

AOCRA Invite you to the

**2019 OC6
National
Marathon Titles**

To be held at the Mooloolaba Spit.

Parkyn Prd, Mooloolaba Qld

on 18th & 19th May 2019



Mayoral Message

2019 AUSTRALIAN OUTRIGGER NATIONAL MARATHON TITLES

On behalf of Sunshine Coast Council, I would like to extend a warm welcome to paddlers, coaches, officials and spectators from across the country and around the world to our beautiful Sunshine Coast.

Our region loves hosting events like this, because they are closely aligned with our vision to be Australia's most sustainable region – healthy, smart, creative.

The Aussie Aito and National Marathons provide a perfect opportunity for both international and Australian paddlers to enjoy an extended stay on the Sunshine Coast by combining these events.

Both are special events on the outrigger calendar.

I encourage you, whether you are cheering on a family member or paddling in one of the races to take advantage of our spectacular natural environment, outstanding facilities and wide variety of attractions.

Please also don't forget to share your images of the championships and the Sunshine Coast on social media during your stay.

To all of the paddlers, I wish you the very best of luck during these events and I look forward to seeing you return to see us again in the future.



MAYOR MARK JAMIESON



President Message

On behalf of the Board of AOCRA, I would like to take this opportunity to welcome competitors and supporters to the 2019 OC6 Marathon National Titles, being held on once again on the beautiful waters of the Sunshine Coast, QLD.

The program offers competitors some great competitive paddling for crews from all over Australia, and no doubt some of the crews representing Australia at this year's World Distance Championships will be out in force to test their mettle against the country's best.

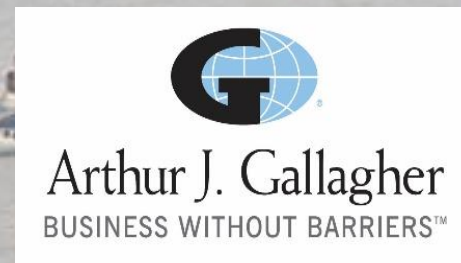
I look forward to seeing competitors from all zones take advantage of what promises to be great National Titles event.

Kind regards ... Grant

Grant Withrington
President, AOCRA



Thanks to our destination partners, major
and ongoing sponsors



Race Rules/ Safety

All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules available under the Administration tab on the AOCRA website. However, please note:

- ❖ **Women racing in Men's** crews must ask for permission before nominating, send to AOCRA Secretary.
- ❖ **Novice Rule:** For National Sprints and National Marathon events a novice crew must consist of **5** novice paddlers all in their first 2 years of paddling and an experienced steerer.
- ❖ **Uniform Rule:** Per AOCRA regulation B.2.1.1c, as this is a National Title event, teams / competitors must wear matching coloured uniforms (in club colours as registered with AOCRA), as seen above the gunnels of the canoe. Uniforms can be either short or long sleeve so long as they are otherwise matching. Hats are optional.
- ❖ **U21 Division:** Inclusion of 19U & 16U will be allowed as long as AOCRA requirements are met, click [here](#) to download form.
- ❖ **National Titles:** must have minimum of 2 team to a division.
- ❖ All Canoes must be 130+ kg – no ultralights.

Mandatory safety regulation apply

- PFD's (one per paddler) in all crafts
- All Covers, at least 2 bailers and Tow ropes in all crafts
- At least 1 Spare blade per craft

Are you allowed to compete?

Paddlers are reminded of AOCRA's rules and regulations regarding participating in AOCRA sanctioned events. You are only permitted to take part in this event if you are a recognized competitor, which means:

- You have registered and paid for this event through the AOCRA website,
 - You have signed in at the registration desk and provided your canoe number,
 - You are a current financial member of an AOCRA affiliated club, and
 - You are a current financial member of AOCRA.
- Due to insurance implications, if you do not meet ALL of these requirements you are to stay off the race course. Non-competing paddlers are not to use the event courses for training, coaching or recreational paddling in club or personal craft while competitors are on the course.

