

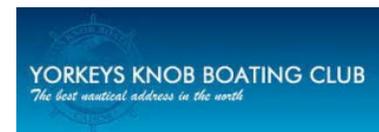
# HEKILI OUTRIGGER CANOE CLUB

Is proud to present the 10th

## Great Barrier Reef Ocean Challenge & Mini G 2021



Saturday 31<sup>st</sup> July – Sunday 1<sup>st</sup> August 2021





## ***This is A Covid-19 Safe Event***

### ***Hekili Outrigger Canoe Club 10<sup>th</sup> anniversary GBROC and Mini G 2021***

#### ***Invitation***

The members of Hekili Outrigger Canoe Club invite you to compete in our 10th GBROC, Australia's longest distance iron race (45km) and changeover event – from Yorkeys Knob in Cairns to Port Douglas' Four Mile Beach. This course gives a continuous downwind run and should make for some fast times and exciting racing. Crews should anticipate average race times of between three and five hours.

**This year GBROC will be raced on Saturday, 31<sup>st</sup> July, followed by the Mini G on Sunday 1<sup>st</sup> August.**

Experienced **OC1, OC2, OC6, V1, V3, Ski (Ocean & Spec.), SUP, Prone & Foil SUP paddlers** up for the challenge can paddle in the 45km iron race. This year, **All CREWS** also have the option of paddling in a changeover format, with their own support boat.

Alternatively, the Mini G the following day gives paddlers a taste of the downwind action without such a grueling distance. This 17km course starts near the Marlin Marina and finishes at Yorkeys Knob and is suitable for all paddling abilities, including novices and Under 19s as well as those backing up from GBROC. It is open to **OC6 crews, OC1, OC2, V1, V3, Ski (Ocean & Spec.), SUP, Prone & Foil SUP paddlers**. It should take between ninety minutes and two hours to complete the course.





## Program of events

- The race program will run on time, or at the discretion of the Race Director.
- The Race Director will not wait for crews to get to the Start Line.
- If the weather deems it necessary, it is at the race director's discretion to change the course.
- Course distance may be varied according to weather conditions and start times may change. Please ensure you check with officials on the day and attend all race briefings prior to the event.
- AOCRA Rules (April 2021) apply. Support boats will be at a ratio as prescribed in the AOCRA Rules.

### Saturday 31<sup>st</sup> July 2021: GBROC 45km Iron and Changeover

Time	Event	Location
Friday 30 <sup>th</sup> July 5pm – 7pm	Registration for GBROC	Yorkeys Knob Boat Club, 29 Buckley St Yorkeys Knob Meals and Beverages are available
Saturday 31 <sup>st</sup> July 7am	Sign on, allocation of tracking device & scrutineering	Yorkeys Knob main beach, northern end
8am	Race briefing	Yorkeys Knob Main Beach
8:30am	All craft race start	Between two safety boats in front of rock wall at northern end of Yorkeys Knob
12 – 2pm	Race finish	Four Mile Beach Port Douglas, near Port Douglas SLSC
6pm - late	Presentation & Party	Yorkeys Knob Boating Club, 29 Buckley St, Yorkeys Knob

### Participating craft for Iron Race & Changeover Race:

- OC6, OC1, OC2, V1, V3 paddlers
- Double Skis / Ocean Skis /Spec Skis paddlers
- SUP / Prone / Foil SUP paddlers
- Changeover Crews must have a Support Vessel (no beach changes)



## Sunday 1<sup>st</sup> August 2021: Mini G

Time	Event	Location
7am	Registration for Mini G opens & scrutineering commences	Sugar Terminal boat ramp, Trawler Base Road, Portsmith (Cairns)
8:30am	Race briefing	
9:30am	Mini G commences Ensure you allow enough time to paddle to the start line about 2.4km from boat ramp	Eastern end of Marlin Marina
After racing is completed	BBQ and Presentation	Yorkeys Knob Main Beach northern end

### Participating craft of 17km Mini G Race:

- OC6, OC1, OC2, V1, V3 paddlers
- Double Skis / Ocean Skis / Spec Skis paddlers
- SUP / Prone / Foil SUP paddlers
- Includes Novice, Junior 16U & 19U Division's

