FULL NAME, CLUB and MOBILE NUMBER.

Clubs – members, families, friends, supporters and spectators

- Register attendance with your club's COVID Safe Coordinator
- Remain in the club's bubble unless racing.

1. Regatta Site

Welcome to the Broadwater where we are happy to host you all. Please take note of all the information in the program.



Important Info:

We will have portable toilets on site. These will be wiped regularly with antibacterial wipes in high touch areas.

Parking and Rigging:

Please follow all parking assistants on the day to park in the designated parking areas. (no charge for parking)

Trailer Parking will be in the designated trailer park at the boat ramp. Please note a vehicle MUST be attached to the trailer at all times.

Clubs can commence rigging from 1pm Friday 30th April 2021. Canoes can be kept on the lawn at each clubs own risk overnight.

Food / Beverage:

Gold Coast OCC Chefs will be cooking up a feast from the BBQ Tent and cold drinks will be available for sale at the event. Cashless facilities available. Coffee Van also onsite.

Contact Information:

GCOC Race Director	Leigh Paine familypaine@bigpond.com	0429 093 662
GCOC Secretary	secretary@goldcoastoutriggers.com	0411 411 611
GCOC Event Manager	events@goldcoastoutriggers.com	0411 321 415

2. Race Program

High Tide:	11.32am @ 1.12m	Low Tide:	5.51am @ 0.32m 5.02pm @ 0.35m
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*****COMPULSORY SANITISING OF ALL CANOES PRIOR TO EACH RACE*****

Program for Day 1 - Saturday 1st May 2021 - SQ Zone Series Race 4					
Event	Race #	Time	Craft	Details	Distance
1	1	630	OC6	Womens - All Ages & U19s	18k Ocean
	2	630	V3	Junior Male	4k Broadwater
	3	715	V3	Junior Female	4k Broadwater
2	4	830	OC6	Mens - All Ages & U19s	18K Ocean
	Junior Development Workshop for Minnows, Mighty Minnows and 12U paddlers				
	5	845	OC6	Minnows	1k Broadwater
			OC6	Mighty Minnows and 12U	2k Broadwater
3	6	1030	OC1	12U	2k Broadwater
			OC2		
			V1		
4	7	1100	OC6	Juniors	6k Broadwater
5	8	1145	OC6	Minnows Race #2	1k Broadwater
6	9	12noon	OC1	ALL AGES (Short Course for 14U to Platinum)	4k Broadwater
			OC2		
			V1		
7	10	1245	OC6	Womens Short Course	12k Broadwater
				Young Gun Female	
	11			Novice Men	
	12		V3	Mens	6k Broadwater
8	13	1415	OC6	Juniors	4k Broadwater
9	14	1500	OC6	Young Guns Mens	12k Broadwater
				Mens Short Course	
	15			Novice Women	
	16		V3	Womens	6k Broadwater
10	17	1630	OC1,OC2,V1	ALL AGES (Long Course for 14U to Platinum)	6k Broadwater

Please note: This Program is subject to change depending on nominations and conditions. All times are approximate,

Program for Day 2 - Sunday 2nd May 2021 - SQ Zone Series Race 4					
Event	Race #	Time	Craft	Details	Distance
11	17	730	OC6	Mixed Long Course	12k Broadwater
12	18	930	OC6	Novice Mixed Short Course	6k Broadwater
13	19	1030	OC6	Mixed Short Course	6k Broadwater
14	20	1130	OC1/OC2/V1	Short Course - All Ages	6k Broadwater
15	21	1140	OC1/OC2/V1	Long Course - All Ages	12k Broadwater
16	22	1300	V12	Junior - All ages combine teams of 12	4k Broadwater
17	23	1330	V12	Novice Mixed	4k Broadwater
18	24	1400	V12	Mixed	6k Broadwater
19	25	1500	V3	Mixed Junior Relay	8k Broadwater
				Teams of 6 - 3 Male, 3 Female	(2 x 4k)
20	26	1600	V3	Mixed Senior Relay	8k Broadwater
				Teams of 6 - 3 Male, 3 Female	(2 x 4k)

we ask that all paddlers listen for announcements and are ready to race.

