

MOOLOOLABA AUSTRALIA MAY 18 -19



www.mooloolabaoutriggers.com

2013 NATIONAL MARATHON TITLES
mooloolaba australia

Message from the Minister for Tourism, Major Events, Small Business and Commonwealth Games the Honourable Jann Stuckey

Welcome to the 2013 Outrigger Canoe National Marathon Titles – another great Sunshine Coast experience on Queensland’s dynamic and growing events calendar.

The Newman Government is proud to support this event through Tourism and Events Queensland, recognising the importance of events tourism in driving visitation to Queensland’s regional areas.

Events like this are not only a great source of community pride, they also bring social and economic benefits to the host community. Tourism is one of the largest contributors to the State’s economy and through a genuine whole-of-government approach, supporting events in Mooloolaba will help us achieve our goal to double annual overnight visitor expenditure to \$30 billion by 2020.

The 2013 Outrigger Canoe National Marathon Titles is supported through Tourism and Events Queensland’s Regional Development Program, which assists communities throughout the state. To date, this program has invested more than \$21 million across 976 events since 2001.

I would like to thank the local community, volunteers and event organisers for their terrific efforts in delivering another great event for Queensland and the Sunshine Coast region.

The Hon. Jann Stuckey

Queensland Minister for Tourism, Major Events, Small Business and the Commonwealth Games



A handwritten signature in black ink that reads "Jann Stuckey". The signature is written in a cursive, flowing style.



Welcome from AOCRA

AOCRA would like to welcome you to the 2013 OC6 National Marathon Titles.

If the participation levels at the recent OC6 Zone events this year have been anything to go by, the 2013 Nationals will have record entries.

The towing subsidy recently initiated by the NSW Zone sub-committee will also be a great incentive for paddlers to attend the Nationals and the Gold Coast Cup.

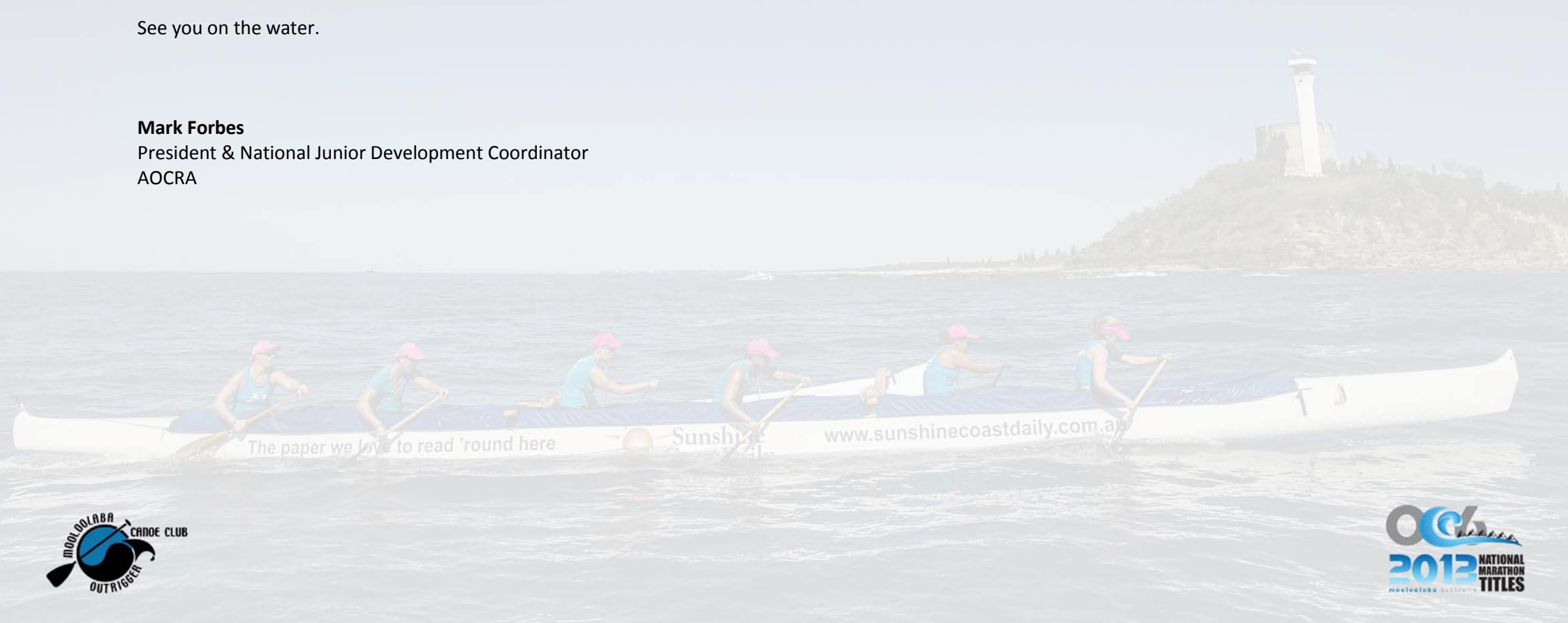
The second annual Aussie Aito will be held in conjunction with the National Marathons and will include competitors from Italy, Cook Islands, New Zealand and all States of Australia. As outriggering countries begin to support and recognise international Aito events, each individual event grows in stature and adds a new level of interest to the National Marathons.

