



Gold Coast Outrigger Canoe Club

2018 OC6 Series – Race 5

Sunday 29 April 2018

Muriel Henschman Park, Seaworld Drive
Gold Coast

Nominations Close – midnight Sunday 22 April 2018





April 2018

Dear Paddlers & Supporters,

We are excited to welcome you all to a sensational day of outrigger for Race 5 of the SQ Zone OC6 series. This is the perfect opportunity to prepare for the Nationals Titles in May and a practice run for Pan Pacific Masters Games in November to be held on the Broadwater.

The Broadwater offers a variety of water conditions with easy access to the ocean out through the seaway. This year's Regatta will be based at the VMR building located next to the Muriel Henchman Park with plenty of off road parking. We will have access to toilet and shower facilities.

This is an ideal event for Novices to give the Broadwater short course a go. Long Course will start on the bustling Broadwater and follow the seaway out to the ocean along the Gold Coast coastline and returning. There is an alternative course option available depending on weather conditions.

With the Gold Coast Cup being held on Saturday 28 April 2018, make it an action packed weekend of Outrigging. Clubs attending both events can park their Canoe Trailers onsite for the entire weekend. Play and stay on the Gold Coast for the weekend where there is an abundance of accommodation and endless entertainment options for all.

Awesome BBQ and refreshments will be available throughout the day. Thanks for your invaluable support.

Happy Paddling and see you at this regatta!

Anna Wood
President
Gold Coast Outrigger Canoe Club



Sunday 29 April 2018 Program

Please note all times are approximate, we ask that all paddlers are ready to race prior to the indicated time

Time	Southport Seaway	High Tide	0742	Low Tide	1346	Distance
0630	Registration Opens at VMR Muriel Henchman Park					
0700	Race Briefing for All Long Course					
0730	Race 1	Mens Long Course Start				16 km
0915	Race 2	Womens & Mixed Long Course Start				16 km
1045	Race Briefing for All Junior Races					
1100	Race 3	16Under Mixed Start				6 km
1200	Race 4	12 Under / Minnows Start				2km / 1km
1230	Race 5	14 Under Mixed Start				4 km
1245	Race Briefing for All Short Course Races					
1300	Race 6	Short Course Start				8 km
	Women / 19 Under Mixed / Young Guns / Novice Women / Novice Mixed					
1315	Medal Presentation for Juniors					
1400	Race 7	Short Course Start				8 km
	Men / Mixed / Young Guns / Novice Men					
1500	Medal Presentations for Novice					
1520	Conclusion of Race Day					

Short Course OC6 8 KM

Staggered start on the sand bank out from VMR shore front, face north staying left of the main channel, giving way to all powered vessels. Face north paddling towards Wavebreak Island remain on left hand side of the main channel. Turn left after Wavebreak Island remaining close to shoreline of the island. Turn left at the buoy, moving safely across the channel giving way to all powered vessels. Face south and paddle remaining close to the shoreline. Turn left, moving safely towards the main channel in front of Seaworld. A Support Boat will be positioned facing Seaworld before the main channel. The Support Boat will have two flags; a yellow flag, signaling to proceed with caution into the main channel giving way to all powered vessels and a red flag signaling to stop before the main channel until the yellow flag is raised. All steerers to follow the direction of the positioned Support Boat and cross the main channel giving way to all powered vessels. Face north remaining to the right of the main channel. Finish ahead at the VMR shorefront.



