

*Mooloolaba Australia*

*16th - 17th May 2015*

*National OC6 Marathons Titles*



[www.mooloolabaoutriggers.com](http://www.mooloolabaoutriggers.com)



## Welcome

AOCRA would like to welcome you to the 2015 OC6 National Marathon Titles.

Due to the overall increase in AOCRA memberships all recent events have fielded record numbers including teams from Western Australia and Victoria. With this in mind this year's Marathon Titles will provide a very competitive platform for all age categories.



The recent Hawaiian Airlines Sydney Harbour Challenge fielded 124 OC6 crews making it the second largest outriggering event in the World, so Australia is well and truly on the International outriggering map. We are now fielding International enquiries for all our major events including this year's Marathon titles.

The 4th annual Aussie Aito will be held in conjunction with the National Marathons and will include competitors from New Caledonia, New Zealand, the Cook Islands and possibly our latest member Norfolk Island.

The Sunshine Coast Council has provided a fantastic funding package to assist with the running of regional events such as the Marathons. Travel assistance from this funding will be available for Inter Zone teams to encourage maximum participation.

Without a doubt the Mooloolaba OCC will once again turn on a great event and I look forward to seeing you all on the water.

Cheers

**Mark Forbes**

AOCRA President

IVF VP



The Mooloolaba Outrigger Canoe Club once again welcomes all participating Paddlers Australia wide.

A big thank you to my dedicated Committee and Sponsors who have helped deliver over \$300,000 in improvements in the last 18 months. These works can now be showcased at this year's Nationals.

This Year's Event will allow us all to reflect on how far our Great Sport has advanced over the last 12 months.



Our National Adaptive Paddling Development Program under the leadership of Dr Gayle Mayes has given Outrigger Canoeing great exposure culminating with the huge success in Rio and the recognition received at the recent Sporting Wheelies and Disabled Association awards. Mooloolaba is also the proud and very honoured custodian of the Nandjimidji Indigenous Ceremonial Canoe. MOCC looks forward to attracting more indigenous paddlers to this innovative program.

It is with pleasure and excitement that MOCC through the support of our Adaptive Paddlers will be able to officially open our new infrastructure works. This Project allows safe access to the water's edge via a larger and purpose built pontoon, a spacious two metre wide gangway, a new revetment wall and rebuilt hardstand with new security fencing and lighting.

These new facilities have already been recognised as one of the best examples of disabled Marine access Nationally and Internationally.

A big thank you to all volunteers and Sponsors who helped make this Project possible. A special mention must go to the Marina Company's Manager Damien Cook who gave MOCC excellent support throughout this Project.

At this year's National Marathon Titles we will witness great competitive racing in each division to see who will be National Champions for 2015.

The ever growing numbers of Juniors, Novices and Adaptive Paddlers will be show cased once again this year. The nerves and excitement of all the first timers will be remembered for many years to come.

We have a great list of entertainment lined up for our famous Presentation and after Party.

A warm welcome to Family and Friends, good Luck to all participants paddle hard and enjoy.

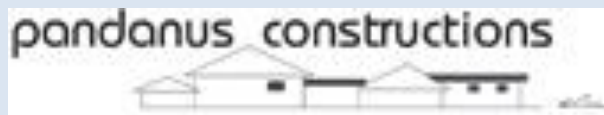
Skinn Off It!!

**Ron Grabbe**

President, Mooloolaba OCC



# Our Valued Sponsors



## Race Rules

All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules available under the Administration tab on the AOCRA website. However, please note:

Women racing in Men's crews must ask for permission before nominating.

**Novice Rule:** For National Sprints and National Marathon events a novice crew must consist of **5** novice paddlers all in their first year of paddling and an experienced steerer.

**Uniform Rule:** Per AOCRA regulation B.2.1.1c, as this is a National Title event, teams / competitors must wear matching coloured uniforms (in club colours as registered with AOCRA), as seen above the gunnels of the canoe. Uniforms can be either short or long sleeve so long as they are otherwise matching. Hats are optional.

## Nomination Information

Nominations will be on-line on the [www.aocra.com.au](http://www.aocra.com.au) site.

