

# KRT Ocean Downwind Race 4



## Woolgoolga to Coffs Harbour NSW

Dates: KRT Australia Ocean Downwind 25 KMS Saturday 27th August 2022

# WELCOME MESSAGE AOCRA

On behalf of the Board of the Australian Outrigging Canoe Racing Association (AOCRA), it is with great pleasure that I welcome athletes, coaches, sponsors, officials, guests and supporters to Race 4 of the inaugural 2021/22 AO Ocean Downwind Series, hosted by Pacifica Canoe Club in association with AOCRA. It is a great honour to host this inaugural event; which is the fourth of a six race series, in Coffs Harbour.

This event is a significant celebration of athletic excellence, camaraderie and leadership with the country's top downwind paddlers in OC1, OC2, V1 and Ocean Skis competing in the races in this series. Bring on the weather for a great ocean downwind race.

We thank the Coffs Harbour City Council and our Series sponsors: Ozone Australia, KRT Australia, and MARGEN. Thanks as well to the local community for embracing the visiting competitors, officials, volunteers and supporters.

I would also like to wish every participant the very best of luck in this race and hope all the spectators have a wonderful weekend. This is a great location to run a 25 kms downwind event for outriggers and ocean ski competitors. While you compete with each other, we ask that you respect the same rules, share the ocean, the power and the spirit of outrigging with your fellow paddlers.

Enjoy the experience everyone.



*Michael Seay*  
President AOCRA Ltd



# Welcome from Pacifica Canoe Club



Oi you mob!

Hello from the Coffs Coast.

AOCRA and Pacifica Canoe Club wish to acknowledge the traditional custodians of the land and pay respect to the Gumbaynggirr people and their Elders past, present and emerging.

Pacifica Canoe Club would like to extend a warm welcome to all paddlers, coaches, family and friends to our event in the Australian Outriggers Ocean Downwind series.

Coffs Harbour is located on the north coast of NSW approximately half way between Sydney and Brisbane. The KRT Australia Saturday 25km course will take paddlers through the Solitary Islands Marine Park on their way from Woolgoolga to Coffs Harbour.

The course offers spectacular views and experiences of Coffs Harbour coastline, hinterlands and the Solitary Islands Marine Park.

**Mike Mills Thom**

President



# AO Ocean Downwind Series Event Information

## ...What is it!!



We are pleased to announce an ocean downwind series in a variety of waters around Australia. With international travel restrictions impacting race events, there is real demand for more ocean racing events in Australia. As leaders in ocean downwind racing we are offering more single canoe racing opportunities.

This a progressive competition pathway for OC1 paddlers wanting to compete at the 2023 ICF OC1 Oceania Championships and other prestigious events. These races are ocean downwinders offering distances between 20 – 27kms.

Those keen to be series champions will aim to compete in all races to be eligible for the Prize Pool. The leader board is updated after each race to highlight the potential 'series leaders'. The AOCRA Rules point system will be applied to the first 6 placings for each division. To make this event worthwhile, AOCRA are offering cash and prize incentives thanks to sponsors partnering with us. There is \$5K in the prize pool and more coming. We are awarding Leader Caps for race winners and trophies for series champions. There must be at least 3 nominations in each division available, otherwise competitors will be moved to the next division down.

OC2 canoes are welcome to enter Opens and Masters divisions along with V1 canoes depending on the race and weather conditions on the day. We welcome Ocean Ski paddlers competing in readiness for 2023 ICF Oceania Championships as well. Non AOCRA members racing ocean skis watch out for updates on processing your nomination.

### Prize Pool

Competing at all races will maximise your opportunity to be in the top 3 placings in your nominated division. The prize pool will be allocated based on the number of divisions per canoe discipline. There must be a minimum of 3 nominations per division across at least 3 races for a division to be eligible for prizes. OC1/ OC2 /Ocean Ski are the eligible canoe disciplines to date. For V1 to be included there will need to be at least 3 nominations in 1 or more divisions for the next 3 races in the series. You need to be physically present at the final race to be eligible to draw a number and spin the prize wheel for cash and prizes.



# Race Rules and Safety

All AOCRA rules and regulations will be enforced, as per the rules on the [AOCRA](#) website.

Please note:

- The start time is flexible at the Race Directors discretion to maximise race conditions and may start from 10am to 12pm Saturday 27th<sup>th</sup> August to ensure a great and safe downwind race.
- Junior Participation is allowed in the Open Division. Juniors must have turned 16 in the year of competing and will be required to ask permission from AOCRA to participate prior to online registration. Parental permission forms and information regarding level of experience must be completed and sent to [secretary@aocra.com.au](mailto:secretary@aocra.com.au).
- The AO Ocean Downwind Race 4 start will be on the water between IRBs and end with a beach finish chute.
- Mobile phones with Safetrx activated on continuous must be carried by competitors.
- Competitors in distress or are unable to continue at the discretion of the safety boat crews and/or Race Director will be directed to the nearest evacuation points: [Pacifica POI](#)

## FIRST AID WILL BE ON SITE

There will be a designated first aid area on site and first aid/CPR in each safety boat on the water.

**This is a COVID-19 Compliant Event**



# This is a COVID-19 Safe Event



## COVID SAFE EVENT PLAN

A COVID Safety Plan has been developed for this Event.

In this constantly changing COVID-19 landscape, the regatta will operate in accordance with the relevant NSW COVID safety requirements, to ensure that your participation in this event is as safe as reasonably possible.

For this reason, Pacifica will be implementing guidelines to ensure a safe environment to prevent the spread of COVID -19 and asks all those attending to follow the below minimum requirements:

- Please do not participate if you are experiencing any symptoms relating to COVID-19 or feeling unwell;
- Please support 1.5m physical distancing where possible, including:
  - o at points of mixing or queuing.
  - o between seated groups.
  - o between staff/volunteers.