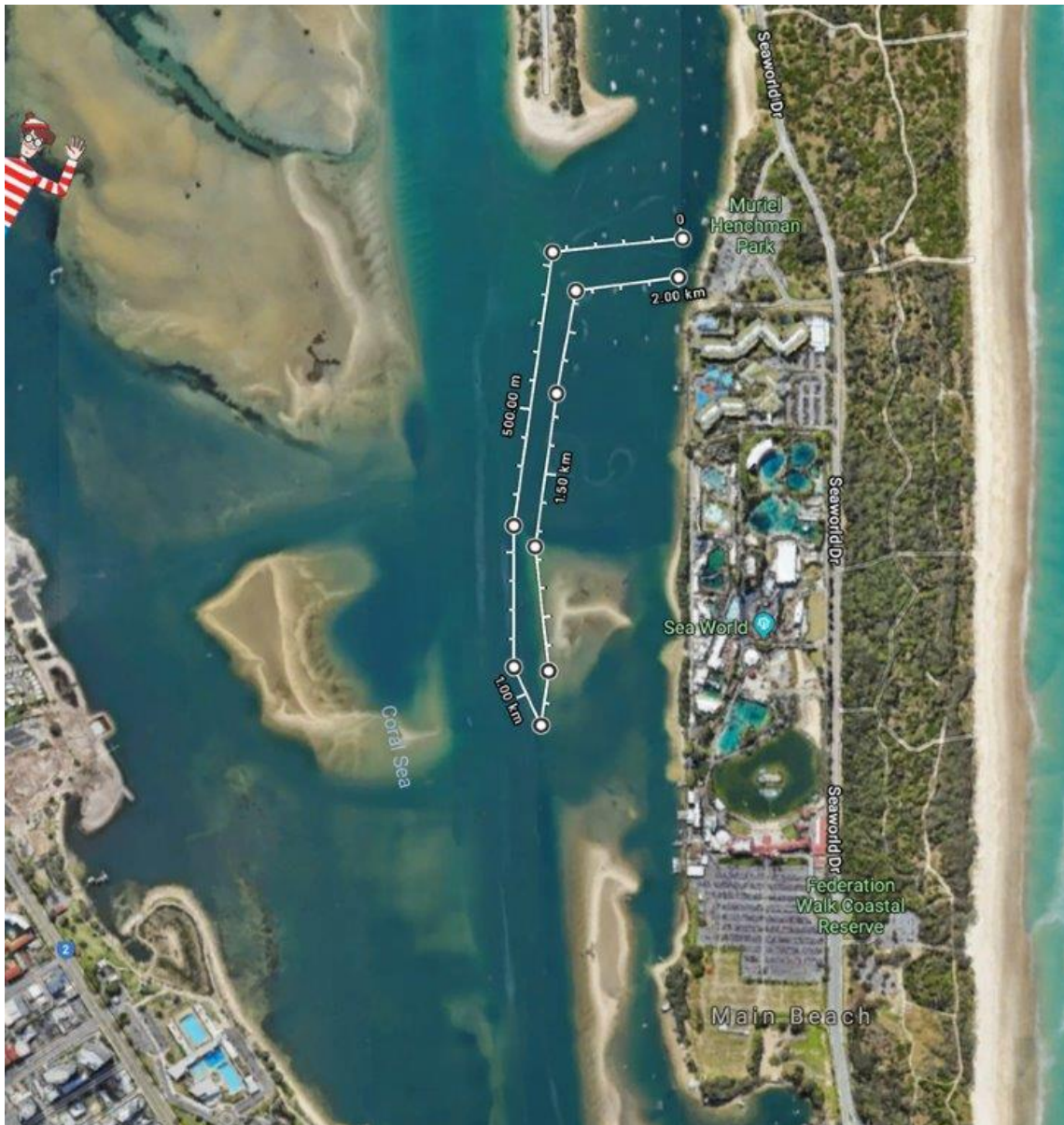
Juniors 16U OC6 6 KM

Start at VMR shore front. Facing west and turn left on the buoy and paddle south parallel to the shoreline remaining left of the main channel and right of the small sandbars. Stay right of the marked Jetski course out the front of Seaworld. Do not enter the Jetski course. Small sand bars that are present at low tide. Turn left at the buoy in front of the Seaworld carpark as marked and return facing north, staying to the left of the sandbars. Remain right of the main channel and return paddle to the VMR shorefront staying clear of the marked Jetski course. This course is 3km, complete two rounds of this course for 6km.