Mooloolaba OCC has a very exciting events program planned and AOCRA is confident that this year will be a huge success.

See you on the water.

Mark Forbes

President & National Junior Development Coordinator
AOCRA



Welcome from Mooloolaba Outrigger Canoe Club

Mooloolaba OCC and its sponsors are proud to once again host the OC6 National Marathon Titles and welcomes paddlers, family and friends from across Australia to Queensland's magnificent Sunshine Coast.

With many paddlers having represented our country internationally in 2012, the achievements were sensational. The results of the World Sprints in Calgary were outstanding with world record performances. The Molokai, Cook Island and New Zealand representatives had exceptional results across OC6, OC1 and V1 events. Congratulations to all participants, coaches, support staff, family and friends.

We are witnessing a new generation of top quality paddlers coming through the ranks, who will ensure our sport is in good hands into the future. This new breed of paddlers is here now and we should all be grateful for the work, foresight and vision that Allan Rasmussen has put into Junior Development over the years. (A huge thank you to Allan & Jenny Rasmussen and coaching assistants.)



This year marks a special occasion on the international racing calendar with the Mooloolaba men attempting their 20th consecutive Molokai Hoe. Mooloolaba OCC is proud to have been part of this team since 1994 and congratulates the commitment of the 62 paddlers and coaches that have been making history for our club and sport. The team has been very fortunate to have had incredible support over the last 20 years. A standout has been Marty and Maata Strecker from Xylo Bladz, who have been there from the beginning. Without Xylo, outrigger canoeing in Australia would not be where it is today and they deserve to be recognised for their role in both growing the sport and for helping Aussie clubs achieve great things around the globe.

A big thank you to AOCRA for their support and, under the leadership of Mark Forbes, for continuing the many initiatives that are showing great rewards for outrigger canoe racing in Australia.

To all the paddlers, families and friends who have made the journey from all parts of Australia, we wish you a pleasant stay and safe racing. Through the generous support of our major sponsors Kamanu Composites Australia, Horizon Canoes & Skis and Excelsior Apartments, at Saturday's presentation evening we will be giving away a brand new Pueo OC1, valued at \$5400, and two nights' accommodation at the Excelsior. All nominated paddlers will be eligible for these great prizes. But remember - you must be at the awards night to claim your prize.

To all our sponsors including Tourism & Events Queensland and Sunshine Coast Regional Council, valued members and volunteers, thank you for your hard work to ensure these Nationals will be another great experience for all. To our Committee, a huge thank you for your hard work and professionalism; you have all put in the hard yards to make these Nationals a success.

Good luck to all participants. Skin off it!

Ron Grabbe

President, Mooloolaba OCC



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\$6,000 worth of prizes

WIN OC1 Pueo Canoe
by Kamanu Composites Australia

WIN 2 Nights Accommodation
at Excellsior Holiday Accommodation Mooloolaba.

Nominate for an event and you'll automatically go in the draw to **WIN**. The more events you nominate for the more chances you'll have at **WINNING**.

Excellsior
Holiday Accommodation

Prize winners will be drawn at the Saturday presentation event. To be eligible you must be at the presentation.



