



# PACIFIC DRAGONS OUTRIGGER CANOE CLUB

Invites you to the Pacific Dragons

OC1/2, V1 & OC6 Regatta

Saturday 31st August 2019

FRENCHMANS BAY, LA PEROUSE

Using the waters of Botany Bay, Pacific Dragons DBOCC will be hosting an AOCRA Outrigger Canoe Race.

The event will include:

## HOE HUI Series - Race 1

### OC1/OC2/ V1 Races All Distances, All Divisions

Briefing at 7:15am

Race start at 7.30am

Distances 4km, 8km and 12km

OC1/2/V1 presentations will take place approximately 20 mins after race finish

### Canoe Blessing and Welcome

9:45am on the beach

### OC6 Sprint Races -500m and 1km turn races - All Divisions

Briefing at 10:30am

Race start at 10:45am

### OC6 Sprint Races - 4km - All Divisions

Briefing at 2:00pm

Race start at 2:15pm - Women and Mixed

Race start at 3:00pm - Men

*\* Times may vary depending on how many crews enter - a race plan will be sent prior to the day.*

*\* We will endeavour to start all races at the time stated above - if you are not on the start line for your heat the race will start without you.*

OC6 presentations will take place approximately 20 mins after the 4km race finish.

**Only divisions comprised of 3 or more crews will receive prizes.**

ALL CANOES WILL BE SCRUTINISED AND MUST HAVE: STORM COVERS; 2 BAILERS; 25M TOW ROPE; A SPARE

PADDLE; and 6 APPROVED PFDs. ALL OC1/2 COMPETITORS MUST WEAR A PFD AND LEG ROPE.

**NOTES:** Start times noted above may alter due to the below items, we will endeavour to advise any changes to the program on the Thursday or Friday before the race once we have received all team nominations and have the Port Botany shipping timetable. Shipping movement changes into Port Botany may determine what times we can race around the Port entrance.

## RACE INFORMATION AND PROPOSED COURSE MAPS

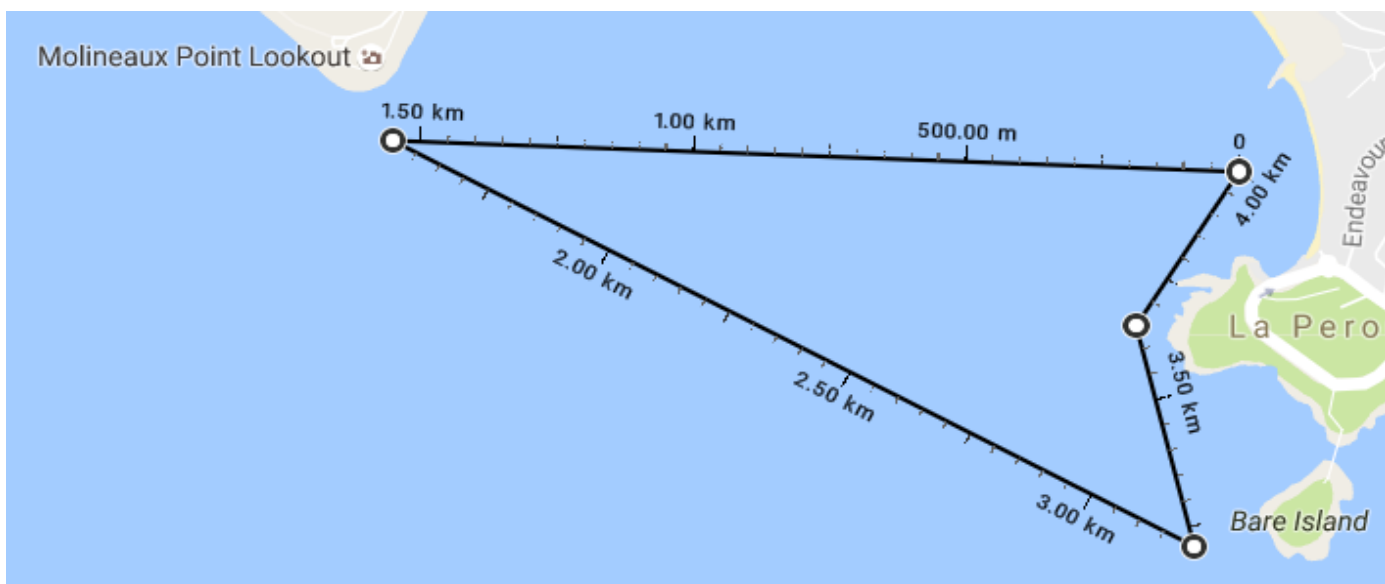
**\*\* Please note that in the instance of bad weather or conditions, the courses will be modified to stay inside the bay and the key course directions changed to suit the conditions. All clubs registered to race will be notified by Friday 30th August at 4:30pm if the race course will alter\*\***