#### NOMINATION FEES:

**Please be aware late fees are set high to encourage payment by 17<sup>th</sup> July 2021. Due to the logistics of organising safety boats per paddler ratio, late nominations can cause problems and put unnecessary pressure on the host club.**

**Non-AOCRA Members-** May only race in non-outrigger craft, ie. SUP, Prone, Foil, Ocean & Spec. Skis and must pay an \$8 AOCRA Sports Insurance Day fee. Non-AOCRA Members must lodge an Individual Nomination with credit card payment online. Go to [AOCRA | Login](#) and click on **"I'm not a member but want to nominate for an event"** Follow the prompts. If you have any trouble nominating contact Hekili Registrar Nora Pennefather (0427) 768 375 Email: [gbroc\\_hekili@outlook.com](mailto:gbroc_hekili@outlook.com)

**International Outrigger Competitors-** Must confirm they hold valid travel insurance and MUST complete a '2021 International Paddler Indemnity Form' for each paddler prior to race day. This will be emailed to your team manager once identified. Note the \$8 AOCRA Sports insurance day fee is NOT available.

**NZ to Australia now has Quarantine Free flights.** Passengers must comply with the requirements for this, including negative tests before boarding, masks on the flight and in airports, plus 36 hours before the flight, registering with Department of Home Affairs <https://covid19.homeaffairs.gov.au/australia-travel-declaration>

## 45Km GBROC Iron & Changeover:

- **Iron Nomination is \$130 for AOCRA members, \$146 for non-AOCRA members paddling on non-outrigger craft per person (includes \$8 day licence fee) if lodged with payment by Saturday, 17<sup>th</sup> July 2021 – 6pm**
- Late fee is **\$200 for all paddlers** if payment is after **17<sup>th</sup> July 2021 – 6pm**
- **Final nomination** must be lodged with payment by **Saturday 24<sup>th</sup> July 2021 – 6pm**
  
- Note: Spec. Ski paddlers nominate in the Ski – Other Crafts option and mention in the notes that you are a Spec. Ski – Open Divisions Only
- Note: Double ski paddlers must nominate twice for each craft = \$292 (includes \$8 AOCRA Sports insurance day fee) – Open Divisions Only
- Note: V3 paddlers must nominate three times for each craft = \$390 – Open Divisions Only
  
- **OC6 Changeover team fees – \$100 per paddler**
  - **OC6 Senior, Master & Open: \$900 Men's crews X 9 paddlers**
  - **OC6 Golden & Platinum: \$1,000 Men's crews x 10 paddlers**
  - **OC6 Senior, Master & Open: \$1,000 Mixed crews x 10 paddlers**
  - **OC6 Golden & Platinum: \$1,200 Mixed crews x 12 paddlers**
  - **OC6 Master & Open: \$1,000 Women's crews x 10 paddlers**
  - **OC6 Senior, Golden & Platinum: \$1,200 Women's crews x 12 paddlers**
    - if payment lodged by Saturday 17<sup>th</sup> July 2021 – 6pm
  
- **OC1 & V1 Changeover team fees – 2 paddlers - \$100 per paddler - \$200**
- **OC2 Changeover team fees – 4 paddlers - \$100 per paddler - \$400**
- **V3 Changeover team fees – 6 paddlers - \$100 per paddler - \$600**
- **Ski (Ocean & Spec) Changeover teams – 2 paddlers - \$116 per paddler - \$232 (includes \$8 AOCRA Sports Insurance Day Fee each)**
- **SUP, Prone & Foil SUP Changeover teams – 2 paddlers - \$116 per paddler - \$232 (includes \$8 AOCRA Sports Insurance Day Fee each)**
- **Double Ski Changeover teams – 4 paddlers \$116 per paddler - \$464 (includes \$8 AOCRA Sports Insurance Day Fee each)**

**All Changeover crews must pay the cost of personal support boat (host club can assist with support boat options).**

- Clubs must lodge online via Club Nomination
- Individuals can also lodge a race nomination with payment via credit card
- Non-AOCRA Members must lodge an Individual Nomination with credit card payment online
- This is a **combined club event** - crews can consist of paddlers from various clubs
  
