



# SQ Zone with the support of Mooloolaba Outriggers

present

## SQ ZONE Championships 2025

**Held at Mooloolaba Spit, Parkyn Parade,  
Mooloolaba, Queensland**

**on Friday 11<sup>th</sup>, Saturday 12<sup>th</sup> and Sunday  
13<sup>th</sup> April 2025**



*Welcome paddlers*



SQ Zone Committee would like to extend a warm welcome to all our paddling family of 28 clubs. We hope you enjoy the SQ Zone Championships 2025.

We acknowledge the first people of the land and waterways and our ancestors as we walk, travel and paddle upon it.

This year we have chosen to return to Mooloolaba waterways to experience the amazing Mudjimba (Old Woman) Island. We thank Mooloolaba OCC and Committee for helping SQ Zone Committee make this event happen, in their home area of Mooloolaba.

We are a family of outriggers. We bring our individual talents, dedication, and spirit to collectively compete, support and celebrate this passion for paddling our oceans and waterways throughout our zone.

This year we have endeavoured to keep the costs to a minimum, so our paddlers are able to participate in more races. Let's enjoy all aspects of this weekend. It doesn't matter if you are competing, supporting or volunteering. Everyone together will make this event memorable.

Mooloolaba OCC will open their doors to host everyone for the evening- presentations, food, drinks and entertainment.

Remember that many people have been involved to make this event happen. Please thank volunteers, be patient and kind.

For the love of paddling,

*SQ Committee and Mooloolaba OCC*





# Intro and Info

The **2025 SQ Zone Championships** event is being hosted by South Queensland Zone with the support of Mooloolaba Outrigging Canoe Club. This event encourages and promotes outrigger paddling while sharing the uniqueness of Mooloolaba Spit.

The SQ Zone welcome teams outside of the Zone to enter. However, results from their races will not be entitled to 2024 Championship medals or the results tally for SQ Zone Clubs.

## Race Rules/ Safety

All AOCRA rules and regulations will be enforced, as per the AOCRA Regatta Rules available under the Administration tab on the AOCRA website.

All Paddlers must wear club uniforms

### Mandatory safety regulation will apply

- ❖ PFD's (one per paddler) in all crafts  
**NOTE:** Recent updates to Aocra rules - PFD's not to be inflatable type.
- ❖ At least 1 Spare blade per craft (all crafts)

### Small Crafts:

- ❖ Oc1 / Oc2 must have attached leg leash
- ❖ V1 must have bailer and covers (if provided)
- ❖ V3 / Oc3 must have bailers & Covers (if provided) and toe rope attached
- ❖ **Long course** – Mobile phones in waterproof case with webscorer app activated

### OC6 crafts:

- ❖ All Covers, at least 2 bailers and Tow ropes in all crafts
- ❖ **Long course** – Mobile phones in waterproof case with webscorer app activated
- ❖ Minnows, non-inflatable PFD's to be worn

All OC6 canoes shall be a minimum weight of 130 kgs unless in the unlimited class.

*Unlimited Class* OC6 canoes weighing less than 130 kgs may race in the short and long courses in the **"Unlimited division only"** for Women, Men and Mixed. ie 1 division for all ages in this class.

OC6 - Aggregate Age will be offered for clubs with 49 members or less only.

**Scrutineering** -All canoes will be scrutineered at the rigging and trailer parking area. NOT ON THE BEACH. All canoes are to have correct items in the canoes - bailers, spare paddle, ropes, PFDs. Mooloolaba and Panamuna please bring your canoes into the rigging area for scrutineering





# Nomination Info

## ALL COMPETITORS MUST BE AOCRA MEMBERS

Nominations are on-line via the [www.aocra.com.au](http://www.aocra.com.au) site. It is not possible to register on the day.

