

How to become a Level One Outrigger Canoe Coach

Here are the three key steps required to become a Level One Outrigger Canoe Coach.

AOCRA strongly encourage clubs to help their members achieve Qualified Coaching status, to ensure there is coaching capability in every club to coach paddlers safely and manage- risk.

Step 1: Prerequisites

To become a Coach a candidate must:

1. be a member of and hold Current financial status with the National Body of AOCRA and an affiliated AOCRA Club
2. be 18 years of age at the time Qualification
3. have a minimum of 3 years outrigger paddling experience
4. have a thorough understanding of the AOCRA Rules and sound knowledge of all aspects of outrigger canoe safety, paddling and steering.

Before attending a Level One Outrigger Specific Coaching Course, candidates must obtain the following:

5. A Senior First Aid Certificate (HLTAID003) and Cardiopulmonary Resuscitation (CPR)(HLTAID001) Certificate
6. The relevant Sport Australia/AIS Qualifications. Registrar with Sport Australia online Learning Portal via <https://learning.ausport.gov.au/auth/login/?returnUrl=%2F> and <https://www.playbytherules.net.au/online-courses> complete:
 - Community Coaching Principals Certificate (CCP)
 - PBTR - Harassment & Discrimination Certificate (HD)
 - PBTR - Child Protection Certificate (CP)
7. A Working with Children Certificate or Blue Card if in QLD:

Once you have completed these steps, submit via email the following documents saved as individual files using the naming convention below to your Zone Coaching Coordinator:

- (Your Name) **AOCRA Coach Application Form** which includes: a statement about your outrigger experience, a statement of any additional coaching experience in other sports (RPL), and other relevant qualifications.
- (Your Name) First Aid Certificate and CPR Certificate
- (Your Name) Sports Integrity Australia E-learning Certificate including
Community Coaching Principles' Certificate
Harassment & Discrimination' Certificate
Child Protection Certificate'
- (Your Name) Copy Working with Children Certificate' or 'Blue Card' if in QLD

Step 2: Attend a Level One Outrigger Coaching Course

AOCRA Zones promote and host courses throughout the year by our qualified Coaching presenters. You may attend a course in a different state if you desire.



The course is held over two (2) days and includes both theory and practical learning and assessments. The course costs will be determined by Zones and notified when you apply.

Step 3: Post Course Requirements

8. Complete a 12 week or 24 session Coaching Diary or Plan (if using plan minimum 2 diary entries) using the format suggested/provided at the coaching course to ensure all the necessary elements are in your plans/diary.
9. Have your Mentor Coach observe you for two sessions and be signed off as competent. Details on selecting your Mentor Coach and getting signed off are provided at the Level One Outrigger Specific Coaching Course.
10. Submit the following documents via email saved as individual files using the naming convention below to your Zone Coaching Coordinator Within 6 months:
 - (Your Name) Level 1 exam (marked on your level 1 course)
 - (Your Name) Coaching Diary
 - (Your Name) signed Mentor Coach Agreement

Make an appointment with your coaching co-ordinator to make sure that all documents have been received and are complete, this includes all the documents that you were required to provide before the course are all still valid.

It is strongly advised that you keep a copy of all parts of your application.

Once you have submitted all of the necessary items in one email to your Zone Coaching Co-ordinator, and meet with them, your application will be assessed as meeting the criteria or not. The Zone Coaching Co-ordinator will work with you to progress your application to meet the criteria and then will meet with either an AOCRA Board director or a National Coaching Manager to verify your documents and then have the AOCRA Board Secretary add you to the Coaching Register, produce and issue your certificate.

How to Renew a Level One Outrigger Canoe Coach qualification

To renew your Level 1 Coaching qualification every 3 years, you must remain a financial member of an affiliated club and AOCRA. Submit via email the following documents saved as individual files with the naming convention below to your zone coaching co-ordinator.

- (Your Name) First Aid Certificate (renew every 3 years) and CPR Certificate (renew every 12 months)
- (Your Name) Sports Integrity Australia E-learning Certificate including
Community Coaching Principles' Certificate
Harassment & Discrimination' Certificate
Child Protection Certificate'
- (Your Name) Copy Working with Children Certificate' or 'Blue Card' if in QLD (renew every 3 years)
- (Your Name) Letter from club (or zone committee confirming active coaching signed by secretary or president)

Then organise a meeting with your co-ordinator to ensure all paperwork has been provided and your co-ordinator will then seek internal sign off and have your renewal certificate issued by AOCRA.