*\*All courses will run in the opposite direction to take advantage of conditions if wind, swell and tide deem that the more suitable direction.*

### OC1/OC2/ V1 Races All Divisions All Distances - 4KM 8KM 12KM and OC6 Race - 4KM

Start in front of Frenchmans Bay and head straight out from the beach towards the airport runway. Complete an ama turn at the turning buoy approximately 150m of Molineaux Point Lookout and head straight across Frenchmans Bay towards Bare Island. Complete an ama turn at the buoy just at Bare Island and return to start/finish line.

1 circuit for the 4KM - 2 circuits for the 8KM - 3 circuits for the 12KM



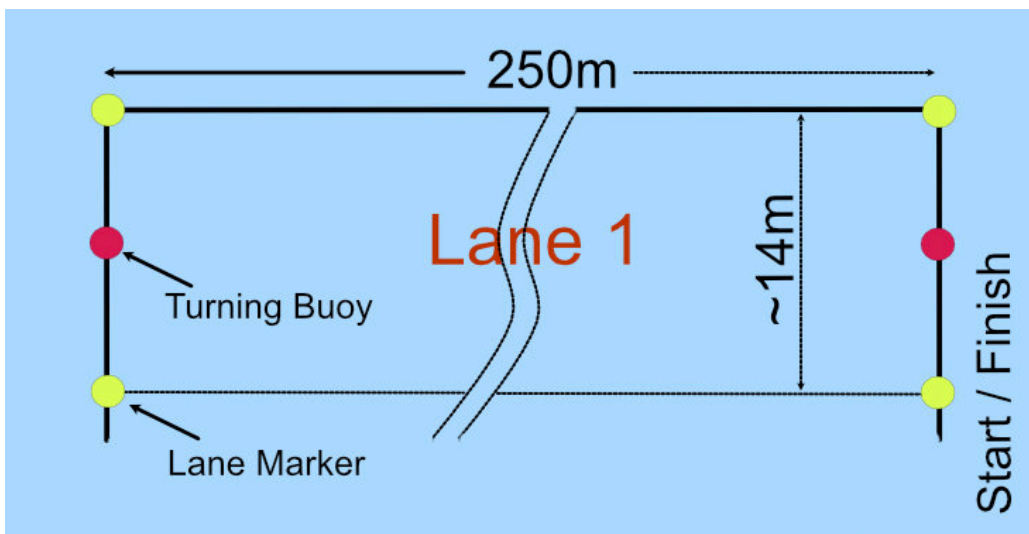
## ALL SPRINT RACES

The start/finish line will be approx 50m off the beach on a set course - the course direction may be adjusted based on the conditions on the day. All crews will line up in designated lanes approx 14m wide each. The races will consist of sprints up the course 250m, do an Ama turn to race back to the start finish line.

There will be a series of heats and a final for each division using the Tail Race and Repechage system, which is based on the number of crews entered for each division. Crews will race in a minimum of 2 races per distance in each division.



Overall Sprints Course Layout



Sprints Lane Layout

## CLUB AND TEAM NOMINATIONS

Register online at [www.aocra.com.au](http://www.aocra.com.au) by **Thursday 29th August 2019.**

## RACE FEES

**OC1/OC2 and V1** Race Fees:

Ultra Short Course (4km) \$15 per person

Short Course (8km) \$20 per person

Long Course (12km) \$25 per person

**OC6 - Juniors**

\$15 per head | \$90 per team (regardless of number of distances raced)

**OC6 - Adults**

2 Distances (500m & 1km) - \$30 per paddler | \$180 per team

3 Distances (500m, 1km & 4km) - \$45 per paddler | \$270 per team

**A late fee of \$50 will apply for team registrations submitted after Thursday 29th August 2019.**

Race fees must be paid by direct debit or credit card online at the AOCRA website: [www.aocra.com.au](http://www.aocra.com.au)

## AGE DIVISIONS FOR ALL COMPETITORS

The following provides a guideline of the age restrictions.

