



**AOCRA**  
AUSTRALIAN OUTRIGGER  
CANOE RACING ASSOCIATION  
SOUTH QUEENSLAND  
ZONE

presents ...

# V1

## Va'a Super Series 2018

**Courses:**  
2km - Under 12  
4km - Under 14  
8km - Short Course  
16km - Long Course

**Race fees:**  
Seniors \$20  
Juniors \$10

**MASS STARTS  
BEACH FINISHES**

V1 Workshops  
BBQ Lunch

<b>Race 1</b>	<b>Tweed Coast</b>	<b>Saturday 13th January 2018</b>
<b>Race 2</b>	<b>Hervey Bay</b>	<b>Sunday 25th March 2018</b>
<b>Race 3</b>	<b>Scarborough</b>	<b>Saturday 7th April 2018</b>
<b>Race 4</b>	<b>Caloundra</b>	<b>Saturday 5th May 2018</b>

**Entries:** [www.aocra.com.au/sqzone/](http://www.aocra.com.au/sqzone/)

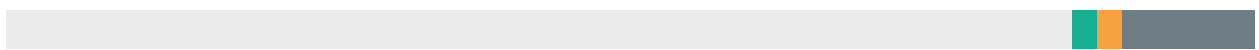
### Objective of this series:

- ♦ To up skill our zone paddlers on the V1 craft leading into the world marathon titles here in Australia
- ♦ To create interest in paddling V1 craft with a stand-alone series not to clash with OC1 padding
- ♦ To have a V1 racing leading into Aussie Aito

### The Course

4 km circuit in distance

It can be rectangular, triangle, M shape, out and back as long as it is 4km



<b>Age Categories</b>	<b>Course</b>
<b>12 under</b>	12U can do 2km if they're first year V1
<b>14 under</b>	1 lap = 4kms then peel off to the finish line
<b>16 under</b>	2 Laps = 8km then peel off to the finish line
<b>19 under</b>	4 laps = 16km then peel off to the finish line
<b>Women</b>	4 laps = 16km then peel off to the finish line
<b>Men</b>	4 laps = 16km then peel off to the finish line

19U, Women and Men may also choose do a Short Course by finishing after 2 laps.

### **Starts**

Where the location permits there will be a beach start, holding V1, short 5m dash to water's edge, then enter canoe and start paddling

### **Finish**

All finishes will be a short 15m run up the beach through a finish chute. V1 to remain in the water. Spectators will be asked to help grab canoes.

(Great for spectators and photo opportunities)

### **Va'a Super Series format**

Females will start then all Male paddlers will start.

### **Lunch break and V1 super clinic**

Adults & juniors will have separate clinics and presenters – Presenters TBA

<b>Entry Fees</b>	<b>\$</b>
<b>Juniors</b>	\$10
<b>Seniors</b>	\$20

<b>Series Dates</b>	<b>Location</b>
<b>Race 1 - Saturday 13<sup>th</sup> January</b>	Tweed Coast
<b>Race 2 - Sunday 25<sup>th</sup> March</b>	Hervey Bay
<b>Race 3 - Saturday 7<sup>th</sup> April</b>	Scarborough
<b>Race 4 - Saturday 5<sup>th</sup> May</b>	Caloundra
<b>Aussie Aito - Friday 18<sup>th</sup> May</b>	*Not part of series

## Program

<b>Registration</b>	0900
<b>Briefing</b>	0930hrs (Race courses to be provided on the day)
<b>Race 1 - Start</b>	1000hrs (All Women)
<b>Race 2 - Start</b>	1200hrs (12U 2km)
<b>Race 3 - Start</b>	1300hrs (All Men)

One last thing even though we are calling it a series there is no series points, it's about participation and having fun

Any queries please call Leigh Paine 0429093662