All Short Course & Senior Mixed = \$35 per paddler per race

All Long Course = \$45 per paddler per race

All Junior races = \$25 per paddler per race

**Club Nominations due: Monday, 4th May, 2015**

**Team Nominations due: Friday, 8th May, 2015**

There will be a \$20pp fee for late nominations.

**No refunds** given if you decide to scratch your race, no matter what the excuse.

## Facilities on the Day

Food vendors will operate all day over the two day event. Cold refreshments and a coffee van will also be available on-site. There are also retail outlets within the cul-de-sac area.

Paddling merchandise tents will be trading on the day.

**PLEASE NOTE** – There is to be **NO** car parking by paddlers or supporters in the cul-de-sac car parks at the spit end of Parkyn Prd. THIS AREA IS RESERVED FOR CUSTOMERS OF THE RETAIL OUTLETS IN THE AREA. If you park in these spaces you will be asked to remove your vehicle. We also ask that no cars, trailer, vans etc that do not have permission, park within the regatta site. Personal Cooking facilities are NOT PERMITTED within the regatta site. There are BBQ's available within the park area adjacent to the site.

## Sign-in & Wrist Bands

Registration will take place at the Regatta Site – beach side at the end of Parkyn Parade.

Registration times will be: Friday, 15th May 4pm to 6pm (at Mooloolaba outrigger Club Compound)

Saturday, 16th May from 6.30am

Sunday, 17th May from 6.00am

As this is a National titles event, **photo ID will be mandatory**. Please ensure you bring your ID with you when you register. Each paddler must register individually and will receive a colour-coded wrist band depending on their division. No-one can register on your behalf.

Juniors will need to show Student ID or be accompanied by a parent or guardian.

Wrist bands must stay on your wrist for the duration of the weekend.

Steerers must sign in their crew before each race. All paddlers will be checked against the nominated team list.



# Schedule of Events

## **Friday, 15th May 2015**

4pm to 6pm Registration opens: Mooloolaba Outrigger Canoe Club Compound (see map) - with photo ID

## **Saturday, 16th May 2015**

6.30am Registration Opens: Regatta Site - with photo ID

8.15am Canoe Blessing

### **8.30am Short Course & 19U Briefing**

### **9.00am Short Course & 19U Race Start – 10km**

19U, 19U Mixed, \*Novice Women, \*Novice Men, \*Novice Mixed, Open Women, Open Men, Open Mixed, Master Women, Master Men, Master Mixed, Senior Master Women, Senior Master Men, Senior Master Mixed. Golden Master Women, Golden Master Men, Golden Master Mixed, Platinum Master Women, Platinum Master Men, Platinum Master Mixed, Adaptive Men, Adaptive Women, Adaptive Mixed.

\* For National Sprints and National Marathon events a novice crew must consist of 5 novice paddlers all in their first year of paddling and an experienced steerer.

### **10.15am Long Course Women Briefing**

### **10.30am Long Course Women Race Start – 18km**

Open, Master, Senior Master, Golden Master, Platinum Master

### **12.15pm Long Course Men Briefing**

### **12.30pm Long Course Men Race Start – 22km**

Open, Master, Senior Master, Golden Master, Platinum Master

**4.30pm Drinks, Dinner & Presentations at Mooloolaba Outrigger Canoe Club Compound.**

## **Sunday, 17th May 2015**

6.00am Registration Opens: Regatta Site - with photo ID

### **7.00am Juniors Briefing**

### **7.30am Minnows – 1km**

### **8.00am 14U Race Start – 5km**

### **8.45am 12U Race Start – 3km**

### **9.30am 16U Race Start – 8km**

### **10.00am Senior Mixed & Young Guns Briefing**

### **10.30am Senior Mixed & Young Guns Race Start – 16km**

Young Guns Male, Young Guns Female, Adaptive, Senior Mixed (Open, Master, Senior Master, Golden Master & Platinum)

**1pm Presentations at Mooloolaba Outrigger Canoe Club Compound. Food & drinks**



## Race Courses

Conditions will determine the best possible option on the day; however, the diagram below is likely if a good S or SE. Please attend all briefings for confirmation of the final race courses.