- GBROC 45km is an ultra-endurance event, therefore no paddler 16 and under can participate; paddlers aged 17, 18 and 19 wishing to nominate in the Open Division must provide written approval from their club coach prior to nominating to NQ Zone Secretary, email: [nqzoneaocra@outlook.com](mailto:nqzoneaocra@outlook.com) and the Hekili OCC Secretary Jude Kennedy [hekilioutriggers@gmail.com](mailto:hekilioutriggers@gmail.com)



## 17Km Mini G:

- **Nomination is \$55 for AOCRA members, \$65 for Non-AOCRA members paddling on non-outrigger craft per person (includes \$8 AOCRA Sports Insurance day licence fee) if lodged online with payment by Saturday 17<sup>th</sup> July 2021 – 6pm**
  - Late fee of **\$100 per person** applies if paid after **17<sup>th</sup> July 2021 – 6pm**
  - Final nominations must be lodged with payment by **Saturday, 24<sup>th</sup> July, 2021 – 6pm**
  - Note: Double ski paddlers must nominate twice for each craft = \$130 (includes \$8 per paddler AOCRA Sports insurance Day licence fee)
  - Note: Spec. Ski paddlers nominate in the Ski – Other Crafts option and mention in the notes that you are a Spec. Ski – Open Divisions Only
  - Note: V3 Paddlers must nominate three times for each craft = \$165

Visit the Hekili OCC Website for more news and information [GBROC & Mini G 2021 | Hekili Outriggers](#)





# GREAT BARRIER REEF OCEAN CHALLENGE - 45km

## Changeover and Iron Marathon— RACE PROGRAM

Race Director for this event **Charlie McKillop** Medical Director for this event **Pauline Greer.**

**RACE REGISTRATION:** **Friday 30<sup>th</sup> July, between 5pm and 7pm @** Yorkeys Knob Boat Club, 29 Buckley Street Yorkeys Knob. You will need to provide canoe number and an emergency contact.

**RACE SIGN ON:** **Saturday 31<sup>st</sup> July**, from 7am Yorkeys Knob Main Beach. Each crew will be given a tracking device which one person must wear while racing.

**RACE BRIEFING:** **Saturday 31<sup>st</sup> July 8am** (Yorkeys Knob Main Beach, northern end of Sim’s Esplanade)

**RACE START:** **8:30am: All Craft Race Start**

### Divisions:

<b>45km Changeover Race:</b>			
OC6, OC2, OC1, Ocean Ski,	Men: All Senior Divisions	Women: All Senior Divisions	Mixed*: All Senior Divisions
V1, V3, Spec Ski, Double Ski**, SUP, Prone & Foil SUP	Men: Open Division Only	Women: Open Division Only	Mixed: Open Division Only
<b>45km Iron Marathon:</b>			
OC6, OC2, OC1, V1, Ocean Ski,	Men: All Senior Divisions	Women: All Senior Divisions	Mixed*: All Senior Divisions
V3, Spec Ski, Double Ski**, SUP, Prone & Foil SUP	Men: Open Division Only	Women: Open Division Only	Mixed: Open Division Only

\*Maximum 3 men in OC6 canoe racing at once      \*\*Plastic craft not acceptable

**If there are less than two crews nominated in your division, you will be asked to paddle down a division**



## The Course:

- All competitors will compete a 45km course, starting from Yorkeys Knob, 17km north of Cairns.
- The start line will be set between two safety boats in front of the rock wall at the northern end of Sim's Esplanade, Yorkeys Knob main beach.
- Competitors will paddle NNW (340') rounding the southern side of Haycock Island (Scout's Hat), keeping Double Island on the left for 10.2km (5.5nm).
- Canoes will then head NW (315') directly to Port Douglas. A large buoy north of Alexandra Reefs will mark the final 3km (1.4nm) leg into Four Mile Beach, Port Douglas.
- Crews commence their approach to the finish line by passing between two buoys directly in front of the Port Douglas Surf Life Saving Club on the northern end of Four Mile Beach.
- The FINISH LINE is on the BEACH