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278 Nicklin Way WARANA Ph. (07) 54933133

The paper we love to read 'round here

Sunshine

www.sunshinecoastdaily.com

Mooloolaba
CANOE CLUB
OUTRIGGER

OC1
2013 NATIONAL
MARATHON
TITLES
mooloolaba AUSTRALIA

Schedule of Events

Saturday, 18 May 2013

6.00am	Registration Opens	Regatta Site	With photo ID
8.30am	Canoe Blessing	Regatta Site	
8.45am	Short Course & 19U Briefing	Regatta Site	
9.00am	Short Course & 19U Race Start – 10km		19U Mixed, Novice Women, Novice Men, Novice Mixed, Open Women, Open Men, Open Mixed, Master Women, Master Men, Senior Master Women, Senior Master Men, Golden Master Women, Golden Master Men, Platinum Master Women, Platinum Master Men
10.15am	Long Course Women Briefing	Regatta Site	
10.30am	Long Course Women Race Start – 18km		Open, Master, Senior Master, Golden Master, Platinum Master
12.15pm	Long Course Men Briefing	Regatta Site	
12.30pm	Long Course Men Race Start – 22km		Open, Master, Senior Master, Golden Master, Platinum Master
4.30pm	Drinks, Dinner & Presentations	Regatta Site	Don't forget the grand prize raffle draw for a new Pueo and Excellior accomm!

Sunday, 19 May 2013

6.00am	Registration Opens	Regatta Site	With photo ID
7.45am	Juniors Briefing	Regatta Site	
8.00am	14U Race Start – 5km		
8.45am	12U Race Start – 3km		
9.30am	16U Race Start – 8km		
10.15am	Senior Mixed & Young Guns Briefing	Regatta Site	
10.30am	Senior Mixed & Young Guns Race Start – 16km		Young Guns Male, Young Guns Female, Open, Master, Senior Master & Golden Master
10.45am + 12.00pm	Juniors & Senior Mixed / Young Guns Medal Presentations	Regatta Site	Juniors medals to be presented after start of Senior Mixed race. Mixed and Young Guns presentations will take place at the completion of their race.

Race Fees & Registration

All Short Course & Senior Mixed	\$30 per paddler per race
All Long Course	\$40 per paddler per race
All Junior races	\$20 per paddler per race

All registration is via the AOCRA website.

Club & Team Registrations due: Friday, 10 May 2013

*** There will be a \$20pp fee for late registrations.**

Sign-in & Wrist Bands

Registration will take place at the Regatta Site – beach side at the end of Parkyn Parade.

Registration times will be:	Saturday, 18 May	From 6.00am
	Sunday, 19 May	From 6.00am

As this is a National titles event, **photo ID will be mandatory**. Please ensure you bring your ID with you when you register. Each paddler must register individually and will receive a colour-coded wrist band depending on their division. No-one can register on your behalf.

Juniors will need to show Student ID or be accompanied by a parent or guardian. Wrist bands must stay on your wrist for the duration of the weekend.

Steerers must sign in their crew before each race. All paddlers will be checked against the nominated team list.

Race Rules

All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules available under the Administration tab on the AOCRA website. However, please note:

Novice Rule: For National Sprints and National Marathon events a novice crew must consist of **5** novice paddlers all in their first year of paddling and an experienced steerer.

Uniform Rule: Per AOCRA regulation B.2.1.1c, as this is a National Title event, teams / competitors must wear matching coloured uniforms (in club colours as registered with AOCRA), as seen above the gunnels of the canoe. Uniforms can be either short or long sleeve so long as they are otherwise matching. Hats are optional.



Canoe Loan

Want to make Nationals a fly-in, fly-out event? Contact us at info@mooloolabaoutriggers.com and we will do our best to assist with canoe loan. Priority will be given to those travelling from outside the SQ Zone.

How to Get Here

Jetstar and Virgin Australia (and sometimes Tiger Airways) fly direct from Sydney and Melbourne to the Sunshine Coast. Flights into Brisbane can transfer to the Sunshine Coast using the quick and convenient services of Sun-air or Col's Airport Shuttle. If driving to the Sunny Coast from north or south, just follow the Bruce Highway and the signs posted for Mooloolaba. Discount car hire is also available. See the offer from **Sunshine Coast Car Rentals** on the last page of this program.

Access to both the areas for trailer parking (river side) and the regatta site (beach side) is via Parkyn Parade in Mooloolaba.