For the most up to date information regarding NSW COVID-19 safety guidelines please refer:

<https://www.nsw.gov.au/covid-19/stay-safe/rules/people-in-nsw#toc-sport-exercise-and-outdoor-gatherings>



# Nomination Information



Nominations to be completed through the [AOCRA](https://www.aocra.com.au) website. *It is not possible to register on the day.* If club registrars are having problems with registration, please email [support@aocra.com.au](mailto:support@aocra.com.au)

## Divisions per Canoe discipline:

OC1 - Open , Master, Senior Master, Golden Master, Platinum.

OC2 - Open, Masters

V1 – Open, Masters

Ski – Open, Masters

**Race Fee - Saturday:** \$110 per paddler.

**Nominations due by:** 11:59 PM (AEST) on **21<sup>st</sup> August 2022.**

The RACE DIRECTOR will have the discretion to not allow late registrations to paddle if there is concern regarding the paddler/safety boat ratio.

**V1 competitors** will proceed dependent on the suitability and safety of the course at the discretion of the Race Director.

**No refunds** given if you decide to scratch your race, no matter what the reason.



# Flights to and from Coffs Harbour



There are a number of flights and times available which will allow competitors time to paddle, party, and return home.

- VIRGIN, REX and QANTAS have Friday afternoon flights ex Sydney arriving in Coffs 15:25, 16:05, 16:20 and 20:10
- VIRGIN and QANTAS have early flights Saturday morning arriving 8:35 and 9:35
- VIRGIN, REX and QANTAS have Sunday afternoon flights returning to Sydney leaving at 16:14, 16:30 and 16:45.

## OC1/2 & V1 Canoe Transport to the event

We are working with a craft transport provider for your OC1 /2 & V1 to get there for the race safe and sound. A renowned safe pair of hands in covered transport from Sydney. North and south Sydney pick up venues and dates to be announced subject to demand. Please email transport enquiries to Justin: [pacificacanoeclub@gmail.com](mailto:pacificacanoeclub@gmail.com)

## Transport to race start

- For those flying in, or those without their own transport, arrangements have been made for you and your craft to get to race start from Coffs Harbour on Saturday morning after briefing. Competitors requiring this transport are to email Justin [pacificacanoeclub@gmail.com](mailto:pacificacanoeclub@gmail.com) to secure a spot on the bus.
- For those needing their own vehicle driven back from the start, a limited number of support staff may be utilized to transport your vehicle back to the finish upon request. See the Pacifica team on the day.





# Schedule of Events



Please note times are approximate and we ask paddlers be ready prior to times indicated. Event Times and Courses may be altered at discretion of Race Director to give the best race conditions for competitors. These announcements will be shared on [AOCRA | Facebook](#) and [Pacifica Canoe Club | Facebook](#) pages.

Schedule of Events			
Day	Time	Location	Event
Saturday 27th August	8:30am	Pacifica Club carpark area	Registration - AO KRT Race 4 downwind 25km
	10:30am	Pacifica Club carpark area	Competitors briefing - all classes
	12:00pm	Woolgoolga beach	Marshalling and safety gear checks
	12:30pm	Wave 1 start	Womens OC1, Womens OC2, All V1
	12:45pm	Wave 2 start	Mens OC1, Mens OC2 and Womens ski
	1:00pm	Wave 3 start	Mens ski
	4:00pm (approx)	Pacifica Club venue	Presentations

**Check the leaderboard on Webscorer and thanks for racing the AO Ocean downwind race**

## AO Ocean Downwind Series 2021/22

Get ready for the remaining race in this series:

- Race 5 on 8th October 2022 Poly Va'a race, Qld



# KRT Australia Ocean Downwind Race 4: 25km

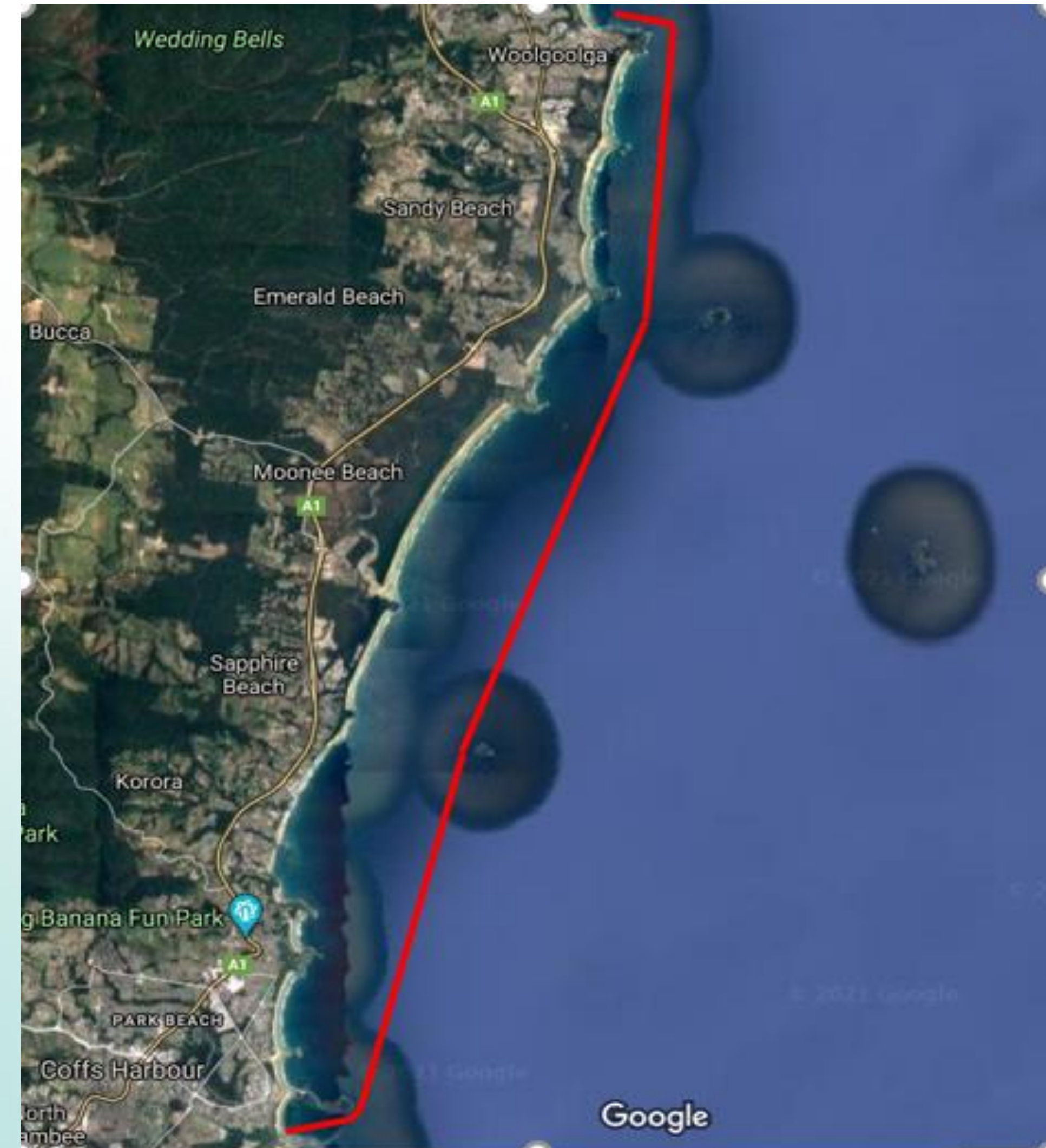
Click for course details for start/finish, hazards and evacuation points: [Pacifica POI](#)