## GREAT BARRIER REEF OCEAN CHALLENGE 45KM CHANGEOVER & IRON MARATHON RULES

- All competitors must SIGN IN on Friday 30<sup>th</sup> July and provide the canoe number, names of each team member and an emergency contact number otherwise you will be deemed NOT signed in.
- Race shirts will be handed out at registration. They are not compulsory to wear.
- All local clubs, a team member will still need to register your team on Friday 30<sup>th</sup> July (before race day).
- One person from each crew must sign in on Saturday and receive a tracking device to be worn in the race. It is important this tracking device is handed back to an official at the end of the race. Please do not turn off the tracking device.
- Any paddler or crew requiring emergency assistance will not be disqualified, providing they complete the course within the time limit of 5.5 hours.

### CHANGEOVER TEAMS:

- **Each changeover crew must have their own support boat on the water.** You are required to provide the Hekili secretary, Jude Kennedy contact details of support boat crew by Saturday 24<sup>th</sup> July. The support boat driver is required to attend the race briefing.
- The Women and Mixed OC6 teams may have a maximum of ten (10) paddlers. **(12 for Senior/Golden/Platinum Women) (12 for Golden/Platinum Mixed)**
- The Men OC6 teams may have a maximum of nine (9) paddlers. **(10 for Golden/Platinum)**
- Mixed OC6 crews must have a minimum of three (3) women paddling at all times
- Hekili will endeavour to assist with support boat options to visiting crews, if required.
- Each team will be responsible for paying its support boat crew the negotiated donation amount in advance of the race.

### Changeover positions:

- The first changeover for all women and mixed crews must not be made until after passing Haycock Island (Scout's Hat).
- The first changeover for all men's crews must not be made until after passing Double Island.



## GBROC IRON MARATHON IMPORTANT NOTES:

- Each paddler or crew must carry all necessary food and water for the duration of the race. All iron competitors are to be completely self-sufficient. Paddlers are to carry additional food, water and spare paddles on their craft.
- This is an iron distance race - substitution of a crew member is not allowed. The paddlers who start the race must complete the entire distance. Substitution of a crew member will result in immediate disqualification of your crew.
- In the event your craft is incapacitated or voluntarily withdrawn from the race, a safety vessel will escort your craft and crew to the nearest safe beach for landing. The safety vessel operator will notify the Race Director, who will advise a road support crew of your location for pickup.
- Cut off times will apply for Iron competitors.





## GREAT BARRIER REEF OCEAN CHALLENGE 17Km MINI G DETAILS

Race Director for this event **Andrew Buckley**. Medical Director for this event will be **Pauline Greer**.

**RACE REGISTRATION:** Sunday 1<sup>st</sup> August, from 7am Sugar Terminal boat ramp, Trawler Base Rd. Portsmith)

**RACE BRIEFING:** Sunday 1<sup>st</sup> August, 8:30am (Sugar Terminal boat ramp, Trawler Base Rd) to be attended by your steerer and at least one crew member.