Car Parking



Hopefully, the majority of paddlers will be staying locally and can walk up Parkyn Parade (or the beach) to the regatta site. If you do need to drive, please car pool where possible. Street parking is available on Parkyn Parade.

PLEASE NOTE – THERE IS TO BE NO CAR PARKING BY PADDLERS OR SUPPORTERS IN THE CUL-DE-SAC CAR PARKS AT THE SPIT END OF PARKYN PARADE. THIS AREA IS RESERVED FOR CUSTOMERS OF THE RETAIL OUTLETS IN THE AREA. IF YOU PARK IN THESE SPACES, YOU WILL BE ASKED TO REMOVE YOUR VEHICLE.

Please obey all Council and street signs. **No parking of vehicles of any kind is permitted on grassed areas or outside designated spaces. Council will be out in force, so please don't risk the \$300+ fine!**

Trailer Parking

Trailer parking will be in the boat trailer car park (next to the Coast Guard building) on Parkyn Parade. This is the next large car park on your right **after** the Underwater World / Wharf Precinct car park. Please park considerately and obey all Council signs. If it's particularly good boating weather (i.e. flat), this car park can fill up quickly with recreational boaties. We are working with QLD Transport to cordon off an area specifically for OC6 trailers.

PLEASE NOTE – TRAILERS ARE **NOT** PERMITTED TO USE STREET PARKING OR OTHER CAR PARKS ON PARKYN PARADE. PLEASE USE THE BOAT TRAILER CAR PARK **ONLY** UNLESS OTHERWISE DIRECTED.

Canoe Rigging

Rigging will take place in the boat trailer car park on Parkyn Parade with tyres available to rest canoes on. Please **do not** rig your canoes before Saturday morning as there is not sufficient space to store fully rigged canoes in this car park.

Once your canoe has been rigged on Saturday morning, your crew can launch down the ramp into the Mooloolah River and paddle out the river mouth to the regatta site (takes approx 15-20 mins with a full crew). Please note the Mooloolah River entrance has been defined as a coastal bar and conditions have changed dramatically. Please take care when exiting the river mouth, as sets will break, even when relatively calm. All the usual safety equipment (covers, bailers, PFDs, tow rope, spare paddle) will be required.

Once your day of racing is complete, and if you do **not** require your canoe on Sunday, please paddle Back around to the trailer car park and de-rig. **Overnight storage of canoes on the beach on Saturday night is TBC with Council. Please attend the race briefings for more information.**



Club Tents / Shelters

At high tide there is currently no beach available for shade shelters. We would ask that you erect tents under the trees in the parkland area. You can leave these tents up overnight, if you wish, however please take all belongings with you. **PLEASE NOTE - All tents and other belongings are left at your own risk.**

There will be overnight security, but as this is an open area, it is accessible to the public. It may be better to leave your shelters up to prevent others walking off with them either in error or on purpose. Ensure that all your tent bags and, if possible, the tents themselves, have your club name / logo on them for easy identification. **PLEASE NOTE – COUNCIL HAS REQUESTED THAT NO TENT PEGS BE USED DUE TO UNDERGROUND CABLING IN THE AREA.** Please use weighted material instead (sand bags, etc).



Saturday Dinner, Presentations & Prize Draw

The Saturday presentations will be an all ages, family event at the regatta site. MOCC has worked with Council to allow us to create a function space at The Spit with an earlier doors open time of 4.30pm. This has also allowed us to take control of the catering for the event with a reputable catering company supplying BBQ, veggies and salad on the night. The presentation, BBQ buffet dinner and band will be **FREE** for all Senior & Junior Paddlers wearing a 2013 National Marathon Titles registration wrist band. Additional tickets will be available for non-paddlers (\$20 per adult & \$10 per child under 18 years) at the registration area and on the door. We anticipate a finish time of approx 8.30pm for those who wish to dance the night away at the various Mooloolaba watering holes. Alcohol and soft drinks will be available for purchase at the venue.

Senior paddlers competing in three races at the 2013 National Titles will receive an extra ticket to the Saturday evening function. To claim your ticket, you must verify at the registration area that you have paddled, or will be paddling, in three events.

And most importantly, the grand prize draw will be drawn on Saturday evening. See you there!

\$6,000 worth of prizes

WIN OC1 Pueo Canoe
by Kamanu Composites Australia

WIN 2 Nights Accommodation
at Excelsior Holiday Accommodation Mooloolaba.