## Saturday 27<sup>th</sup> August 2022 Woolgoolga to Coffs Harbour

We intend to provide for the best downwind conditions to conduct the race. The start time of the race and direction may be altered to maximise downwind conditions.

This course can be run in reverse and conditions on the day will determine best course as determined by the Race Director.

Attend race briefing for more course confirmation.



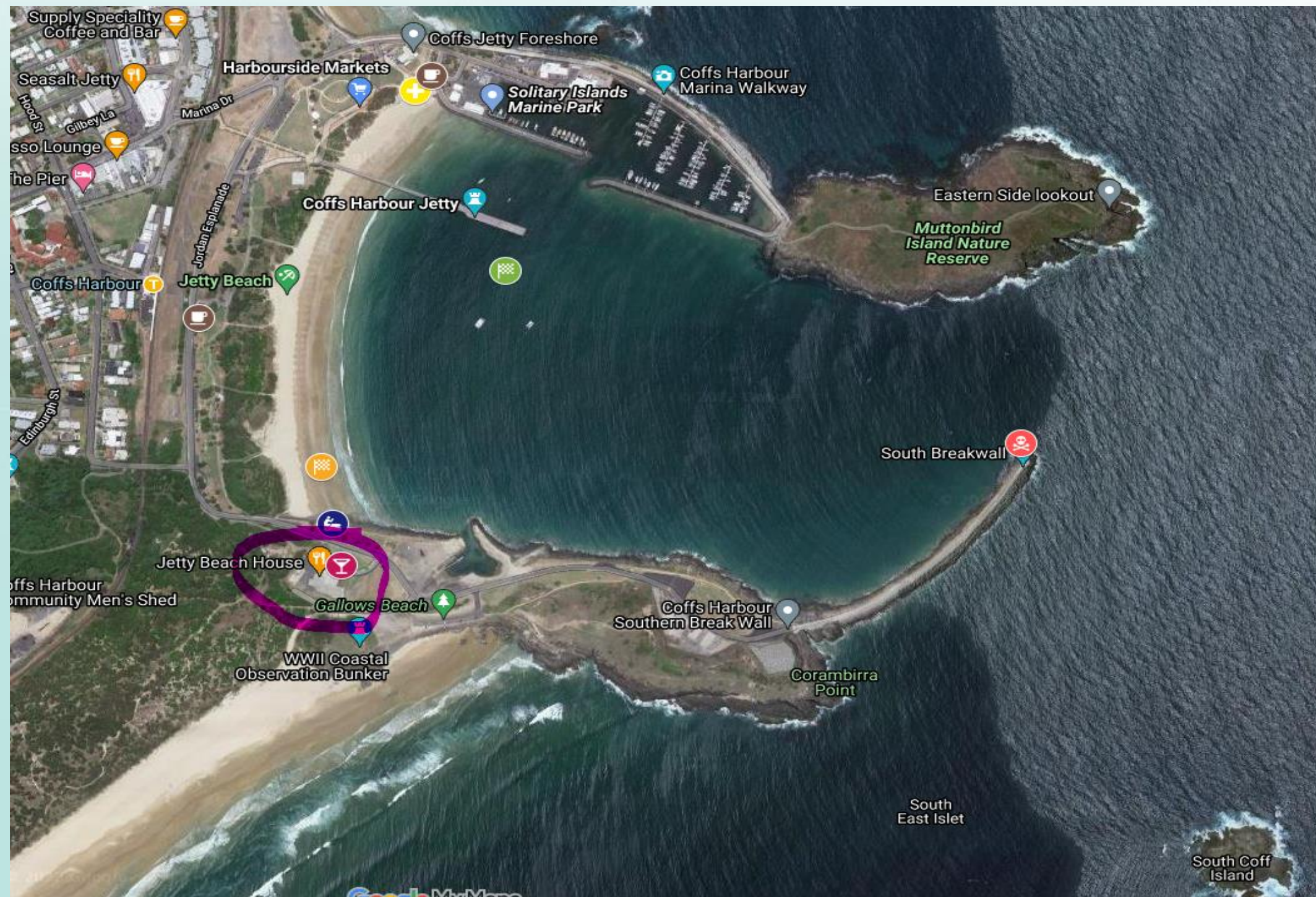
# Race Registration and Safety - Coffs Harbour

Southern jetty area of Coffs Harbour on Jordan Esplanade is where you will find Pacifica Club.