**RACE START:** 9:30am—Eastern end of Marlin Marina, Cairns approximately 2.4km from the boat ramp.

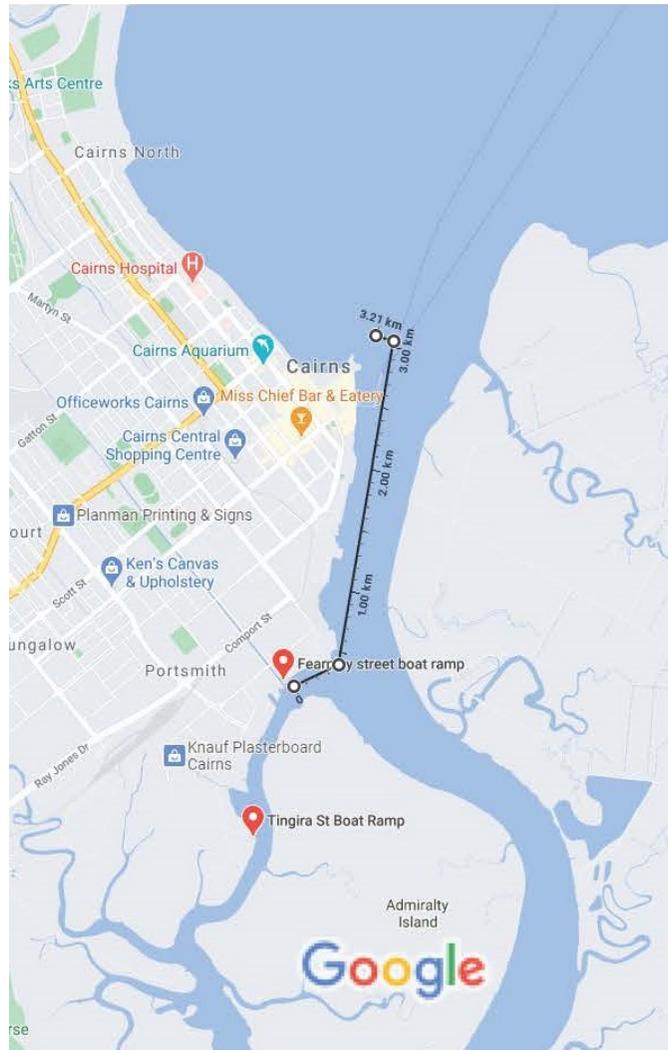
OC6	16U Boys 19U Boys Men: All Senior Divisions Novice Men	16U Girls 19U Girls Women: All Senior Divisions Novice Women	16U Mixed 19U Mixed Mixed: All Senior Divisions Novice Mixed
OC2/OC1/V1	16U Boys 19U Boys Men: All Senior Divisions	16U Girls 19U Girls Women: All Senior Divisions	16U Mixed 19U Mixed Mixed: All Senior Divisions
V3 (nom. X 3 for each craft)	Open Men	Open Women	Open Mixed
SUP/Prone/Foil Boards	Open Men	Open Women	
Double Ski (nom. X 2 for each craft)	Open Men	Open Women	Open Mixed
Ocean Ski/Spec Ski	Men: All Senior Divisions	Women: All Senior Divisions	

- Crews are required to enter the water at the Sugar Terminal Boat Ramp, Trawler Base Rd, Portsmith, then paddle 2.4 km to the race start at the eastern end of the Marlin Marina, Cairns.
- This is the closest boat ramp to the race start. There is sufficient parking and rigging areas for all craft and trailers.
- Crews will paddle out of Trinity Inlet for approximately 6km in a NE direction towards False Cape, make an ama turn around the orange buoy and continue in a NW direction approximately 12km towards the finish line between two buoys at Yorkeys Knob. Total race distance approximately 18km.
- **If you are the only nomination in your division, you may be asked to move down into a lower division.**
- Competitors outside of NQ Zone requiring a canoe, we will provide details of local clubs willing to hire craft.