Nominate for an event and you'll automatically go in the draw to **WIN**. The more events you nominate for the more chances you'll have at **WINNING**.



Prize winners will be drawn at the Saturday presentation event. To be eligible you must be at the presentation.



Food, Drink & Shopping

There will be a **BBQ** on-site (run by the skilled BBQ chefs from Sunshine Coast Junior Paddling Development), plus the **Espresso Mobile Maroochydore** coffee van.

We will also have a bar area (open to paddlers and supporters over the age of 18 only) operating at the regatta site if you fancy a cold one post-race.

There will be a shopping village of vendors with the below booked in and more TBC. And don't forget to check out the official merchandise tent for your 2013 National Titles souvenirs!



www.paddleshop.com.au

Horizon Canoes & Skis



Race Courses & Tide Times

Conditions will determine the best possible option on the day; however, the diagram below is likely if a good S or SE. Please attend all briefings for confirmation of the final race courses.

Mooloolaba Tides - Saturday, May 18

01.30	1.55m
08.22	0.62m
14.27	1.22m
20.02	0.73m

Mooloolaba Tides - Sunday, May 19

02.32	1.53m
09.17	0.56m
15.36	1.32m
21.19	0.71m



BEACHCOMBER ON THE SPIT

70 Parkyn Parade, Mooloolaba QLD 4577

Phone: 07 5444 0240

Email: info@beachcomberonthespit.com

Web: www.beachcomberonthespit.com

- * 2 bedroom - \$580 for 3 nights
- * 3 bedroom - \$695 for 3 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



CATALINA RESORT

47 Sixth Avenue, Maroochydore QLD 4558

Phone: 07 5443 8666

Email: info@catalinaresort.com.au

Web: www.catalinaresort.com.au

- * 2 bedroom garden view (sleeps 4) - \$360 for 2 nights
- * 2 bedroom garden view (sleeps 4) - \$480 for 3 nights
- * 3 bedroom garden view (sleeps 6) - \$460 for 2 nights
- * 3 bedroom garden view (sleeps 6) - \$630 for 3 nights
- * 2 bedroom ocean view (sleeps 4) - \$400 for 2 nights
- * 2 bedroom ocean view (sleeps 4) - \$540 for 3 nights
- * 3 bedroom ocean view (sleeps 6) - \$500 for 2 nights
- * 3 bedroom ocean view (sleeps 6) - \$690 for 3 nights
- * Rollaway Beds - \$25 per night (max 1 per apartment)
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.

COCO MOOLOOLABA

79-83 First Avenue, Mooloolaba QLD 4577

Phone: 07 5370 1000

Email: stay@cocomooloolaba.com.au

Web: www.cocomooloolaba.com.au

- * Low season rates + 10% discount
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



ELOUERA TOWER

81 Sixth Avenue, Maroochydore QLD 4558

Phone: 07 5443 5988

Email: holiday@eloueratower.com.au

Web: www.eloueratower.com.au

- * 2 bedroom (sleeps 4) - \$360 for 2 nights
- * 3 bedroom (sleeps 6) - \$420 for 2 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



Accommodation Offers - continued

EXCELLSIOR MOOLOOLABA

104 River Esplanade, Mooloolaba QLD 4557

Phone: 07 5477 5555

Email: reception@excellsior.com.au

Web: www.excellsior.com.au

- * 1 bedroom - \$327 for 3 nights
- * 2 bedroom - \$417 for 3 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



HEADLAND GARDENS

7 Juan Street, Alexandra Headland QLD 4572

Phone: 07 5444 4655

Email: info@headlandgardens.com.au

Web: www.headlandgardens.com.au

- * 2 bedroom unit - \$295 for 2 nights
- * 3 bedroom unit - \$342 for 2 nights
- * Discounted rates available for longer stays
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



KALUA HOLIDAY APARTMENTS

5 Parker Street, Maroochydore QLD 4558

Phone: 07 5443 4914

Email: info@kalua.com.au

Web: www.kalua.com.au

- * 1 bedroom unit - \$130 per night; min 2 night stay
- * 2 bedroom unit - \$145 per night; min 2 night stay
- * 3 bedroom unit - \$165 per night; min 2 night stay
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