All Registration for this event will take place at Pacifica Club car park overlooking the harbour (under the Jetty Beach House)

Competitors must register in person at the registration area to sign-in.

The registration team will allocate numbers written on the wrist of competitors and ensure Safetrx app is installed. All competitors must show their ID number at the finish chute to record a result.



## Safety

Please note the **minimum** safety requirements for this event include :

- Spare paddle to be carried for all canoe paddlers
- Mobile phone must be taken per craft running Safetrx app on continuous tracking
- PFD to be worn by all competitors for the period of the race. **No inflatable PFD's allowed.**
- Leash attaching paddler to craft to be worn by all competitors for the period of the race



# Start location at Woolgoolga, parking, rigging and marshalling



# Woolgoolga start line and navigation

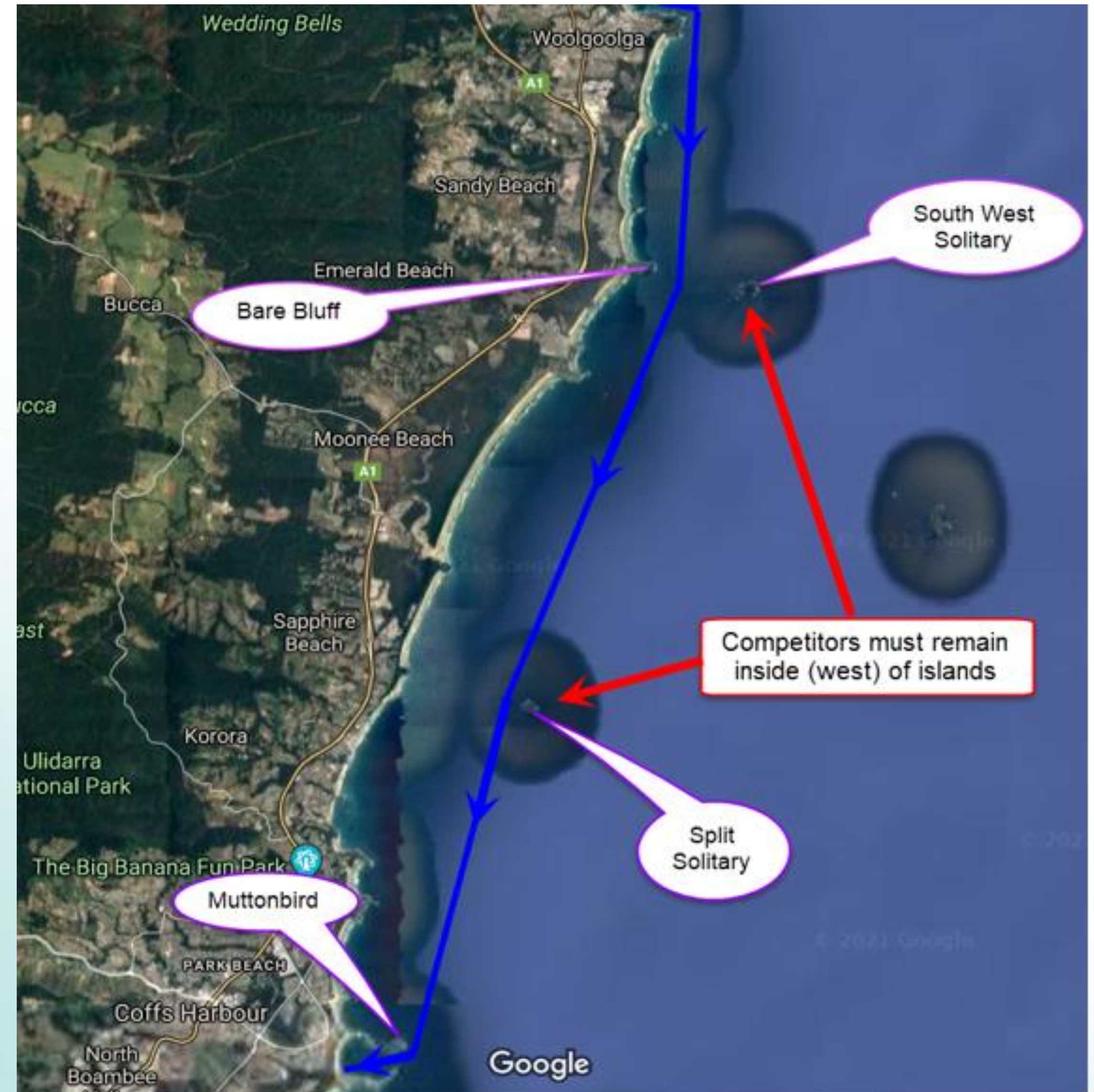


- Competitors to marshal on the beach prior to getting on the water
- Race Director and safety team will check safety gear and mark competitors off before getting on the water
- Race Director will be on a jet ski and organise craft to line up between IRBs for a fair start
- Race Director will hold start until a suitable line is formed
- All competitors are to paddle east and around a safety boat marking the hazard at Woolgoolga headland