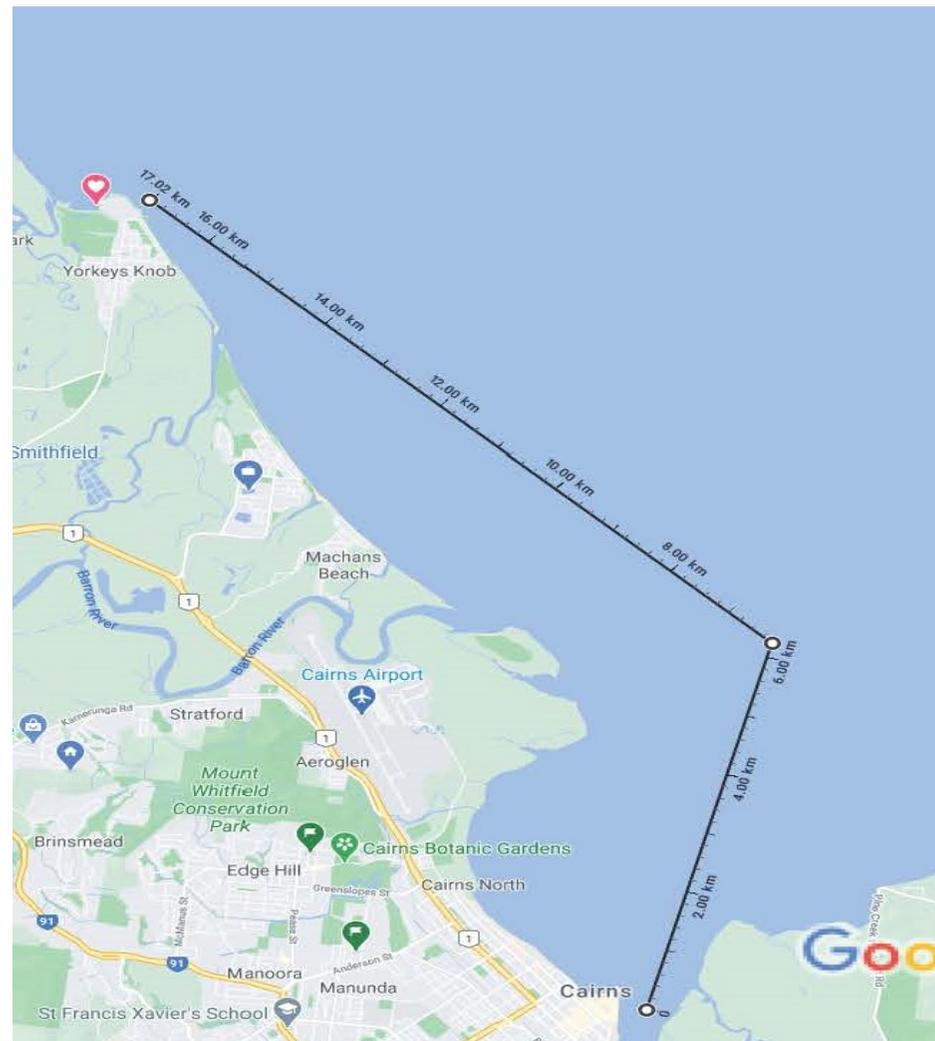


## Mini G Course:

Map showing course to get from Fernley St Boat Ramp, Trawler Base Rd Portsmith to race start at Eastern end of Marlin Marina.



Mini G Race Course – Marlin Marina Cairns to Yorkeys Knob





## SAFETY REQUIREMENTS:

- All OC1/V1/Ski/ SUP board paddlers must wear leg ropes. One paddler per OC2/Double ski must wear a leg rope.
- All canoes are required to carry one PFD per paddler.
- All OC6 canoes must carry at least one additional paddle on the craft.
- All OC1/OC2/V1 and V3 canoes must carry an additional paddle. Safety boats may carry a limited range of spare paddles for emergency use.
- OC6 canoes must carry at least two bailers and a tow rope.
- All craft competing in the Iron marathon and changeover marathon are required to carry a tracking device that will be provided when paddlers sign-in.
- Before racing, each canoe will be checked to ensure all safety equipment is carried.

## CANOE TRAILER PARKING:

- **Mini G Race:** Canoe trailer parking is available at Trawler Base Rd Portsmith. This is next to the Cairns Rowing Club. Toilets are close by.
- **45km GBROC Race:** Canoe trailer parking is available at the Yorkeys Knob Boating Club, 25 Buckley St, Yorkeys Knob.
- Car parking is available at the race start on Sim's Esplanade (northern end) of Yorkeys Knob main beach) and adjacent streets.
- Canoe parking in Port Douglas will be in the designated parking area at Reynold Park off Garrick Street.
- Car parking in Port Douglas is at the rear of the Port Douglas Surf Life Saving Club, kerbside and at Reynold Park.