Nomination Information

Nominations will be on-line via the www.aocra.com.au site before cut off date. It is not possible to register on the day. If you are having trouble with the online registration through AOCRA please email Connie cwithrington64@gmail.com or support@aocra.com.au

All Short Course = \$25 per paddler per race

All Long Course (Men, women & Mixed) = \$30 per paddler per race

Club Nominations due: 12pm (AEST) Monday, 6th May, 2019 (Late fee will apply)

Team Nominations due: Friday, 10th May, 2019

Please note: The Golden Masters and Platinum Masters nominations are set up as a separate combined event so that you can select paddlers from other clubs. All other nominations are in the other event.

A fee of \$30 per paddler for late nominations will apply. The RACE DIRECTOR will have the discretion to not allow late registrations to paddle if he or she has concerns about the paddler/support boat ratio.

No refunds given if you decide to scratch your race, no matter what the excuse.

- Short course divisions : 21U, Open, Master, Senior Master, Golden Master, Platinum, Adaptive, Novice - Men, Women and Mixed.
- Men & Women Long Course divisions: Open, Master, Senior Master, Golden Master, Platinum Master
- Sunday - Long course Mixed race divisions: Adaptive, Senior Mixed (Open, Master, Senior Master, Golden Master & Platinum)
Young Gun Boys, Young gun girls

Sign-in & Wrist Bands

ALL Registration will take place at the Regatta Site – beach side at the end of Parkyn Parade

Early Registration times will be: Friday, 17th May at Aito Registration until 4pm

Saturday, 18th May from 6.30am

Sunday, 19st May from 8.00am

As this is a National titles event, **photo ID will be mandatory**. Please ensure you bring your ID with you when you register. Each paddler must register individually and will receive a colour-coded wrist band depending on their division. No-one can register on your behalf. Wrist bands must stay on your wrist for the duration of the weekend.

Race Registrations: Steerers must sign in their crew before each race and collect their Yacht Bot (long course only at this stage depending on nominations). All paddlers will be checked against the nominated team list.

Presentations

Note: ALL Presentations will be held at the **regatta site** after races as per race schedule.

CLUB CHAMPIONSHIP TROPHY

To be awarded to the club with the highest points based on the Outrigger National Title events.

Schedule of Events

Please note: times are approximate and we ask paddlers be ready prior to times indicated

	Approx. Time		Distance
Friday	12pm – 4.00pm	Early wrist band Registration at regatta site	
Saturday	6.30am	Registration open	
	7.30am	Blessing	
	7.45am	Women Short course race briefing	
	8.00am	Women/ mixed short course race start	10km
	9.00am	Men short course briefing	
	9.30am	Men short course race start	10km
	11.00am	Short course Presentations	
	11.15am	Women Long course briefing	
	11.30am	Women Long course start	18km
	1.00pm	Men Long course briefing	
	1.30pm	Men Long course start	22km
	4.00pm	Long Course Presentations	

Sunday	7.30am	Registration Open	
	8.30am	Long course Mixed & Young Gun Race briefing	
	8.45am	Long Course Mixed & Young Gun Race start	16km
	10.45am	Long Course Mixed & Young Gun race Presentations	