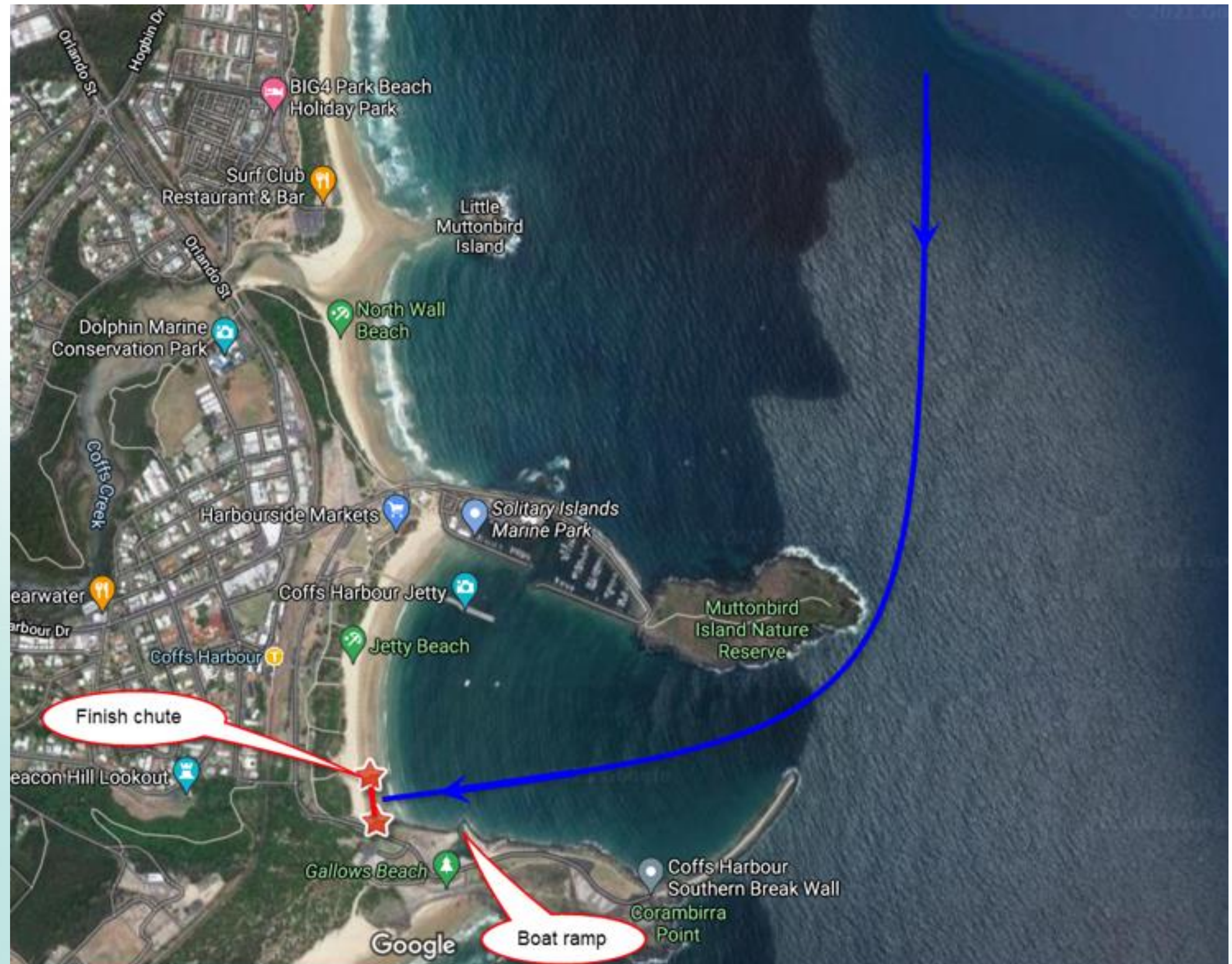
# Race course details and navigation

- After the start and first turn south from Woolgoolga headland competitors should navigate slightly right-of-centre between Bare Bluff and (the closest) South West Solitary Island.
- There is a hazardous reef approx. 50m directly east of Bare Bluff
- Distance from start and between South West Solitary / Bare Bluff is approximately 6.5km.
- The next major island will be Split Solitary. Aim to be close to the inside (west side) of this island which is approximately 16km from the start. Being close to this island is the optimum racing line. You will see yellow marine park markers around this island.
- Competitors are always to remain inside (west) of the major islands of South West Solitary and Split Solitary Islands.
- Upon paddling past the second major island of Split Solitary heading south, paddlers will be able to line up the mainland-connected Muttonbird Island which is the northern entrance to Coffs Harbour. Muttonbird is the eastmost point you can see from Split Solitary.
- As you round the tip of Muttonbird Island, aim for the southern end of the beach area of the harbour.
- As you hit the beach you will have paddled approximately 25km.