## Trailer Parking

Trailer parking will be in the boat trailer car park (next to the Coast Guard building) on Parkyn Parade. This is the next large car park on your right **after** the Underwater World / Wharf Precinct car park. Please park considerately and obey all Council signs. If it's particularly good boating weather (i.e. flat), this car park can fill up quickly with recreational boaties. We are working with QLD Transport to cordon off an area specifically for OC6 trailers.

**PLEASE NOTE** – TRAILERS ARE **NOT** PERMITTED TO USE STREET PARKING OR OTHER CAR PARKS ON PARKYN PARADE. PLEASE USE THE BOAT TRAILER CAR PARK **ONLY** UNLESS OTHERWISE DIRECTED.

## Canoe Rigging

Rigging will take place in the boat trailer car park on Parkyn Parade with tyres available to rest canoes on. Please **do not** rig your canoes before Saturday morning as there is not sufficient space to store fully rigged canoes in this car park. Once your canoe has been rigged on Saturday morning, your crew can launch down the ramp into the Mooloolah River and paddle out the river mouth to the regatta site (takes approx 15-20 mins with a full crew). Please note the Mooloolah River entrance has been defined as a coastal bar and conditions have changed dramatically. Please take care when exiting the river mouth, as sets will break, even when relatively calm. All the usual safety equipment (covers, bailers, PFDs, tow rope, spare paddle) will be required.

Once your day of racing is complete, and if you do **not** require your canoe on Sunday, please paddle back around to the trailer car park and de-rig. **Overnight storage of canoes on the beach on Saturday night is TBC with Council. Please attend the race briefings for more information.**



## Canoe Loan

Want to make Nationals a fly-in, fly-out event? Contact us at [info@mooloolabaoutriggers.com](mailto:info@mooloolabaoutriggers.com) and we will do our best to assist with canoe loan. Priority will be given to those travelling from outside the SQ Zone.

## Site Map



## Club Tents / Shelters

At high tide there is currently no beach available for shade shelters. We would ask that you erect tents under the trees in the parkland area. You can leave these tents up overnight, if you wish, however please take all belongings with you. **PLEASE NOTE - All tents and other belongings are left at your own risk.**

There will be overnight security, but as this is an open area, it is accessible to the public. It may be better to leave your shelters up to prevent others walking off with them either in error or on purpose. Ensure that all your tent bags and, if possible, the tents themselves have your club name / logo on them for easy identification. **PLEASE NOTE – COUNCIL HAS REQUESTED THAT NO TENT PEGS BE USED DUE TO UNDERGROUND CABLING IN THE AREA.** Please use weighted material instead (sand bags, etc).

## Saturday Dinner, Presentations

The Saturday presentations will be an all ages, family event at the MOCC Compound. The presentation, dinner and band will be **FREE** for all Senior & Junior Paddlers wearing a 2015 National Marathon Titles registration wrist band. Additional tickets will be available for non-paddlers (\$20 per adult & \$10 per child under 18 years) at the door. Alcohol and soft drinks will be available for purchase via a ticket system (these will be available to be purchased on the night).



# Accommodation Packages

## **BEACHCOMBER ON THE SPIT**

70 Parkyn Parade, Mooloolaba QLD 4577

Phone: 07 5444 0240

Email: [info@beachcomberonthespit.com](mailto:info@beachcomberonthespit.com)

Web: [www.beachcomberonthespit.com](http://www.beachcomberonthespit.com)



\* 3 Nights: 2 Bedroom \$580.00

\*2 Nights: 2 Bedroom \$410.00

\*3 Nights: 3 Bedroom \$695.00

\*2 Nights: 3 Bedroom \$515.00

Our beautiful modern apartments are fully self-contained with secure underground car parking, lift access, heated pool and BBQ area. With direct beach access, we are located at 70 Parkyn Parade, Mooloolaba

\* Paddlers should mention the "OUTRIGGER" when booking to ensure they receive this special offer.