Tide Times

17 May 2019 - 0044 0.40m 0638 1.74m 1257 0.20m 1922 1.93m

18 May 2019 - 0133 0.39m 0733 1.68m 1334 0.19m 2005 1.99m

19 May 2019 - 0221 0.40m 0805 1.59m 1410 0.21m 2047 2.01m

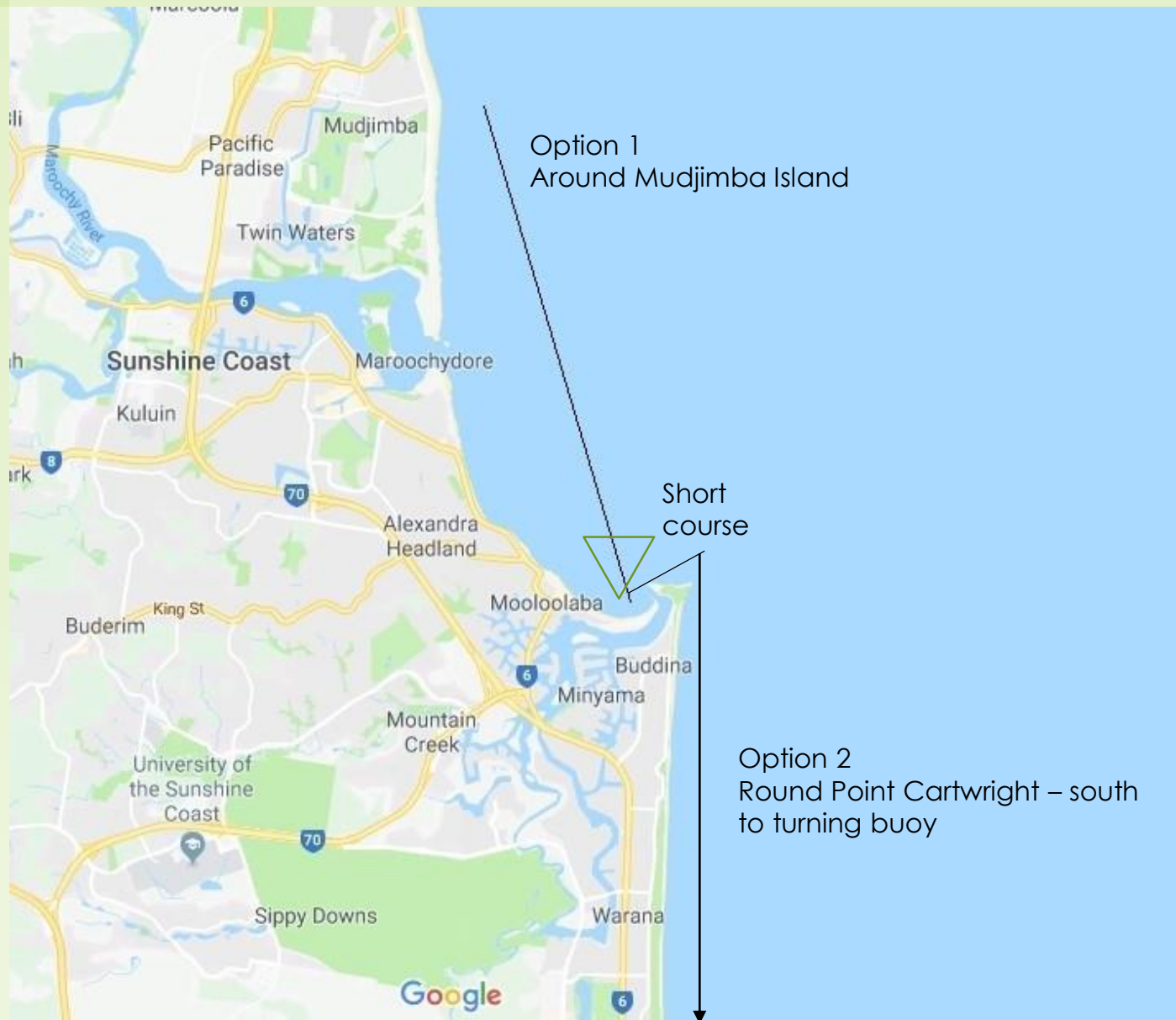
Facilities on the Day

Food stalls and coffee vans will operate all day over the two day event. There are also retail outlets within the cul-de-sac area. Paddling merchandise tents will be trading on the day.

First Aid will be on site throughout the event.

Race Courses

Conditions will determine the best possible option on the day. Please attend all briefings for confirmation of the final race courses.



Canoe Loan

Need a canoe please contact the SQ zone clubs to arrange. Please click on this link to see all the SQ Zone clubs.

