

**AOCRA IN CONJUNCTION WITH  
AOCRA JUNIOR DEVELOPMENT  
INVITES YOU TO THE**

**2019  
OC1/Y1/OC2/OC6  
Junior Marathon  
National Titles**

**HELD AT LAKE KAWANA  
SPORTSMANS PRD, BOKARINA QLD  
SUNSHINE COAST QLD ON THE  
2<sup>ND</sup> & 3<sup>RD</sup> OCT 2019**

## MAYORAL MESSAGE



### 2019 AOCRA Junior Marathon National Titles

#### Mayoral Message

On behalf of Sunshine Coast Council, I would like to extend a warm welcome to paddlers, coaches, officials and spectators from across the country and around the world to our beautiful Sunshine Coast.

Our region loves hosting events like this, because they are closely aligned with our vision to be Australia's most sustainable region – healthy, smart, creative.

The Aussie Aito and National Marathons provide a perfect opportunity for both international and Australian paddlers to enjoy an extended stay on the Sunshine Coast by combining these events.

Both are special events on the outrigger calendar.

I encourage you, whether you are cheering on a family member or paddling in one of the races to take advantage of our spectacular natural environment, outstanding facilities and wide variety of attractions.

Please also don't forget to share your images of the championships and the Sunshine Coast on social media during your stay.

To all of the paddlers, I wish you the very best of luck during these events and I look forward to seeing you return to see us again in the future.

Best regards



**MAYOR MARK JAMIESON**

Thanks to our destination partners and major sponsors.



## President's welcome – 2019 Junior Marathon National Titles



President, AOCRA

AOCRA invites you once again to attend the National Junior OC6, OC1, V1 and OC2 Marathon Titles 2019 on the stunning Sunshine Coast.

Holding this event after the Trans Tasman Gubbi Gubbi Championships we hope to have the largest representation of our Juniors at a national event. Numbers have been growing and we are seeing more clubs take on this age group. Programs have now begun at Noosa and Bondi with experienced Junior coaches and managers sharing their experiences and helping our sport to grow.

It is always a delight to see our young paddlers join together in the spirit of competition. Whether you have travelled from near or far around Australia, Welcome! Give your very best, for yourself and for your team and enjoy all that this wonderful event has to offer.

Thankyou to the Sunshine Coast Council for our ongoing support.

Kind Regards..... Grant  
Grant Withrington  
President, AOCRA.

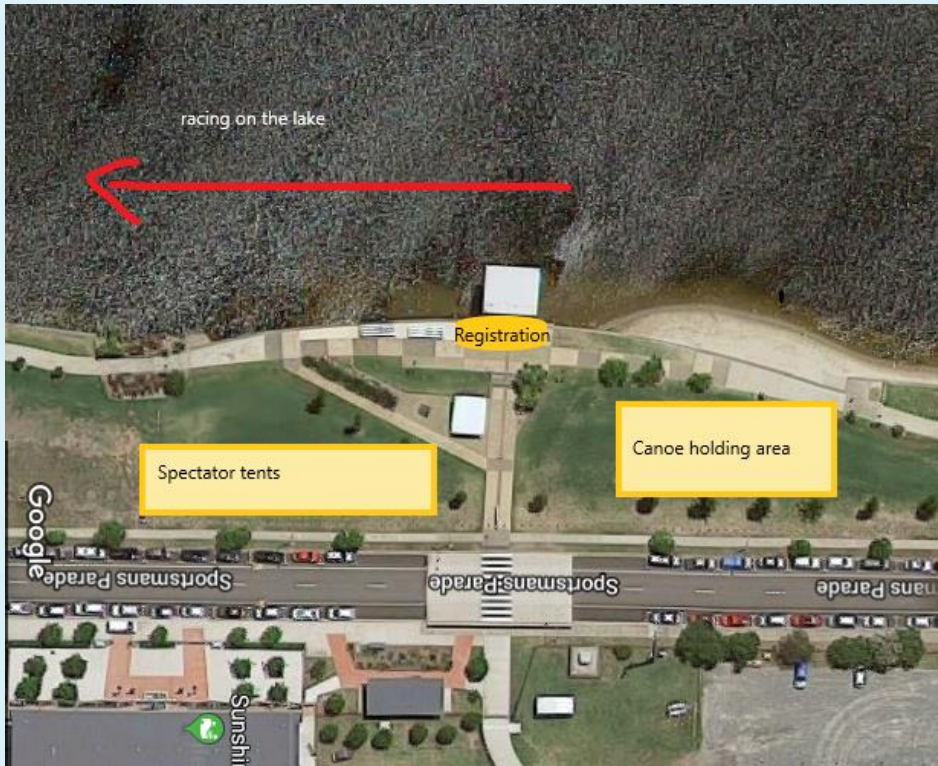
Thanks to our destination partners and major sponsors.