3. Regatta Course Maps

The Broadwater is a busy waterway and it is important that paddlers follow the course and directions from the Support Boat teams. Do not race in the main channel unless directed by the Support Boat Team for safe crossing.

18 kms Course

This is only to be conducted if the weather is suitable.

18km Ocean Race – is to start on the right hand side of the channel outside of the main channel markers.

All canoes are to remain outside the channel markers at all times.

Any crossing point of the channel – indicated by the red boxes will have a safety craft on location to control the safe movement of canoes across the channel. In the case of a red Flag, Canoes **MUST NOT** cross the channel.

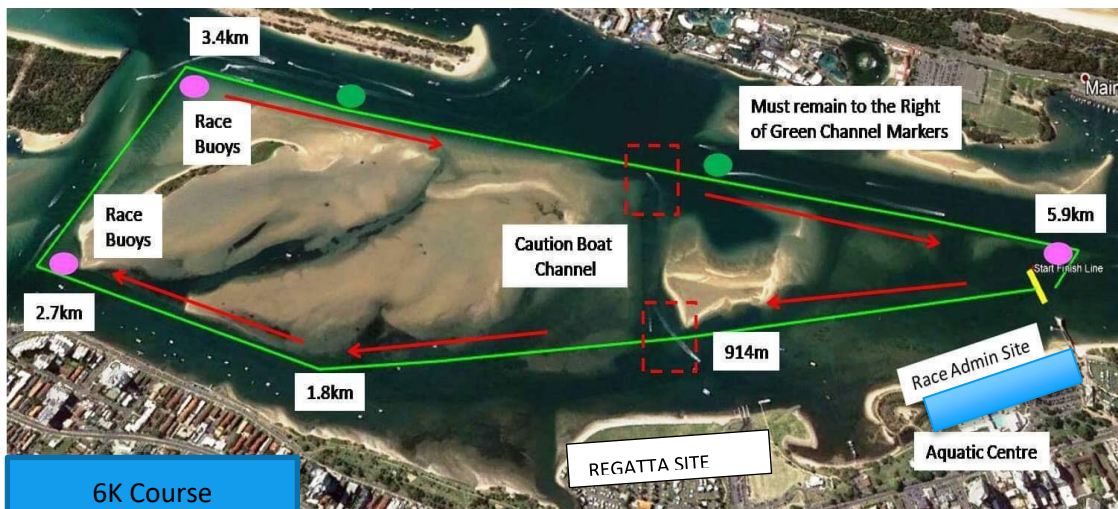
Course will be marked with **PINK** Cans with a lead boat to follow.



18K Long Course

OC6 6 KM

Starting in line with the Regatta Site (Broadwater Caravan Park), turning in front of wave break island, coming back down the western side of the channel markers back to start line after second sand bar, taking care in areas in red box.



4 kms Course



Course Brief:

Face south towards Southport Pier and race to the buoy at 1 kms and turn left to face north and race to the buoy on the 3kms and turn left to return to the finish line.

2 kms Course



Course Brief:

Face north towards Charis and race to the buoy at 1 kms and turn to return to the finish line.

Flexibility to run this as 4 kms course which is twice this 2 kms course and in wave starts.

4. Regatta Alternate Course Maps

10 kms Course



Course Brief:

Run the 5 kms course twice.

Face north towards Charis, turn right on the buoy before Wavebreak Island (staying right side of the channel opening), turn right to face south and run with the main channel remaining on the right of the green channel markers. Turning right on the buoy to face north and return to the finish line. This is an anticlockwise course with non ama turns. Run with the incoming tide.