If you are having trouble with the online registration through AOCRA please email

[support@aocra.com.au](mailto:support@aocra.com.au)

Nominations close midnight **Sunday 6<sup>th</sup> April 2025**

Registrations after midnight (AEST Qld) of the advertised cut off will incur a late fee (Seniors \$100/ Juniors \$50). Club Registrars are requested to include Canoe Number on team sheets by cut off.

**On the day:** all team captains must sign-in at the registration tent prior to the event and confirm their team members as recorded on team sheet. All paddlers are to attend briefings prior to race start.

## RACE FEES

### Small craft (Friday)

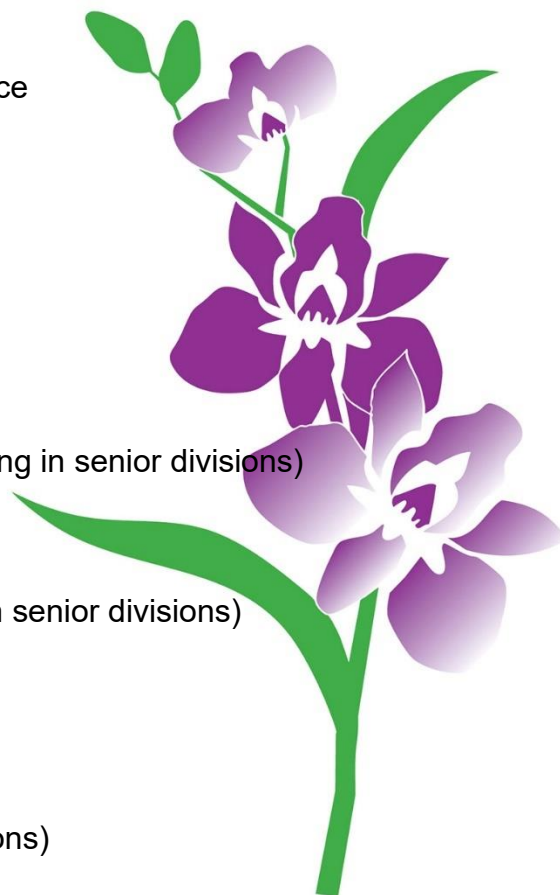
- Short course
  - \$30 Senior paddler- per paddler, per race
  - \$20 Junior (U16 & U19) – per paddler per race
  - \$15 Junior (U12/ U14) & Para – Per paddler per race
- Long Course
  - \$35 Senior Paddler – per paddler per race
  - \$25 Junior (U19) – per paddler per race
- Dash 4km
  - \$15 Senior – per paddler
  - \$10 Junior - per paddler

### OC6 (Saturday)

- Short Course
  - \$30 Seniors - per paddler per race
  - \$15 Juniors – per paddlers per race (Unless paddling in senior divisions)
  - \$10 Might Minnows – per paddler
- Long course
  - \$35 seniors – per paddler per race
  - \$20 juniors (U19) – per paddler (Unless paddling in senior divisions)
- Dash 4km
  - \$15 Seniors – per paddler
  - \$10 Juniors – per paddler

### Sunday – Fun Day relay

- \$30 seniors – per paddler
- \$10 Junior – per paddler (Unless paddling in senior divisions)







## **RACE DIVISIONS**

### **Friday small craft**

- Short & Long course = U16, U19, Open, Master, Senior Master, Golden Master, Platinum Master, Para
- Juniors = U12 & U14

### **Saturday OC6**

- Short & Long course Men Woman & Mixed = U16, U19, Open, Master, Senior Master, Golden Master, Platinum Master, Para
- Juniors = Minnow, U12 & U14
- Clubs with 49 members or less ONLY, short and long course = agg age -240years, 240+years, 360+years (may be from different clubs), 420+ years (may be from different clubs)

### **Sunday – fun day relay (9x men, 10x Women, 10x Mixed & 10x junior)**

- U16, U19, Open, Master, Senior Master, Golden Master, Platinum Master, Para
- Clubs with 49 members or less ONLY =
  - Men -360years, 360+years, 450+years, 540+years (may be from different clubs & 630+years (may be from different clubs
  - Woman & mixed -400years, 400+years, 500+years, 600+years (may be from different clubs) & 700+years (may be from different clubs

Composite crews = Entries from various AOCRA Clubs for team entries for Juniors, Golden Masters and Platinum Masters (competing in the same division ie. Junior, Golden and Platinum Masters) are allowed

Due to new QLD Maritime Legislation – approved lifejackets must be WORN crossing the Mooloolah River Bar – Estuary to Beach and return.