## Location – Lake Kawana

Sportsmans Parade, Bokarina, Sunshine Coast



## Rules/ Safety

All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules available under the Administration tab on the AOCRA website – [www.aocra.com.au](http://www.aocra.com.au)

### **IMPORTANT NOTE: Junior Ruling**

OC6 Crews must consist of a maximum of 3 males, as per AOCRA rule change 1<sup>st</sup> July 2016. Minnows: no gender requirements.

All Junior events are Mixed only.

OC1/ OC2: PFDs and leg ropes are required.

V1: PFD, leg rope and bailer are required.

Please note if you are borrowing an AOCRA canoe you will need to supply your own bailers, PFDs and leg ropes.

OC6: Spare Blade & bailers, 6 Life jackets.

## Nomination information

All competitors must register online at [www.aocra.com.au](http://www.aocra.com.au) before race day.

Nominations close midnight Wednesday 18<sup>th</sup> September 2019

Team nominations close 22<sup>nd</sup> September 2019.

It is not possible to register on the day.

<b>OC1/V1/OC2</b>	-	<b>\$15 per Paddler per race</b>
<b>OC6 Racing</b>	-	<b>\$60 per team</b>

If you are having trouble with the online registration through AOCRA please email [support@aocra.com.au](mailto:support@aocra.com.au) or Connie [cwithrington64@gmail.com](mailto:cwithrington64@gmail.com)

A fee of \$20 per paddler for late nominations will apply. The RACE DIRECTOR will have the discretion to not allow late registrations to paddle if he or she has concerns about the paddler/support boat ratio.

## Canoe Borrowing

AOCRA V1s and OC1s will be available to loan for \$20 (GST inc) per race. This will be done via the website nomination process – There are a limited amount of canoes. Please select in 'club extras' and also put in notes. **Note:** OC2s are no longer available to loan.

Please email [steff.cullen1@gmail.com](mailto:steff.cullen1@gmail.com) with your requirement and we will endeavour to assist you. Paddlers from outside of SQ Zone will get priority.

**Please note you will need to bring your own OC6 canoe or make your own arrangements.**

## Registration / Wrist Bands

As this is a national titles wrist bands must be worn for the duration of the event. Have student ID or be accompanied by parent or guardian. Registration for all V1/OC1/OC2s and OC6 will be at the registration tent at the regatta site.

All paddlers must sign-in at the registration and confirm canoe/ craft number for each race.

## *Race Courses*

Conditions will determine the best possible option on the day. The Race Director reserves the right to change schedule and distances raced. Please attend all briefings for confirmation of the final race courses.

## *Presentations*

ALL Presentations will be held at the regatta site after races as per race schedule

## *Prizes*

Will be awarded as per paddler information – conditions apply.

## *Travel and Towing Assistance*

AOCRA Travel & Towing Assistance will be available – please see Paddler information for further information.

## *Schedule of Events*

Please note: All times are approximate: we ask that all paddlers are ready to race prior to the indicated time. The next race can only start when all paddlers have finished the previous race. Times may be adjusted due to team nominations received.



## DAY 1 – Wednesday 2<sup>nd</sup> October 2019 – V1/OC2

Approx Time		Distance kms
6.30am	V1/ OC2 Registrations Open	
7.15am	Race Briefing U16 V1	
7.30am	RACE 1 – U16 V1	6km
	Once U16 race starts – race briefing for U12 held	
	RACE 2- Start at conclusion of U16 – U12 V1	2km
	Once U12 race starts – race briefing for U19 held	
	RACE 3 – Start at conclusion of U12 – U19 V1	12km
	Once U19 race starts – race briefing for U14 held	
	RACE 4- Start at conclusion of U19 – U14 V1	4km
Break for Medal Presentation and refreshments		
	Race Briefing for U16 OC2	
	RACE 5 - U16 OC2	6km
	Once U16 race starts – race briefing for U12 held	
	RACE 6 – Start at conclusion of U16 – U12 OC2	2km
	Once U12 race starts – race briefing for U19 held	
	RACE 7 – Start at conclusion of U12 – U19 OC2	8km
	Once U19 race starts – race briefing for U14 held	
	RACE 8 – Start at conclusion of U19 – U14 OC2	4km
Medal Presentations – end of day 1		

## Day 2 – Thursday 3<sup>rd</sup> Oct 2019 – OC1 /OC6

Approx Time		Distance kms
6.30am	Registrations Open – OC1	
7.15am	Race Briefing U16 OC1	
7.30am	RACE 1 – U16 OC1	6km
	Once U16 race starts- race briefing for U12 held	
	RACE 2- Start at conclusion of U16 – U12 OC1	2km
	Once U12 race starts – race briefing for U19 held	
	RACE 3 – Start at conclusion of U12 – U19 OC1	8km
	Once U19 race starts –race briefing for U14 held	
	RACE 4 – Start at conclusion of U19 – U14 OC1	4km
Break for Medal Presentations and Refreshments		
	Race Briefing for U16 – OC6	
	RACE 5 – U16 OC6	6km
	Once U16 race starts – Briefing for Minnows & U12 held	
	RACE 6 – Start at conclusion of U16 – U12 OC6	2km
	RACE 7 – Start at finish of U12 – Minnow OC6	1km
	Once U12 race starts – Briefing for U19 held	
	RACE 8 – Start at finish of Minnows–U19 OC6	8km
	Once U19 race starts – Briefing for the U14 held	
	RACE 9 – Start at finish of U19 – U14 OC6	4km
Medal Presentations – end of Day 2		