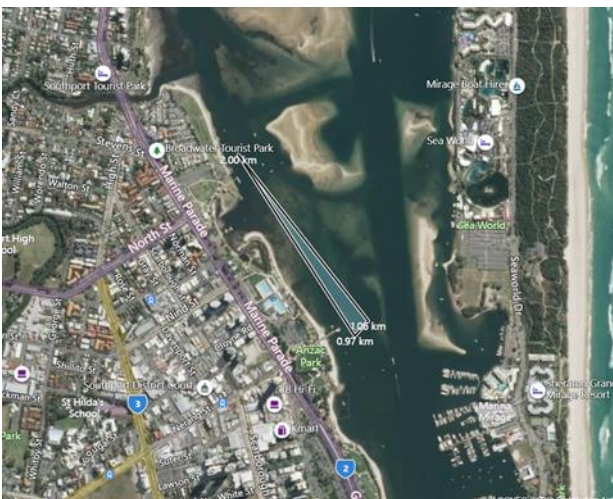
5 kms Course



Course Brief:

Face north towards Charis, turn right on the buoy before Wavebreak Island (staying right side of the channel opening), turn right to face south and run with the main channel remaining on the right of the green channel markers. Turning right on the buoy to cross between sand dunes and turn right to face north and return to the finish line. This is an anticlockwise course with non ama turns. Run with the incoming tide.

4 & 2 kms Course



Course Brief:

Face south towards Southport Pier and race to the buoy at 1 kms and turn to return to the finish line. 4 kms will run this course twice and in wave starts.

5. REGATTA JUNIOR COURSE MAPS

The 2 kms Junior Course as shown below.



Course Brief:

Face north towards Charis and race to the buoy at 1 kms and turn to return to the finish line. 4 kms will run this course twice.

1km course is a shortened version of the 2km course.

6. Nomination Information

All nominations must be registered online at www.aocra.com.au before the cut-off date. It is not possible to register on the day.

Gold Coast OCC & SQZ will go LIVE for the detailed online briefing on Thursday 29th April at 6:00pm leading up to the regatta.

If you are having trouble with the online registration through AOCRA please email support@aocra.com or sqzreg@gmail.com

6.1 REGISTRATIONS CLOSE

Registrations must be completed by midnight **Sunday 25th April** via the online database at www.aocra.com.au. Any queries registering please email: sqzreg@gmail.com

The program will be run in accordance with AOCRA's regatta rules located on AOCRA's [Administration page](#) at www.aocra.com.au.

6.2 LATE REGISTRATIONS

Club registrations after midnight (AEST QLD) of the advertised cut-off will incur a **\$100** late fee (\$50 juniors) in addition to the advertised race fee.

7. RACE FEES

- \$20.00** per Senior paddler per race
- \$10.00** per Junior paddler per race
- \$10.00** Minnows for two races

8. CANCELLATION POLICY

In the event of a cancellation due to extreme/adverse weather or government restrictions the host club will retain (as agreed with SQZ) overheads plus 20% of race fees to cover their regatta costs. The remaining monies will be refunded to registered clubs/paddlers.

It is the discretion of both SQ Zone and AOCRA as to whether they refund their portions. The action to request the latter will be undertaken by SQ Zone immediately following the official cancellation announcement by the race director.

9. CATERING/FOOD OPTIONS

Gold Coast OCC will be cooking up a storm on the BBQ with a simple and satisfying menu along with cold drinks to stay cool and hydrated. No cash will be used. Cashless facilities available. Coffee van onsite as well.

10. FIRST AID

A qualified First Aid will be onsite at the start of racing and remain onsite until the end of the last race.

Location of First Aid

First Aid will be located right next to the Registration tent.

11. PARTICIPATION RULES

Paddlers are reminded of AOCRA's rules and regulations regarding participating in AOCRA sanctioned events. You are only permitted to take part in this event if you are a recognised competitor, which means:

- You have registered and paid for this event through the AOCRA website (or via club)
- You have provided your canoe number to club registrar
- You are a current financial member of an AOCRA affiliated club, and
- You are a current financial member of AOCRA

Due to insurance implications, if you do not meet ALL of these requirements you are to stay off the race course. Non-competing paddlers are not to use the event courses for training, coaching or recreational paddling in club or personal craft while competitors are on the course.