**\*Note: there must be three (3) teams to make a division.**

	Age Divisions	Women's Age	Men's Age
i.	21 and Under	20 to 21 Inclusive	
i.	Open	Adult age i.e. 20 yrs and above	
ii.	Masters	40 yrs and above	40 yrs and above
iii.	Senior Masters	50 yrs and above	50 yrs and above
iv.	Golden Masters	60 yrs and above	60 yrs and above
v	Platinum	70 yrs and above	70 yrs and above
vi	Juniors eligibility to compete in Adult events	a) 19U division may compete in adult divisions (21U and Open) without the need for parental or coach consent. b) Must be aged 14 yrs and above and have: i) written parental / guardian permission ii) written approval of qualified outrigger specific coach	

## CONDITIONS OF ELIGIBILITY

### General

#### B.2. COMPETITOR ELIGIBILITY:

##### B.2.1. General Eligibility-

##### *B.2.1.1. National Titles, Zone Titles, Club Regattas-*

- a) **Competitors must be AOCRA members, unless otherwise approved by AOCRA**
- b) **Each Club will register all AOCRA members with the Zone Registrar (including proof of age where required) at least 14 days prior to that said members' first Regatta**
- c) **Teams/competitors must wear matching (either long sleeve or short sleeve) coloured uniforms as registered with AOCRA as seen above the gunnels of the canoe. Hats are optional**
- d) **Golden Master men/women may combine with Platinum men/women from different clubs in order to form competitive *crews* to race in Club/ Combined/National *and* Changeover AOCRA events.**

##### B.2.2. Transfers between Clubs

AOCRA rules apply



## INSURANCE / INDEMNITY

By entering the regatta and associated racing, all entrants understand that outrigger / paddling activity carries with it an inherent risk of physical injury, and have a total understanding that they do so at their own risk.

All entrants - individuals or clubs, enter the regatta on the understanding that no insurance is provided by the Pacific Dragons Dragon Boat and Outrigger Canoe Club in respect of any injuries or losses that may take place during the course of the event. Each entrant unreservedly indemnifies the Pacific Dragons Dragon Boat and Outrigger Canoe Club and any of its representatives from all liability associated with any aspect of the event whatsoever.

## SAFETY

Members of the Zone Committee will perform safety inspections. Any canoes that do not meet AOCRA safety guidelines, may be ineligible to race. Non-AOCRA approved canoes will be ineligible to race. All canoes must have 6 x approved PFDs, 2 bailers, tow rope, spare paddle and storm covers.

All OC1/2 and V1 competitors must wear a PFD Type2 (non-inflatable) and a leg rope.

A GPS Yachtbot will be issued to all paddlers.

## PARKING

Parking for trailers is on Anzac Parade around the headland.

Trailer loading and unloading is at the area near the roundabout and the Boatshed restaurant – there will be volunteers directing trailers where to go – please ensure you unload and move your trailer away to park as quickly as possible. Car parking is available along Anzac Parade and Endeavour Avenue.



## PD's MEGA RAFFLE

Only **3** exclusive raffle prize packs available - **Ocean Sports** - **Foodie Lover** - **Ultimate Alcohol**

Each prize pack valued at approx. ~ **\$200**

**Only \$20 per ticket...** and... **Only 20 tickets sold for each prize...!!!**

So your chances of winning are high!! Get in fast for your chance to win!!

*Tickets will be sold near the Rego area - pics and full details of the prizes will be sent before the regatta.*

## FOOD

Lots of fabulous food will be available: BBQ; home baked goodies; cold drinks; etc will be available for sale. Additional food can be bought at the local cafes.

## AMENITIES

Toilets are located in the park at Frenchmans Beach.

## FIRST AID

First Aid will be in attendance at the race site.

## RACE DIRECTORS

Nicola Frowen and Eugene Lee

## QUERIES AND CONTACT

Queries should be directed to:

Race Organiser – Steve Chezzi 0419 163 331

Race Director – Nicola Frowen 0419 552 975

Or email: [info@pacificdragons.com.au](mailto:info@pacificdragons.com.au)