## **TEAM / INDIVIDUAL RACE REGISTRATION**

All steerers/captains (OC6) must sign in their crew before each race and confirm canoe number and show that Webscorer App is loaded and active on mobile device. Registration for GPS Tracking must be completed before briefing.

All individual competitors (OC1/OC2/V1/V3/OC3) must sign in and confirm canoe number and show that Webscorer App is loaded and active on mobile device. Includes short and long course. Registration and sign in must be completed before briefing.





# Race schedules

## Friday 11<sup>th</sup> April 2025 – Small Craft Championships

Sunrise 06.02am/ High tide 7.06am 1.73mt/ Low tide 1.22pm 0.41mt/ Sunset 5.36pm

Event	Start	Event detail	Distance
	7am	Registration Open	
	8 to 8.15am	Short course race briefing	
Race 1	8.20am	Short course race start– V1, OC1, OC2, V3, Seniors / novices /U16 /U19	8km
	9 to 9.15am	Juniors race briefing	
Race 2	9.20am	Juniors races start -V1, OC1, OC2. V3 U12/ Para	2km
Race 3	10 am	U14/ Para V1, OC1, OC2, V3	4km
	11 to 11.15am	Dash race briefing	
Race 4	11.20pm	Dash race start – V1, OC1, OC2, V3 Seniors /U16 /U19	4km
	12.30 to 12.45pm	Long course race briefing	
Race 5	1pm	Long course race start – V1, OC1, OC2, V3 Seniors /U19	18km
<b>Presentations will be done on the beach after racing has been completed</b>			

Times for all races on these programs are approximate and are subject to change depending on nominations/conditions etc. On the day, please heed all announcements from the Race Director in relation to times of your events, as race times can change.

The program will run in accordance with AOCRA Rules. Rules are on AOCRA's website under Administration. Any enquiries regarding the program, please contact the Race Director.

**Note: A Mobile Phone with webscorer app activated in waterproof case is required for All long course races (small crafts as well as OC6)**



## Saturday 12<sup>th</sup> April 2025 – OC6 Championships

Sunrise 6.02am / High tide 7.36am 1.7mt / Low tide 1.47pm 0.38mt / Sunset 5.35pm

Event	Start	Event Details	Distance
	6.30am	Registration Open	
	7 to 7.15am	Short course race briefing	
Race 1	7.25am	Women short course race start All division + U16/ U19 /Para & Novices	8km
Race 2	9am	Men & Mixed short course race start All divisions + U16/ U19 /Para & Novices	8km
	9.10 to 9.20am	Junior & Dash race briefing	
Race 3	9.30am	Minnows x2 (5 min rest between races)	1km
Race 4	9.35am	U12 /U14 Girls, boys & mixed	2km/4km
Race 5	10am	Dash race start Men, women & mixed all divisions, U16 & U19	4km
	10.30 to 10.45am	Long course race briefing	
Race 6	10.55am	Women & Mixed long course race start All divisions + U19	18km
Race 7	1.30pm	Men Long course race start All divisions + U19	18km
Presentations will be at Mooloolaba outrigger compound from 5.30pm			

## Sunday 13<sup>th</sup> April 2025 - Fun Day Relay

Sunrise 6.03am / High tide 8.05am 1.64mt/ Low tide 2.13pm 0.36mt/ Sunset 5.34pm

Event	Start	Event Details	Distance
	8am	Registration Open	7 laps of approx. 2.5km
	9 to 9.15am	Relay race briefing	
Race 1	9.30am	Relay race start All Divisions Men, Women & Mixed + juniors & Para	
Presentations on the Beach after racing is completed			

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*Unlimited Class* OC6 canoes weighing less than 130 kgs may race in the short and long courses in the ***“Unlimited division only”*** for Women, Men and Mixed. ie 1 division for all ages in this class.