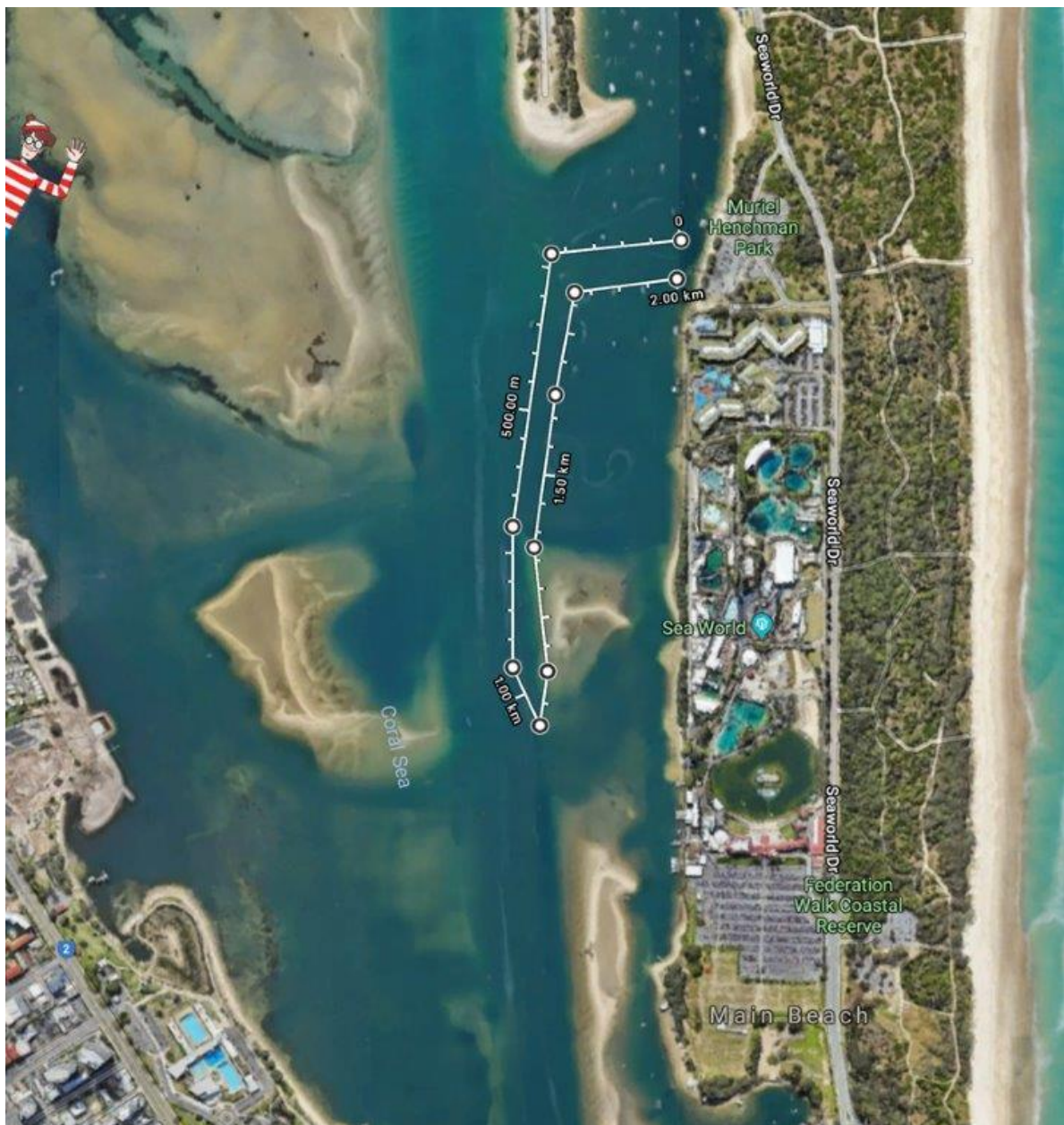
Juniors 14U OC6 4 KM

Start at VMR shore front. Facing west and turn left on the marked buoy and paddle south parallel to the shoreline remaining left of the main channel and right of the small sandbars. Stay right of the marked Jetski course out the front of Seaworld. Do not enter the Jetski course. Small sand bars that are present at low tide. Turn left at the buoy in front of the Seaworld carpark as marked and return facing north, staying to the left of the sandbars. Remain right of the main channel and return paddle to the VMR shorefront staying clear of the marked Jetski course. This course is 2km, complete two rounds of this course for 4km.



