



PADDLER'S GUIDE

**Fossil Bluff Wynyard – Mersey Bluff Devonport
(or reverse pending weather conditions)**

SATURDAY 7 December 2019

65km Beach Changeover Relay race

**Open to: OC6 / OC1 / OC2 / V3
Surf Skis / Ocean Skis / Surf Boats**

Sign In: 6pm – 7pm Friday 6 December, 2019

**Briefing: 7pm, Cradle Coast Club House
Esplanade, South Burnie
(All paddlers are asked to attend)**

For more information, please contact

Mark Short - 0419 577 350 salesburnie@internode.on.net

Allison Daley – secretary@cradlecoastoutrigger.com.au



COMPETITORS INFORMATION

- This race is a changeover race, designed to encourage both the novice and experienced paddler.
- Beach changeovers will be made at the designated points.
- Individual support boats are not required for each team as there will be ample support boats watching over the fleet.
- The start will be a mass start at Wynyard Yacht Club and comprise of seven legs
 - Wynyard Yacht club to Somerset Surf Club (9.9*km)
 - Somerset Surf Club to South Burnie Beach (9.7*km)
 - South Burnie Beach to Sulphur Creek Beach (11.1*km)
 - Sulphur Creek Beach to Penguin Main Beach (4.2*km)
 - Penguin Main Beach to Ulverstone Surf Club (10.6*km)
 - Ulverstone Surf Club to Turners Beach (4.8*km)
 - Turners Beach to finish at Mersey Bluff (11.1*km)

*approximate distances only according to google maps.

- An ocean buoy will be placed approximately 50m offshore at each change over to act as a turning point for entering and exiting the changeover beach.
- All changeover points will be clearly marked with colourful flags on the beach so paddlers can see their destination.

BRIEFING AND START TIME

Wynyard Yacht Club

Leg 1 Briefing: 7.00am Start: 7.30am

All ocean and surf ski divisions will start together and at each leg after last craft finishes.

OC1, OC2 and OC6, Sup Boards & Surf Boats will all start 10 minutes before the skis.

One paddler from each craft must wear official race bib.

One team paddler must run through the Flags where their time will be recorded.

A beach briefing will be held prior to the start of each individual leg.

Tides

Low Tide 1.03m at 2.27 pm | High Tide 3.03 pm at 8.00 am

First Aid & Safety Information

Qualified First Aid Officers will be on duty throughout the race. There will be a Lead Boat and a Follow Boat and other support boats roving up and down the coast keeping an eye on competitors

Rules

AOCRA regatta rules apply. Support boats will be at a ratio as prescribed in AOCRA regatta rules.

Leg ropes must be worn. One paddler in an OC2/Double Ski must wear a leg rope. PFD's must be worn by all paddlers on all craft.

Divisions

- OC1/OC2 Outrigger
- OC6 Outrigger
- V3 Outrigger
- Surf Skis
- Ocean Skis
- Surf Boats
- Sup Boards

OC6 Outrigger – Men minimum 9 paddlers, Women and Mixed – minimum 10 paddlers per team.

Paddlers/teams wishing to do the race as an Iron, need permission from Race Director prior to entry.

Age Restrictions

All competitors must be 15 years of age or older at the date of the race. As per Surf Life Saving rules, ski paddlers must be 15 with a current Bronze Medallion.

Team Requirements

A maximum amount of legs per paddler/team has been set accordingly.

Paddlers per team	Paddler/Team	Maximum Legs
2	1	4
3	1	3
4	1	3
5	2	2
6	1	2
7	1	1

Course Information

The Race will start on the Inglis River, in front of the Wynyard Yacht Club and head east to Devonport (weather permitting).

1st Changeover

Leg 1 – 9.9* km – Wynyard Yacht Club heading east to Somerset Surf Club



2nd Changeover

Leg 2 – 9.7* km – Somerset Surf Club heading east to South Burnie Beach



3rd Changeover

Leg 3 – 11.1* km – South Burnie Beach heading east to Sulphur Creek Beach



4th Changeover

Leg 4 – 4.2* km – Sulphur Creek Beach heading east to Penguin Main Beach



5th Changeover

Leg 5 – 10.6* km – Penguin Main Beach heading east to Ulverstone Surf Club



6th Changeover

Leg 6 – 4.8* km – Ulverstone Surf Club heading east to Turners Beach



7th Changeover/Finish

Leg 7 – 11.1* km – Turners Beach heading east to Mersey Bluff



***approximate distances only according to google maps.**

***Course can be changed at the Race Director's discretion**

At the Finish

Once across the finish line, paddlers can exit from the water, de-rig and load craft at the Eastern end of Devonport Surf club.

Driving to each Changeover Point

All competitors to organise their own transport to the next changeover point. A map will be provided clearly showing how to get to each beach location for the changeover, as well as a briefing before the start of each leg.

Please look out for fellow paddlers and make sure that no competitors are left stranded.

Presentations

Presentations will be held immediately after all paddlers have finished the race. The presentations will be held at the Devonport Surf Life Saving Club.

Food & Refreshments will be available.

Prize money, medals & great prizes to be won.

The overall winner's names will be placed on the perpetual trophy.

Prize Money

A cash prize will be awarded for the overall first place in each division.

A minimum of 3 teams must be nominated in each division to be eligible for prize money otherwise medals only will be awarded.

Medals will be awarded to all place getters in all divisions.

Nomination Fees

\$60.00 per paddler

All paddlers are to nominate and pay via the AOCRA site.

Non AOCRA members - click on International/Other Craft Nominations and follow the directions.

Non AOCRA members will also be required to pay a \$8 excess insurance and can only paddle in a ski or surf boat.

All paddlers are to enter as an individual paddler and team official to email team list to secretary@cradlecoastoutrigger.com.au prior to briefing.

Nomination Information

Nominations due by Sunday 1 December 2019

Please note nominations can only be lodged **VIA THE AOCRA WEBSITE VISIT www.aocra.com.au TO PAY AND NOMINATE**

Entries will be accepted right up until briefing on Friday 6/12/19, a \$20 late entry fee will be payable for all entries made after closing date.

More information:

Mark Short 0419 577 350 salesburnie@internode.on.net

Allison Daley secretary@cradlecoastoutrigger.com.au

Website/Facebook Links:

Website: <http://www.cradlecoastoutrigger.com.au/>



Course Map