OC6 - Aggregate Age will be offered for clubs with 49 members or less only





# Race Courses

Friday 11<sup>th</sup> April 2025 – Small Craft Championships



Option A



Option B





## Saturday 12<sup>th</sup> April 2025 – OC6 Championships

(\*Short course same as small craft)

### Option A



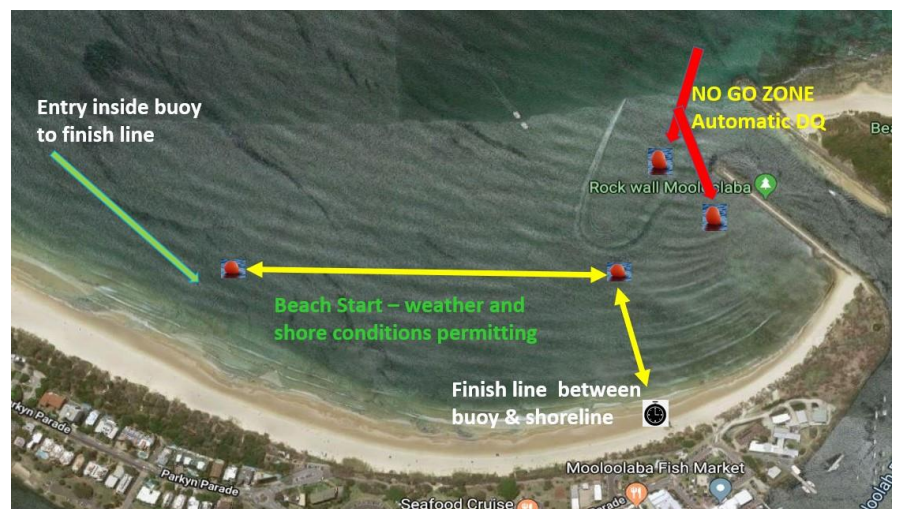
### Option B



### Start and Finish Lines

Start line between the orange buoys offshore, from Mooloolaba Spit.

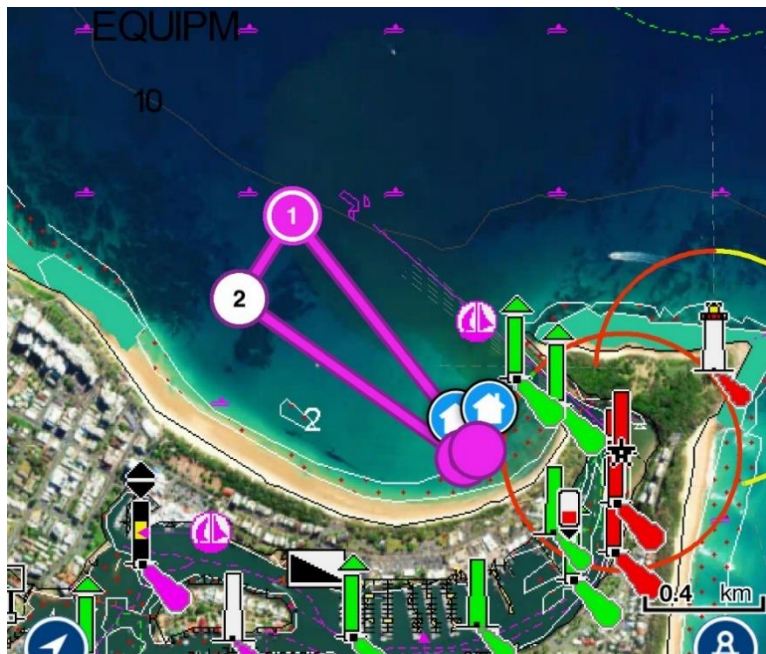
Finish line is inside of the marker closest to the rock wall.