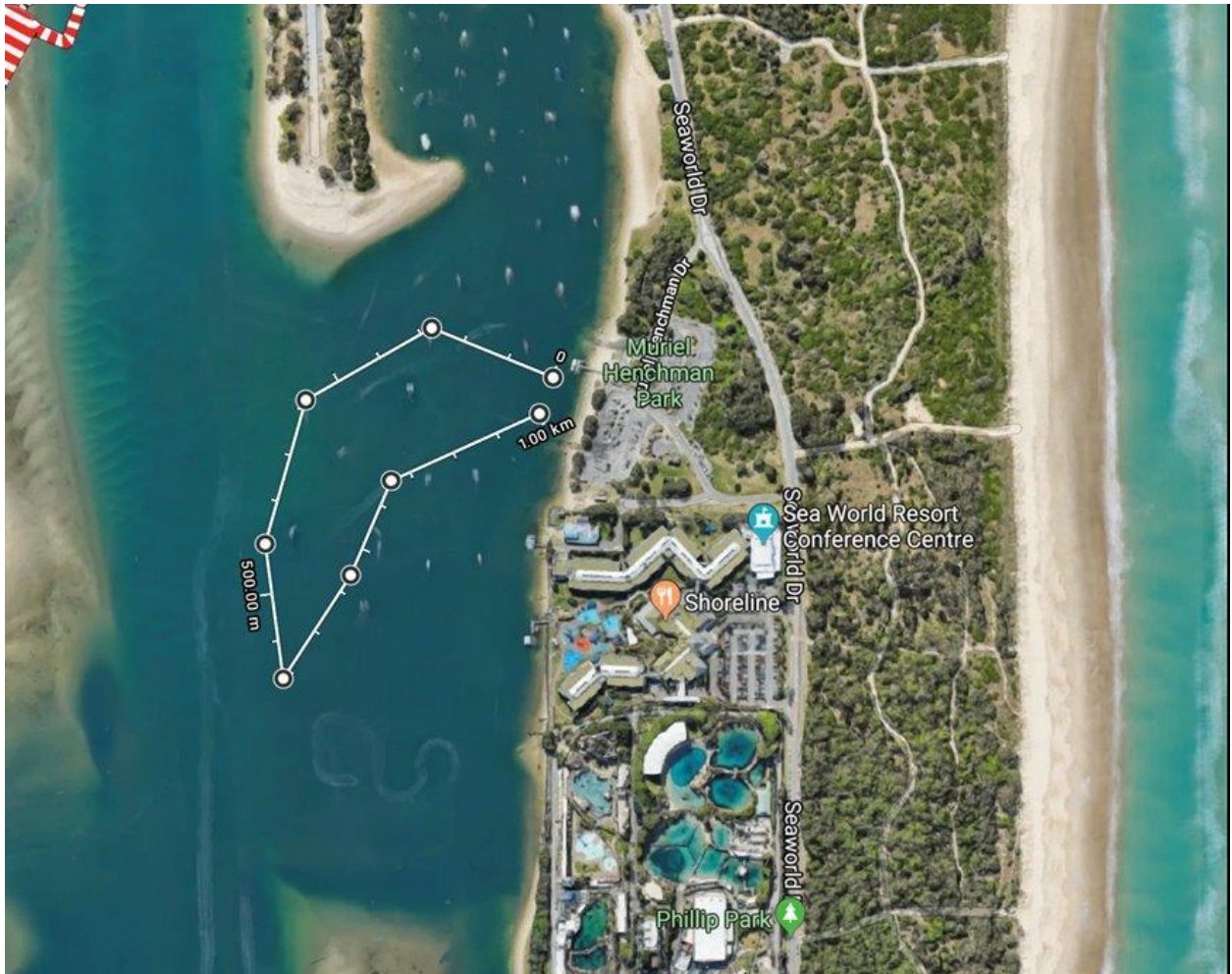
Juniors 12U OC6 2 KM

Start at VMR shore front. Facing west and turn left on the marked buoy and paddle south parallel to the shoreline remaining left of the main channel and right of the small sandbars. Stay right of the marked Jetski course out the front of Seaworld. Do not enter the Jetski course. Small sand bars that are present at low tide. Turn left at the buoy in front of the Seaworld carpark as marked and return facing north, staying to the left of the sandbars. Remain right of the main channel and return paddle to the VMR shorefront staying clear of the marked Jetski course.



Juniors Minnows OC6 1KM

Start at VMR shore front. Follow the 1km course. Facing west towards the sandbars and turn left facing south at the marked buoy. Face south and turn left on the buoy and face north staying left of the marked buoys, returning to the VMR shorefront. This course is marked clear of the Jetkis course in front of Seaworld. Do not enter the Jetski course. Do not enter the main channel.