[SQ Zone Clubs](#)

Don't forget to vote

Click [here](#) to see how to vote early

Club Tents / Shelters

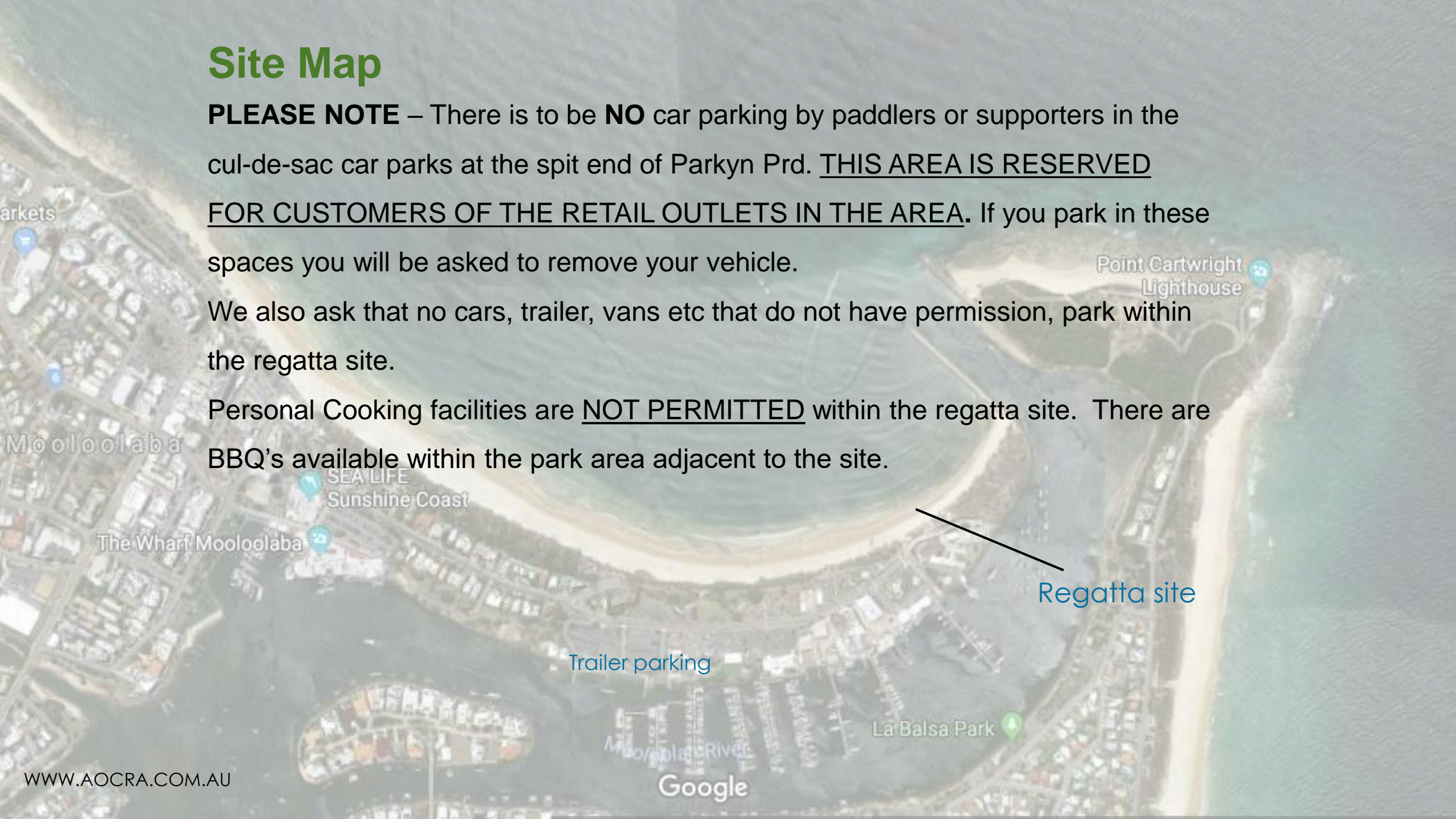
We prefer that you erect tents under the trees in the parkland area as at high tide there is currently no beach available for shade shelters. **PLEASE NOTE - All tents and other belongings are left at your own risk.** There will be overnight security, but as this is an open area and is accessible to the public. Ensure that all your tent bags and, if possible, the tents themselves have your club name / logo on them for easy identification. **PLEASE NOTE – Council has requested that no tent pegs be used due to underground cabling in the area.** Please use weighted material instead (sand bags, etc).