### Tides:

#### Saturday: GBROC 45km

High tide 03:37am 1.98m

Low tide 10:44am 1.19m

High tide 17:45pm 2.03m

#### Sunday: Mini G 17km

High tide 04:56am 1.93m

Low tide 11:26am 1.09m

High tide 18:27pm 2.22m

## **This event has a COVID Safe Plan in place**

- Please observe social distancing at all times.
- Consider your teams' seating plan before arriving, and bring necessary seating equipment
- Paddlers should ensure that they have hand sanitiser and supplies to wipe down craft if it is being used by multiple people.
- Registration Officers will have separate lines for each event. You will be asked to confirm details verbally for each event, rather than physically "sign-in"
- Only one person per team is required to sign in
- All Clubs are responsible for keeping a digital record of all their paddlers and supporters that attend the regatta (name, contact number, address or email), as per the Queensland Health advice. The information is to be kept for 56 days after the regatta event and must be supplied to the authority when requested.
- The Qld Government Check In App will be on site for all paddlers, officials, companions and spectators to register with

## **COVID Safe Site Measures**

This regatta is COVID Safe Event as shown by the club's STATEMENT OF COMPLIANCE that can be found at the registration/administration tent. The regatta complies with QLD's Aquatic Group Approved Industry Plan.

Please, DO NOT attend or enter the regatta if you have:

A fever, cough, sore throat, headache, respiratory issue or loss to taste or smell.

### **OR in the last 14 days have:**

- Travelled overseas - **NZ to Australia now has Quarantine Free flights.** Passengers must comply with the requirements for this, including negative tests before boarding, masks on the flight and in airports, plus 36 hours before the flight, registering with Department of Home Affairs  
<https://covid19.homeaffairs.gov.au/australia-travel-declaration>
- In a declared hotspot
- Been in quarantine
- Have been in contact with suspected or confirmed case/s of COVID-19
- Or are awaiting results of COVID-19 test

Please share this message with any visitors you have invited to the regatta. Advise them they will need to sign-in at your club tent and remain in the club's bubble.

## **COVID Safe Race Processes**

### **Canoe & Paddle Wipe Down procedure**

- Do NOT SHARE paddles & Canoes unless a thorough sanitation is undertaken for each use.
- Teams will be called onto the beach once the previous race has cleared the beach.
- Antibacterial Wipes will be provided to wipe down all canoes.

- Wipe down to be completed by the team that has just raced in that canoe.
- Discard wipes into the rubbish bags provided.
- Sanitize hands with hand gel before leaving the beach.

### **Roles to enable a COVID Safe event**

#### **Nominated Host Club Representatives**

- Scrutineer all canoes before and after racing
- Step into other roles in their absence
- Wipe down HIGH touch areas of toilets at regular intervals with Antibacterial wipes
- Provide antibacterial wipes for the canoes

#### **Club COVID Safe Coordinators**

- On arrival, keep repeating your club's sign-in process and health messages to all your members and their visitors
- Provide hand sanitizer for your club
- Apply club process for track and tracing of all members, family and spectators
- Retain this digital information for 56 days beyond the event

#### **Club – members, families, friends, supporters and spectators**

- Register attendance with your club's COVID Safe Coordinator
- Remain in your club bubble unless racing

- **Everyone is responsible for COVID Safety**
- **Please maintain social distancing**
- **Sanitize your hands frequently**
- **Sanitize used equipment**
- **Do the Right Thing so we can all continue to enjoy paddling**



**To discuss sponsoring this great race, logistics and any support you need, please call us. We will do whatever we can to help to make your paddle and stay with us a success.**

**Hekili OCC GBROC Race Co-ordinator**

**Sue Lockwood**

m: 0438 129 575

Email: [hekili\\_gbroc@outlook.com](mailto:hekili_gbroc@outlook.com)

**Hekili OCC Secretary — Jude Kennedy**

m: 0417 030 957

Email: [hekilioutriggers@gmail.com](mailto:hekilioutriggers@gmail.com)

[www.hekilioutrigger.com.au](http://www.hekilioutrigger.com.au)

[www.facebook.com/Hekili.Cairns/](https://www.facebook.com/Hekili.Cairns/)



### **SUGGESTED ACCOMMODATION LOCATIONS:**

- Yorkeys Knob

**Stay updated with all the latest news by visiting our Facebook page or website:  
[Hekilioutrigger.com.au](http://Hekilioutrigger.com.au)**