## Sunday 13<sup>th</sup> April 2025 - Fun Day Relay

The Beach Relay will be five laps of a 2-kilometre circuit: around marker one then two. Changes happen at the beach. Start and finish lines are consistent with day one and two of competition



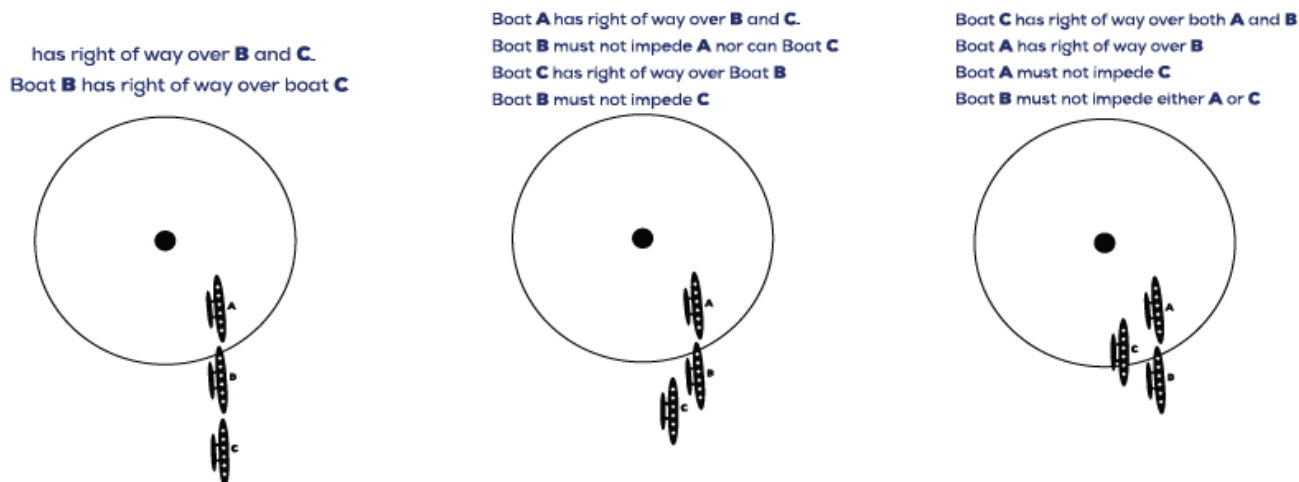
### Alternative Course (due to adverse weather AOCRA rule 8.2)

The alternative course for the Beach Relays will be a reverse direction of the 2-kilometre course to minimise waves under the ama and reduce the capsizing risk.

### Right of Way Rules

Figure 1 Diagram depicting examples of "right of way" rules with the circle depicting two canoe lengths.

(please note in the second example canoe c does not get right of way until they are within 2 canoe lengths of the turn).