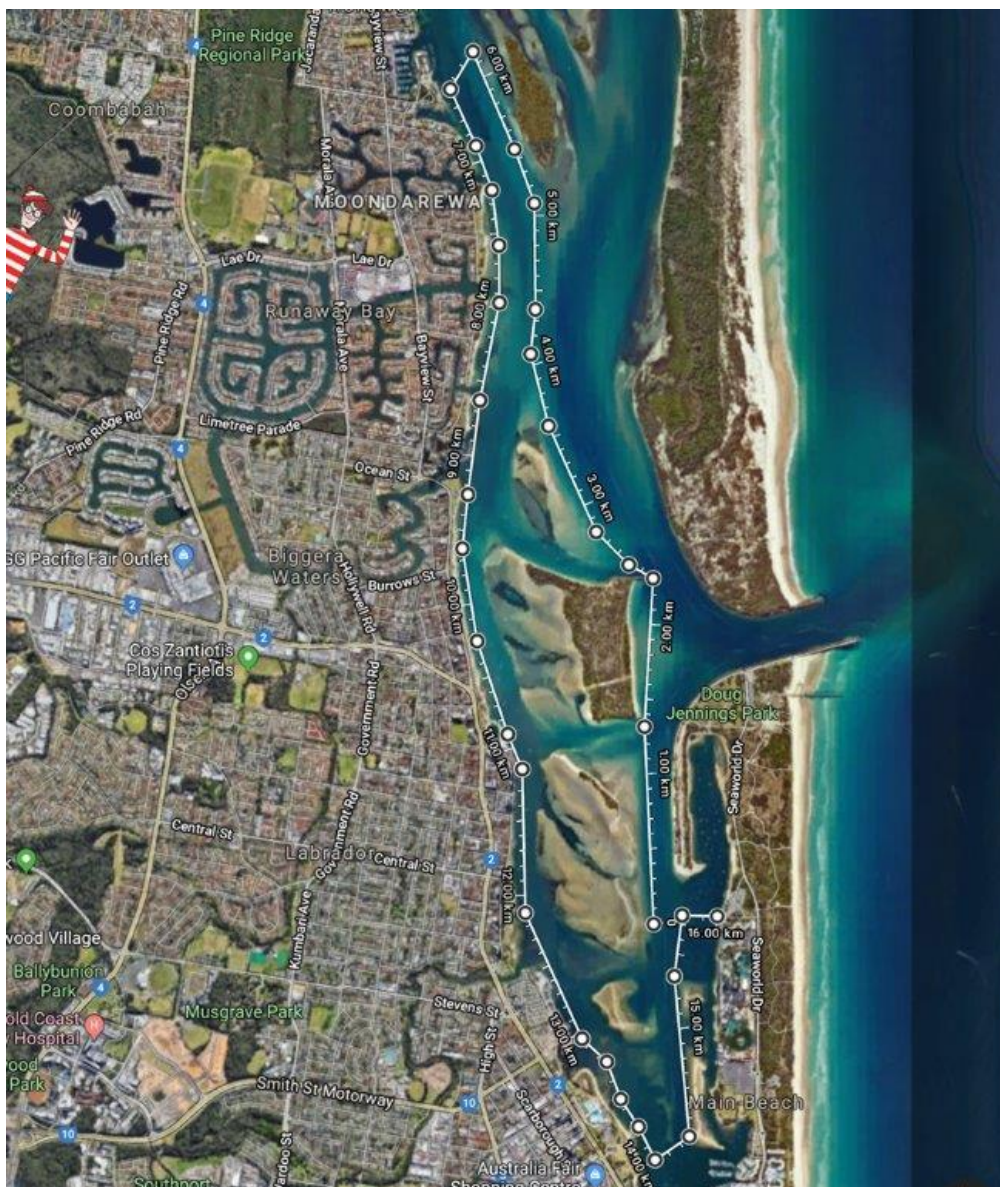
Long Course OC6 16 KM

Start at the VMR shorefront facing north staying to the right of the main channel and close to righthand shoreline. Stay out of the main channel at all times. Turn right at the Southport Seaway entrance remaining close to Southern Seaway wall (10 meter clearance), turning right into the ocean. Keep a safe distance from the wall on turning to avoid shallow sand area and significant waves breaking. Steerers to avoid fishing lines and diver flags. Paddle south following the coastline at 1km from the shoreline (compliant with the Baiting Reserve exclusion zone), turning at the buoy, face north and return paddle towards the seaway entrance. Turn left and remain close to the Southern Seaway wall (10 meter clearance) with a safe distance to avoid waves breaking and shallow sand area. Steerers to avoid fishing lines and diver flags. Keep left close to the shoreline and out of the main channel. Finishing ahead out the front of VMR.