# AOCRA 2019 NATIONAL OC1 / OC2 / V1 JUNIOR CHAMPIONSHIPS

2<sup>nd</sup>/3<sup>rd</sup> October Lake Kawana, Sunshine Coast.

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## **PADDLER INFORMATION**

1. TRAVEL ASSISTANCE - is available to all AOCRA financial members travelling from a location that is greater than 1000km from the event. Forms are due NO LATER than 2 weeks after the event. There is a pool of AOCRA funds that will be made available for this, the number of paddlers that apply for this allowance will determine the amount paid. Payments are capped at a maximum of \$120 per paddler.  
Forms and instructions have been updated and simplified and can be found on the AOCRA website [Off the Water / Administration / Travel / Assistance Rules & Request for Travel Assistance Form].
2. TOWING ASSISTANCE - is available for trailers carrying a minimum of 6 OC1/OC2/V1 craft to the event travelling from a location that is greater than 1000km from the event. Forms are due NO LATER than 2 weeks after the event. Payments will be capped at a maximum of \$500 per trailer.  
Form can be found on the AOCRA website [Off the Water / Administration / Travel / Request for Towing Assistance].
3. CLUB CHAMPIONSHIP TROPHY - To be awarded to the club with the highest points based on the National OC1/OC2/V1 Title events and National OC6 – points are allocated to each paddler based on their AOCRA registered club.
4. PRIZE – UP TO 6 RETURN FLIGHTS TO NEW ZEALAND (Capped at \$450 each) TO COMPETE AT THE 2020 AOTEAROA AITO (V1)  
The first Australian V1 Paddler to cross the finish line in the V1 National Title event for U16 Boys, U16 Girls, U19 Boys, U19 Girls will win \$450 towards return flights to compete at the above event. (to be eligible must be financial AOCRA members and eligible to compete in the same age division in 2020 – One prize per paddler)

## Rules:

- a) AOCRA will reimburse the cost of return flights to NZ to the winners (up to a maximum of \$450 each) - This can be done by completing a 'request for reimbursement form' found on the AOCRA website [Off the Water/ Administration/Forms].
  - b) Flights are to attend the 2020 Aotearoa Aito, Kohimarama Beach, Auckland, NZ on 9th March 2020, not transferable for use at other events/locations.
  - c) Prize is only valid to the winners, not transferable to any other party.
  - d) Winners are responsible for organising entries/canoe hire/accommodation & chaperones.
  - e) Eligibility to win Prize
    - ❖ U16 Boys/Girls – must be eligible to complete in U16 in 2020 to win the prize. If the winner moves into U19 in 2020 then prize is awarded to the next eligible placing.
    - ❖ U19 Boys/Girls – Must be eligible to complete in U19 in 2020 to win the prize. If the winner moves into U21 /Open in 2020 then prize is awarded to the next eligible placing.
    - ❖ Wild Card Prize - if an U16 2nd year is the first V1 across the line but becomes ineligible to win the prize due to the above age rule then the AOCRA JD can award a wild card prize. This will entitle them to flight reimbursement to complete in U19 age division in New Zealand.
    - ❖ No Wild Card Prize is available for U19 division.
5. AOCRA CRAFT - AOCRA will supply a limited number of V1, OC1, for use at the event. Priority will be given to competitors traveling the longest distances. Craft must be pre-booked by contacting [steff.cullen1@gmail.com](mailto:steff.cullen1@gmail.com) by 24th September 2019.
6. Program and further details available on the AOCRA Website.  
<https://aocra.com.au/>

Trish Johnston  
AOCRA Treasurer  
Mobile  
0437 186 622 Email [trishjoh@bigpond.net.au](mailto:trishjoh@bigpond.net.au)

## Accommodation

Accommodation on the Sunshine Coast is renowned worldwide for its superb quality, award winning locations and incredible variety. Choose from hundreds of options along the coast, many boast stunning water views.

Come to life on Queensland's Sunshine Coast with the local accommodation experts.

<https://visitsunshinecoast.com/accommodation>

<https://eventtravel.com.au/events/aocra-national-junior-titles/>

<https://www.newportmooloolaba.com.au/aocra.html>

## Contacts

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Canoe Allocation: Steff Cullen

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Race Director: Trish Johnston

Thanks to our destination partners and major sponsors.