## **RAFFLES MOOLOOLABA**

65-69 First Avenue, Mooloolaba QLD 4557

Phone: 07 5444 0077, Fax: 07 5444 3708

Email: [info@rafflesmooloolaba.com.au](mailto:info@rafflesmooloolaba.com.au)

Web: [www.rafflesmooloolaba.com.au](http://www.rafflesmooloolaba.com.au)

One bedroom deluxe spa apartment - 2 nights \$330      3 nights \$450

Two bedroom deluxe spa apartment - 2 nights \$440      3 nights \$510

Applies to direct bookings only. Paddlers should mention "outrigger nationals" when making bookings.

## **COCO MOOLOOLABA**

79-83 First Avenue, Mooloolaba QLD 4577

Phone: 07 5370 1000

Email: [stay@cocomooloolaba.com.au](mailto:stay@cocomooloolaba.com.au)

Web: [www.cocomooloolaba.com.au](http://www.cocomooloolaba.com.au)



2 nights in a 1 bed deluxe \$400

2 nights in a 2 bed deluxe \$520

2 nights in a 1 bed ocean view \$480

2 nights in a 2 bed ocean view \$540

Booking can be done directly at [www.cocomooloolaba.com.au](http://www.cocomooloolaba.com.au)

Paddlers should mention "outrigger nationals" when making bookings.

## **PENINSULAR BEACHFRONT RESORT**

13 Mooloolaba Esplanade, Mooloolaba QLD 4557

Phone: 07 5444 4477

Email: [info@peninsular.com.au](mailto:info@peninsular.com.au)

Web: [www.peninsular.com](http://www.peninsular.com)



**Arrive 16/05/15 & depart 18/06/15 (2 nights)**

1brm fully self-contained oceanfront apartment – Rack rate \$540.00, special rate \$400.00 (2 nights)

2brm fully self-contained oceanfront apartment – Rack rate \$620.00, special rate \$450.00 (2 nights)

3brm fully self-contained oceanfront apartment – Rack rate \$760.00, special rate \$600.00 (2 nights)

Paddlers should mention "outrigger nationals" when making bookings.

## **PACIFIC BEACH RESORT**

95 The Esplanade, Mooloolaba QLD 4557

Phone: 07 5444 4733

Web: [pacificbeach.com.au](http://pacificbeach.com.au)



2 bedroom apartments. 1 queen bed & 2 single beds each. \$400.00 per room for 2 nights

3 bedroom apartments. 1 queen bed & 4 single beds each. \$534.00 per room for 2 nights

3 bedroom apartments. 2 queen beds & 2 single beds each. \$534.00 per room for 2 nights

If this pricing is accepted I will need a deposit of \$200.00 per room please and the balance one week before arrival.

Paddlers should mention "outrigger nationals" when making bookings.





## NEWPORT MOOLOOLABA APARTMENTS

135 Parkyn Parade, Mooloolaba QLD 4557

Phone: 07 5444 4833 Free Call: 1800 645 410

Email: [info@newportmooloolaba.com.au](mailto:info@newportmooloolaba.com.au)

Web: [www.newpoertmooloolaba.com.au](http://www.newpoertmooloolaba.com.au)

Newport Mooloolaba would like to offer a 30% discount on our rack rates. These discounts can be found on our website or by calling direct.

Paddlers should mention "outrigger nationals" when making bookings.



## SPINNAKER QUAYS

101-105 Parkyn Parade, Mooloolaba QLD 4557

Phone: 07 5478 3899

Email: [info@spinnakerquays.com.au](mailto:info@spinnakerquays.com.au)

Web: [www.spinnakerquays.com.au](http://www.spinnakerquays.com.au)

3 bedroom apartments at \$420 for the 2 nights (normally \$520 for 2 nights).

Paddlers should mention "outrigger nationals" when making bookings.

Please go to [visitsunshinecoast.com.au](http://visitsunshinecoast.com.au)

[www.mooloolabatourism.com.au](http://www.mooloolabatourism.com.au)

[www.stayz.com.au](http://www.stayz.com.au) for further information.

If you're keen on bringing a caravan or camping, try [www.sunshinecoastholidayparks.com.au](http://www.sunshinecoastholidayparks.com.au)