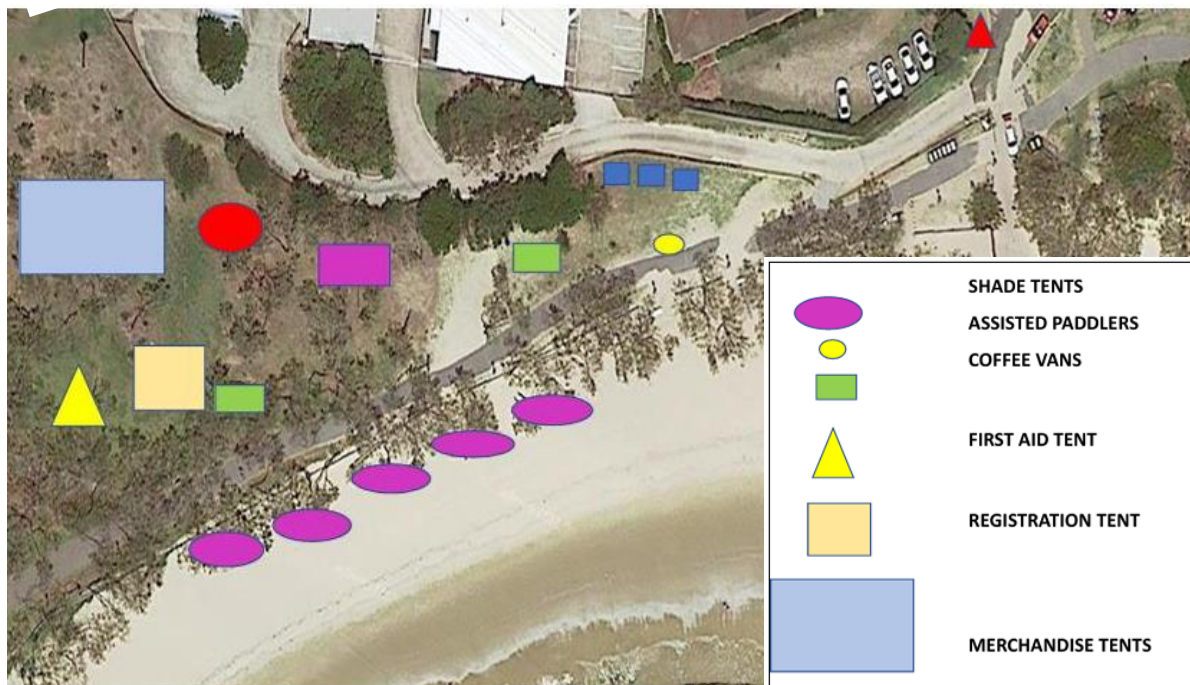






# Event info

## SITE MAP



	SHADE TENTS
	ASSISTED PADDLERS
	COFFEE VANS
	FIRST AID TENT
	REGISTRATION TENT
	MERCHANDISE TENTS
	CHIROPRACTIC TENT
	AOCRA TENT
	SKIP BIN
	PORT-A-LOOS

### Trailer parking & Rigging

Please follow signs and directions given by volunteers on site.

If arriving Thursday please email [secretarysqzone@aocra.com.au](mailto:secretarysqzone@aocra.com.au).

**Scrutineering** -All canoes will be scrutineered at the rigging and trailer parking area. NOT ON THE BEACH. All canoes are to have correct items in the canoes - bailers, spare paddle, ropes, PFDs. Mooloolaba and Panamuna please bring your canoes into the rigging area for scrutineering

### Facilities on the Day

Food stalls and coffee vans will operate throughout the event. There are also retail outlets within the cul-de-sac area. Paddling merchandise tents will be trading on the day.

First Aid will be on site throughout the event.



## **AOCRA Refund Policy in the event of Postponement and or Cancellation**

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.

### **Nominee Cancellation Prior to the Event Date**

#### **Change of Mind or Unable to Attend**

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund. AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs. The nominee cannot request a refund on the day of the event or after the start date of the event.

### **Host Postpones or Cancels the Event**

#### **Host Giving Notice of Postponement or Cancellation**

The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

#### **Event Postponed**

Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event. A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, host or SQ ZONE Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued). The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host, and they reserve the right to do without notice. The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

#### **Event Cancelled**

- The Host, Zone or AOCRA may cancel an event in line with the AOCRA Rules.
- Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee
- Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.
- The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

#### **Refund Payment**

Refunds will be processed within 30 days of cancellation via the same method used for payment.

## **Race Fee breakdown**

<b>Race Fee per paddler entry</b>	<b>Senior long course</b>	<b>Senior short course</b>	<b>Minnows (2 races)</b>	<b>juniors</b>	<b>Dash Senior</b>	<b>Dash junior</b>
<b>TOTAL</b>	\$35	\$30	\$10	\$20	\$15	\$10
<b>SQ Zone</b>	33	28	8	18	13	8
<b>AOCRA</b>	2	2	2	2	2	2