# Coffs Harbour finish line and navigation

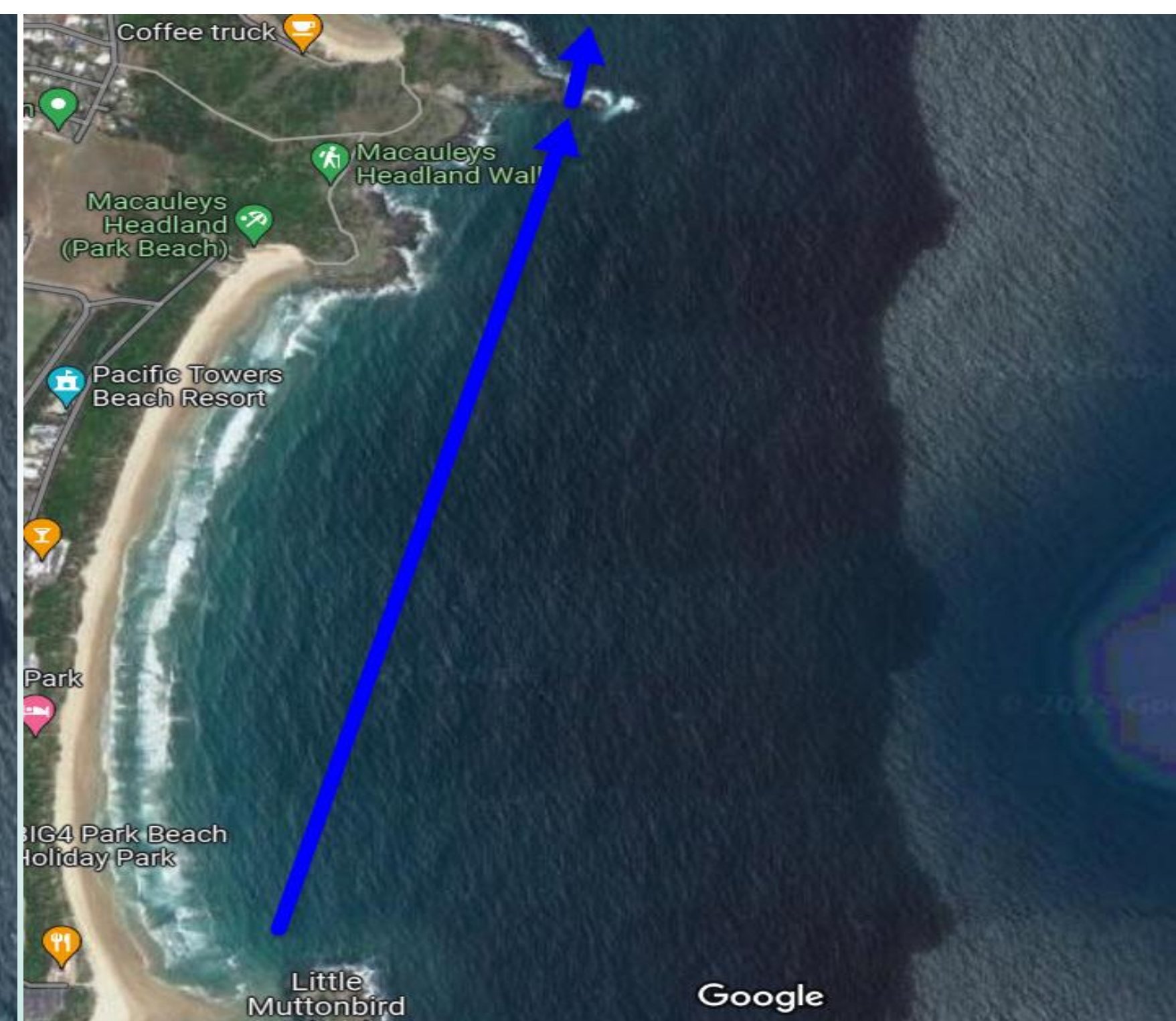
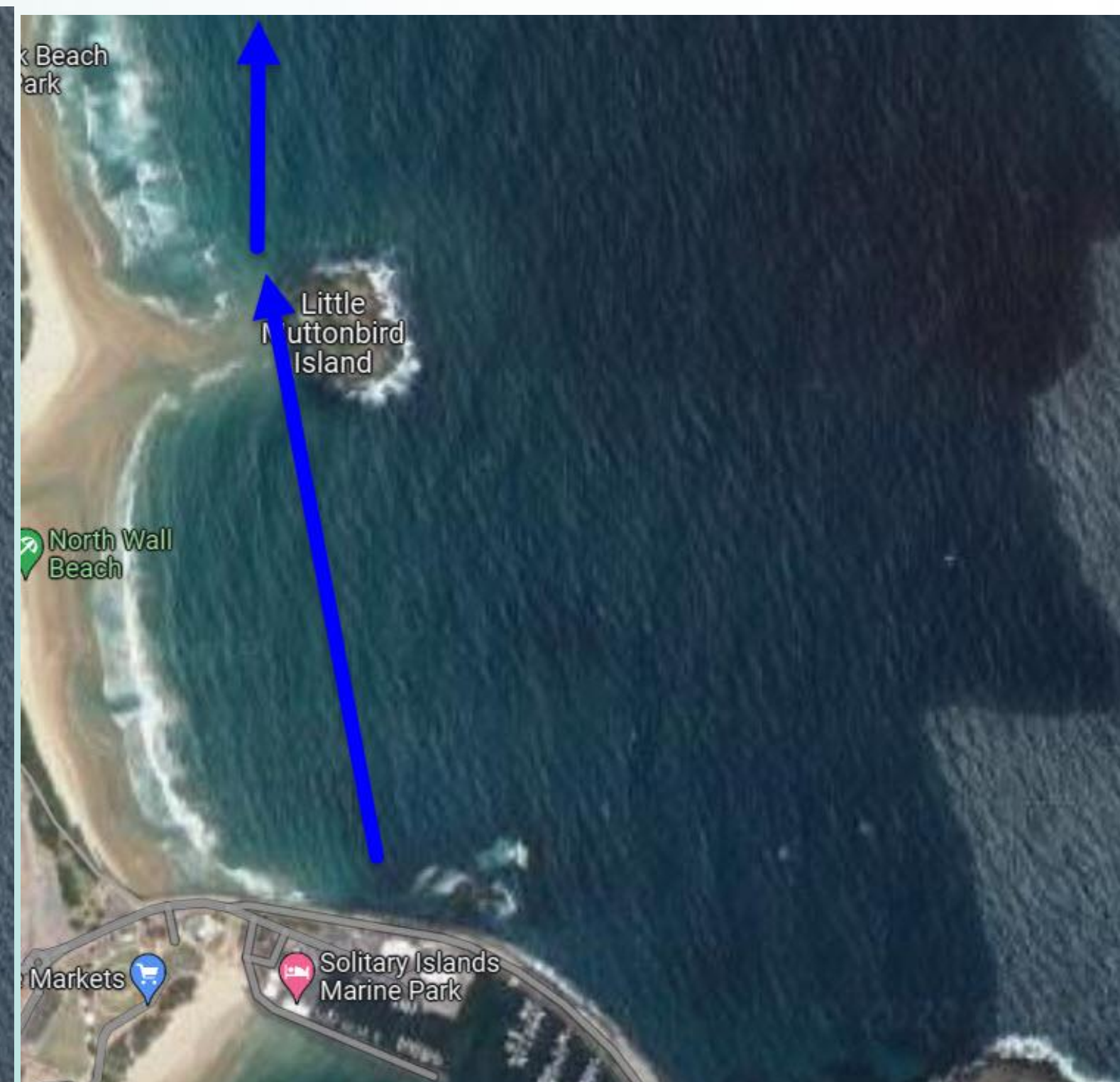
- As you round the tip of Muttonbird island and enter the harbour, be aware of local commercial and recreational marine traffic.
- You will be aiming for the southernmost end of the jetty beach, ie, you need to veer across the harbour to go to the furthest side.
- Be aware just before you hit the beach is the entrance to Coffs Harbour boat ramp on LHS which is often busy with recreational craft.
- Be also aware of swimmers in this well-protected jetty beach area as you near the beach.
- The finish line will be onto the sand and run up a chute marked with flags.
- There are plenty of grassed areas away from vehicle and pedestrian traffic to load, rig and derig craft at the southern end of jetty beach, foreshores area and around the Pacifica Club venue.