MANTRA MOOLOOLABA BEACH

Cnr The Esplanade & Venning St, Mooloolaba QLD 4557

Phone: 07 5452 2600 / 1800 811 454

Email: mooloolaba.res@mantra.com.au

Web: www.mantramooloolababeach.com.au

- * Stay 3, pay 2. 1 bedroom - \$207 per night
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



Accommodation Offers - continued

MANTRA SIROCCO

59-75 The Esplanade, Mooloolaba QLD 4557

Phone: 07 5444 1400 / 1800 811 454

Email: sirocco.res@mantra.com.au

Web: www.mantrasirocco.com.au

- * 2 bedroom suite - \$260 per night, minimum 4 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



MANTRA ZANZIBAR

47-51 The Esplanade, Mooloolaba QLD 4557

Phone: 07 5444 5633 / 1800 811 454

Email: zanzibar.res@mantra.com.au

Web: www.mantrazanzibar.com.au

- * 2 bedroom suite - \$228 per night, minimum 4 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



THE MIRAGE ALEXANDRA HEADLAND

6 Mari Street, Alexandra Headland QLD 4572

Phone: 07 5443 9400

Email: accom@miragealex.com.au

Web: www.miragealex.com.au

- * 1 bedroom apartment - \$380 for 2 night stay
- * 1 bedroom apartment - \$525 for 3 night stay
- * 2 bedroom apartment - \$410 for 2 night stay
- * 2 bedroom apartment - \$585 for 3 night stay
- * 3 bedroom apartment - \$510 for 2 night stay
- * 3 bedroom apartment - \$720 for 3 night stay
- * Late check-out of 12 noon on Sunday offered at no extra charge.
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



SEAVIEW RESORT MOOLOOLABA

143 Mooloolaba Esplanade, Mooloolaba QLD 4557

Phone: 07 5444 3400

Email: reception@seaviewresort.com.au

Web: www.seaviewresort.com.au

- * Stay 3 pay for 2. Prices below are for partial ocean views with a \$60 option to upgrade to full ocean views.
- * 1 bedroom - \$430 for 3 nights
- * 2 bedroom - \$490 for 3 nights
- * 3 bedroom - \$600 for 3 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.





SILVER SEA ON SIXTH RESORT

106 Sixth Avenue, Maroochydore QLD 4558

Phone: 07 5451 1200

Email: info@silversearesort.com.au

Web: www.silversearesort.com.au

- * 10% discount off rate card
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



SPINNAKER QUAYS

101-105 Parkyn Parade, Mooloolaba QLD 4557

Phone: 07 5478 3899

Email: info@spinnakerquays.com.au

Web: www.spinnakerquays.com.au

- * 3 bedroom apartment - \$400 for 2 nights
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when booking to ensure they receive the special offer.



TWIN PINES MOTEL

36 Brisbane Road, Mooloolaba QLD 4577

Phone: 07 5444 2522

Email: twinpines@optusnet.com.au

Web: www.twinpines.com.au

- * Queen Room - \$145 per night - No minimum stay - max 2 persons - additional night \$99
- * Twin Room - \$155 per night - No minimum stay - max 3 persons - additional night \$99
- * Family Room - \$165 per night - No minimum stay - max 4 persons - additional night \$99
- * 2 Room Family Room - \$205 per night - No minimum stay - sleeps 5 persons - additional night \$139
- * Paddlers should mention the "2013 Outrigger Canoe Nationals" when phoning direct to ensure they receive the special offer. GET ADDITIONAL NIGHTS ON ANY 1 NIGHT STAY FOR THE WEEKEND OF THE NATIONALS FOR JUST \$99 PER ROOM PER NIGHT



SUNSHINE COAST CAR RENTALS

www.sunshinecoastcarrentals.com.au

Phone: 07 5370 7400

Sunshine Coast Car Rentals, based in Mooloolaba, is offering 10% off all vehicles hired during outrigger canoe paddling events throughout 2013. They are pleased to offer free pick-up and drop-off from the Sunshine Coast airport for bookings of 3 days or more. To obtain the discount, enter or quote the campaign code: SportsEventsDiscount2013

Other accommodation options are available

Please go to www.mooloolabatourism.com.au or www.stayz.com.au for further information.

If you're keen on bringing a caravan or camping, try www.sunshinecoastholidayparks.com.au