Site Map

PLEASE NOTE – There is to be **NO** car parking by paddlers or supporters in the cul-de-sac car parks at the spit end of Parkyn Prd. THIS AREA IS RESERVED FOR CUSTOMERS OF THE RETAIL OUTLETS IN THE AREA. If you park in these spaces you will be asked to remove your vehicle.

We also ask that no cars, trailer, vans etc that do not have permission, park within the regatta site.

Personal Cooking facilities are NOT PERMITTED within the regatta site. There are BBQ's available within the park area adjacent to the site.



Please be advised that there is to be NO PARKING or STOPPING of vehicles in the driveway located adjacent to 'The Spit' parklands. The entrance to the driveway is to remain clear at all times and is signed a NO STANDING area. The driveway to the DTMR & Water Police facilities is to be kept clear at all times during the conduct of the event. (No loading and or unloading to be undertaken in the driveway or at the entrance to the driveway). Any vehicle found to be not complying maybe issued an infringement notice which can incur a penalty of \$170.



Trailer Parking

Trailer parking will be in the boat trailer car park (next to the Coast Guard building) on Parkyn Parade (see map). This is the next large car park on your right **after** the Underwater World / Wharf Precinct car park. Please park considerately and obey all Council signs. If it's particularly good boating weather (i.e. flat), this car park can fill up quickly with recreational boaties.

PLEASE NOTE – TRAILERS ARE NOT PERMITTED TO USE STREET PARKING OR OTHER CAR PARKS ON PARKYN PARADE. PLEASE USE THE BOAT TRAILER CAR PARK ONLY UNLESS OTHERWISE DIRECTED

Canoe Rigging

Please rig canoes in the boat trailer area on Parkyn Prd. - **do not** rig your canoes before Saturday morning as there is not enough room to store all the fully rigged canoes in this car park. Once canoes are rigged on Saturday morning they should be paddled out the river mouth to the regatta site (takes approx 15-20 mins with a full crew). Please note the Mooloolah River entrance has been defined as a coastal bar and conditions have changed dramatically. Please take care when exiting the river mouth. All the usual safety equipment (covers, bailers, PFDs, tow rope, spare paddle) will be required.

Once your day of racing is complete, and if you do **not** require your canoe on Sunday, please paddle back around to the trailer car park and de-rig. **Overnight storage of canoes on the beach on Saturday night is TBC with Council. Check and be aware of overnight high tides. Please attend the race briefings for more information.**

Towing and Travel Assistance

Aocra Towing and Travel Assistance will be available – please see Paddler information sheet that will be provide for further information.

Accommodation

Accommodation on the Sunshine Coast is renowned worldwide for its superb quality, award winning locations and incredible variety. Choose from hundreds of options along the coast, many boast stunning water views. Come to life on Queensland's Sunshine Coast with the local accommodation experts. <https://visitsunshinecoast.com/accommodation>

Newport Mooloolaba accommodation delivers on location and space at one of the most beautiful beach-side spots in Queensland. Experience the refreshing atmosphere of a Newport Mooloolaba beach holiday and just simply relax! Receive a great discount when staying at Newport Mooloolaba during AOCRA events. Stay 3 nights and get one night FREE. CALL 1800 645 410 or 07 5444 4833

<https://www.newportmooloolaba.com.au/mooloolaba-hot-deals.html>

Event Travel have some packages available – checkout their website. <https://eventtravel.com.au/events/aocra-aussie-aito/>

For further event information – please contact

Emma Harding

Ops team Manager : emhard66@gmail.com

Connie Withrington

Ops Team: cwithrington64@gmail.com

Trish Johnston

Race Director: trishjoh@bigpond.net.au

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Arthur J. Gallagher
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