Alternate Long Course B OC6 16 KM

Staggered start on the sand bank out from VMR shore front, face north staying left of the main channel, giving way to all powered vessels. Remain on the left hand side of the main channel markers and paddle north past Wavebreak Island. Turn left and continue north giving way to all powered vessels in the channel. Turn left at the buoy before Runaway Bay Marina and face south. Paddle adjacent to the shoreline towards the Broadwater Parklands Jetty. Turn left at the buoy in front of Seaworld carpark, crossing the main channel safely. Give way to all powered vessels. Face north and remain right of the main channel giving way to all powered vessels. Return paddle turning right on the buoy in front of VMR. Finishing ahead at the VMR shorefront. Do not enter the Jetski course in front of Seaworld.



Regatta Information

Regatta Rules

Are you allowed to compete?

Paddlers are reminded of AOCRA's rules and regulations participating in AOCRA sanctioned events. Individuals (OC1/V1) and teams (OC2) are only permitted to take part in said event if recognized as sanctioned competitor/s, which means:

1. The individual/ team has registered and paid for the event through the AOCRA website,
2. The individual / team captain, have signed in at the registration desk and provided racing canoe number,
3. The individual / all team members, are current financial member/s of an AOCRA affiliated club, and
4. The individual / all team members, are current financial member/s of AOCRA.

Due to insurance implications, if the above criteria is not met, you are stay off the race course. Non-competing paddlers are not to use the event courses for training, coaching or recreational paddling craft while competitors are on the course.

Online Entries

All competitors, *including AOCRA non-members*, must register online at www.aocra.com.au before race day. It is not possible to register on the day. Sign in and briefing will take place at the Gold Coast OCC Tent on shorefront of VMR. Paddlers must sign-in to confirm their registration and canoe number for each race.

If you are having trouble with the online registration through AOCRA please email support@aocra.com.au or sqregistrar@gmail.com or message Steph Cullen through the SQZ Facebook page.

Entry Race Fees

\$20 Per Paddler Per Race

Senior Paddlers

\$10 Per Paddler Per OC6 Race

Junior Paddlers

Late Registrations

Cut off for registration is Sunday 22 April 2018 midnight. The SQ committee have decided registrations after midnight on advertised cut off day incur a \$100 late fee (\$50 for Juniors). In addition, the Race Director has the discretion to not allow late registrations to paddle if he or she has concerns about the paddler/support boat ratio.

Cancellation Policy

In the very unlikely event of a total abandonment Gold Coast OCC will not be in a position to refund race fees. It is our understanding that AOCRA National and SQ Zone would refund their portion of the race fee.

Event Day Registration

All paddlers must sign in to confirm their registration and provide their canoe number for each race at the Registration Tent (from 6:30 am). This will assist in the accuracy of the results and for safety reasons.

Medals

There will be a Junior and Novice Medal presentations as per the program.

Regatta Location

Muriel Henschman Park on Seaworld Drive, Gold Coast (road leading to the Spit and Gold Coast Seaway). There is a carpark area in this park outside of VMR location. Please follow directions given by the Parking Attendants at all times to maximise available parking area and safety of all users including public.



Trailer and Vehicle Parking

Trailer and car parking will be at Muriel Henschman Park, follow directions of the Parking Attendants. Clubs participating in the Gold Coast Cup and OC6 Regatta will be able to leave their trailers parked in this location for the entire weekend for both events.

Canoe Rigging

Rigging will take place in the car park area. Once your canoe has been rigged, your crew can trolley the canoe to the marked shorefront area ready to race.

Accommodation

There are many accommodation options with some located within walking distance of the Regatta. Nearby locations are: Main Beach, Surfers Paradise and Southport.

Safety

All paddlers must sign-in at the registration tent prior to the event. Require canoe numbers for each race. All paddlers to attend course briefings prior to the race start.

- 2 x Bailers and Tow Rope per craft
- PFDs (one per paddler) in all crafts
- At least 1 Spare paddle per craft

In accordance with MSQ's Aquatic Permit, there is a Safety Management Plan for all volunteers and support boats. Please email gcocc_secretary@outlook.com for a copy, or if you have any support boats coming with you.

First Aid

There will be a designated first aid officer available at the registration area for the event. A fleet of support boats will operate during the event and equipped with standard first aid kit, tow rope and lights. All queries are to be directed to the Safety Officer.

Refreshments

The club will provide a BBQ with a variety of options and refreshments from the VMR building along with a Coffee Van onsite.

Contact Information

GCOCC President	Anna Wood	M 0419 249 360
GCOCC Event Manager	Janine Nikora	M 0433 227 046
GCOCC Race Director	Leigh Paine	M 0429 093 662