# Alternate race course navigation

At the Race Director's discretion an alternate course may be used:

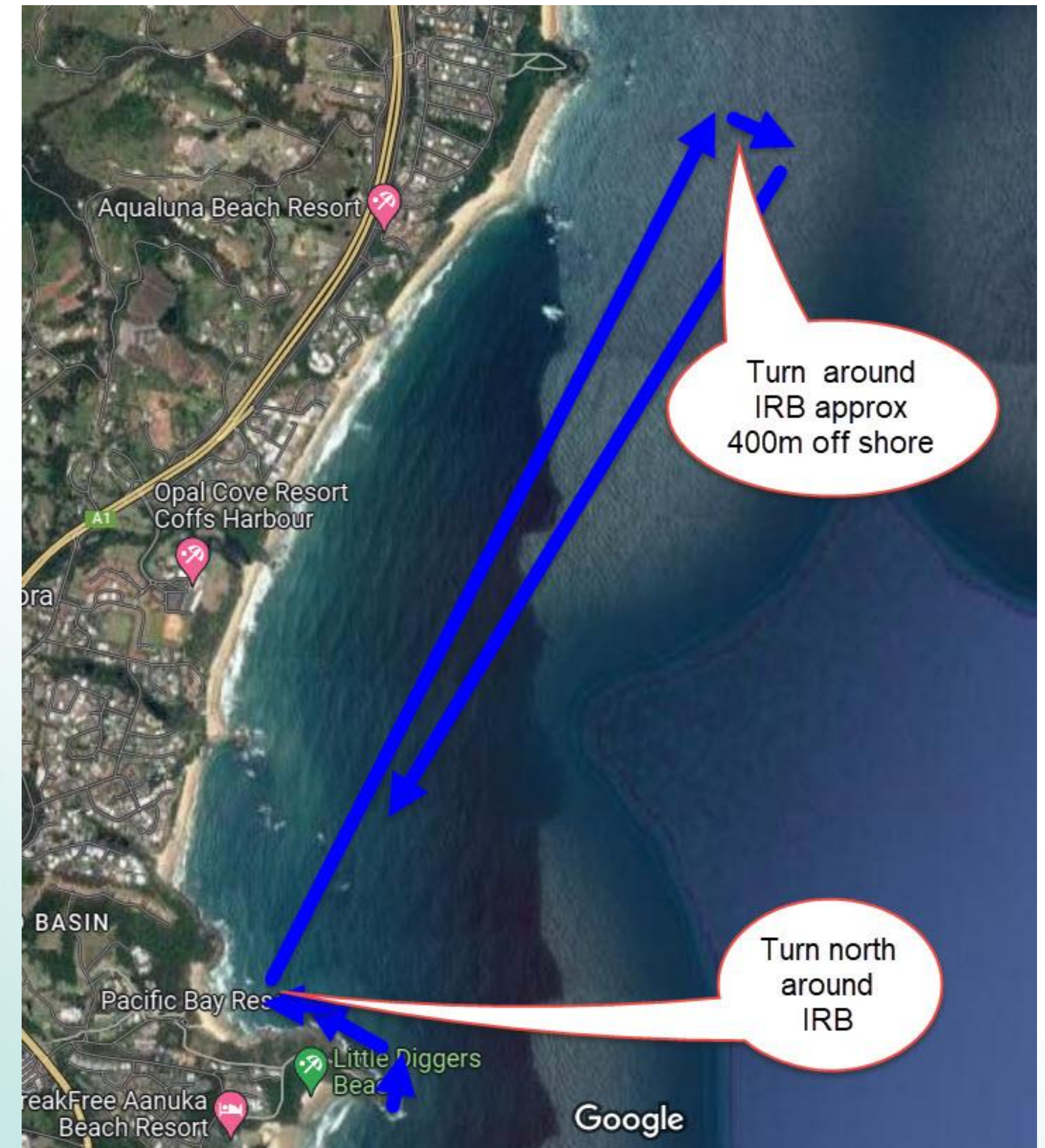
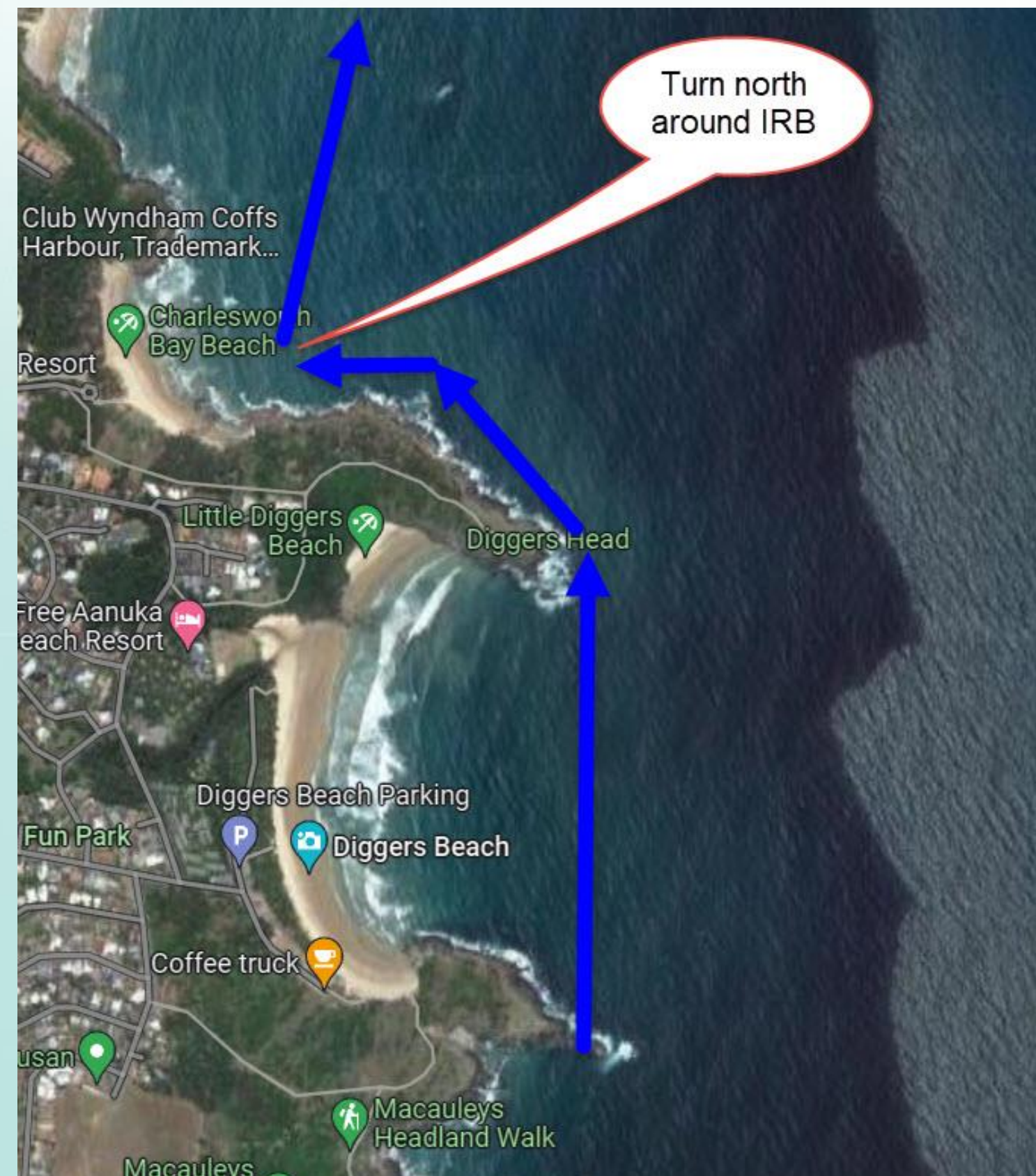
- After the start between IRBs at the jetty, paddle out and left around Muttonbird Island then west toward the north wall.
- Navigate between the north wall and the north wall reef to turn right after the reef.
- The next small island will be Little Muttonbird approx. 500m away from the north wall. Aim to the inside (west side) of this small island.
- Continue north toward the next easterly point at Macauley Headland