11.1 RULES FOR CLUB EVENTS

COMPULSORY SANITISING OF ALL CANOES PRIOR TO EACH RACE

As this is an AOCRA sanctioned club event all paddlers (excl. Juniors 19 and Under, Golden Master and Platinum) MUST be members of the same club as recorded in the AOCRA membership database prior to registering to race.

To ensure competitors abide by this rule, and to foster a spirit of fair competition between competing club crews, action will be taken by the SQ Zone committee for any breach of this rule.

Specifically: It is the responsibility of the Registrar or Club Representative acknowledging via QR code - ensures that only club members are registered for the club.

It is the responsibility of each club to ensure that their members are aware of the rules regarding participation in CLUB events and that only bona-fide club members compete in their crews.

11.2 RACE DIVISIONS

Short Course		
Men	Women	Mixed
Young Guns Novice Adaptive Open Master Senior Master Golden Master Platinum	Young Guns Novice Adaptive Open Master Senior Master Golden Master Platinum	19U Novice Adaptive Open Master Senior Master Golden Master Platinum
Long Course		
Men	Women	Mixed
Open Master Snr Master Golden Master Platinum	Open Master Snr Master Golden Master Platinum	Open Master Snr Master Golden Master Platinum
Junior Boys	Junior Girls	Junior Mixed
19U 16U 14U 12U Mighty Minnows (3 Minnows, 2 x 1 st year 12U & passive steerer)	19U 16U 14U 12U Mighty Minnows (3 Minnows, 2 x 1 st year 12U & passive steerer)	19U 16U 14U 12U

*Young Guns Division is a combination of 3 junior paddlers from 16U to 19U and 3 senior paddlers, although each crew can have up to 4 junior paddlers. Either a senior or junior paddler may steer.

**14 years and above must be granted pre-approval by their parents, Coach, Race Director and the SQ Zone to compete in a Senior Division (and completed the senior swim & tread water tests)

11.3 COMPOSITE CREWS

Adult Teams: Golden Master and Platinum from **various clubs** are permitted to race together. Open, Masters and Senior Master teams will be accepted from the same club only.

Requests to race Junior Teams made up of paddlers from various clubs must be emailed to: sqzsec@gmail.com within **14 days** of any Regatta.

11.3 AGGREGATE CREWS (as per new AOCRA rules)

Please email sqzsec@gmail.com with EOI to register for an Aggregate division team at least 14 days before the regatta. In this race the divisions will be < 240, >240, >300, >360 and >420. The numbers reflect the total age of paddlers in a crew. Examples; <240 means that the aggregate age of all crew members should be less than 240 (equivalent to open crew) and >300 means aggregate age must be greater than 300 (equivalent to senior master's crew).

11.4 TRANSFERS BETWEEN CLUBS

Transfers from a losing club to a gaining club must be completed online by both clubs within 7 days of any Regatta. A losing club will not without good cause fail to complete an online transfer.



12. SAFETY

Mandatory safety regulations apply. Please note the following safety requirements.

OC6 Canoe	PFD x 6 Covers 2x Bailers Tow Rope Min 1 x spare paddle
V3	PFD x 3 Covers 2x Bailers Tow Rope Min 1 x spare paddle
OC1	Leg Leash PFD
OC2	Leg Leash 2 x PFD Spare Paddle
V1	Spare Paddle Leg Leash (optional) PFD Bailer
IMPORTANT:	All paddlers 10U must wear a PDF during racing.

- Appointed Club Representative to scrutineer all club OC6 and V3.
- All paddlers of OC1/2 and V1 to scrutineer own craft – spot checks will be conducted
- All craft/canoes are subject to random scrutineering by regatta officials

12.1 LOCATION OF VMR / COAST GUARD/FIRST AID

<p>Coast Guard – Southport Marine Parade Southport QLD 4215 Ph 07 5531 1421</p>	<p>VMR Henchman Drive Southport QLD 4215 Ph 07 5591 1300</p>
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