# Alternate race course navigation

- Continue north to the next headland Diggers and follow the coast in to the first safety boat turn.
- From the first safety boat turn, continue north approximately 4km to the final safety boat turn-around point.
- Paddlers must return the same route to finish at the southern end of the jetty beach.



## Safety Plan and Personnel

- All safety boats will have first aid and CPR personnel on board
- All safety boats will have emergency communication on board
- St Johns Ambulance personnel will be available at the finish
- AED Defibrillator will be readily available on safety boats
- All competitors will have safety gear checked before getting on the water

## Presentations

Saturday: 4:00pm after race at a Pacifica Club venue

## Facilities on the Day

- Woolgoolga: shops, cafés and bakery within 100m of the race start area at Woolgoolga right beside beach access including a café at the surf club.
- Coffs Harbour: The Coffs jetty precinct boasts cafés, popup coffee vans, restaurants and takeaways outlets.



# Cancellation Policy

AOCRA Refund Policy effective 30 November 2021  
The Nomination Fee



Total Nomination Senior Fee:	\$110:00
Host Club:	\$ 0.00
Zone:	\$ 0:00
AOCRA:	\$110:00

## AOCRA Refund Policy in the event of Postponement and or Cancellation

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.

### Nominee Cancellation Prior to the Event Date

#### Change of Mind or Unable to Attend

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund.

AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs.

The nominee cannot request a refund on the day of the event or after the start date of the event.

### Host Postpones or Cancels the Event

#### Host Giving Notice of Postponement or Cancellation

The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

#### Event Postponed

Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event.

A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, Host Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).

The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.

The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

#### Event Cancelled

The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.

Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.

Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.

The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

The Zone reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

#### Refund Payment

Refunds will be processed within 30 days of cancellation via the same method used for payment.



## Thanks to our sponsors:

Your support is greatly appreciated by all for this Ocean Downwind race event. A special mention to:  
[Mills Thoms Mechanical Repairs](#)

